



JANSEN NEWMAN  
INSTITUTE

2010/11 PROSPECTUS





Jansen Newman Institute has recently received Course Accreditation with The Psychotherapy and Counselling Federation of Australia (PACFA).

The Bachelor of Applied Social Science (Counselling) is accredited by PACFA.



“JNI offers a good balance of theory and practical training which is critical for a profession like counselling. The content of the course is interesting and challenging, both personally and intellectually. JNI offers engaging, challenging and practical training for counsellors and psychotherapists.”

**Gavin Godfrey**

Graduate Diploma of Counselling and Psychotherapy



# Contents

## Jansen Newman Institute

- 2 About Jansen Newman Institute
- 4 Why choose JNI?
- 6 Jansen Newman Institute: where are we?
- 7 Student support/Campus life
- 8 Our educators
- 12 Study options
- 13 Studying at JNI
- 14 On-campus vs online study options
- 16 Student experience

## Our courses

- 17 Bachelor of Counselling and Human Change
- 20 Graduate Diploma of Counselling and Psychotherapy
- 23 Bachelor of Applied Social Science (Counselling)
- 24 Bachelor of Applied Social Science (Community Services)
- 25 Bachelor of Applied Social Science (Human Resource Management)
- 26 Bachelor of Applied Social Science (Leadership Development)
- 27 Associate Degree of Applied Social Science (Counselling)
- 28 Associate Degree of Applied Social Science (Community Services)
- 29 Associate Degree of Applied Social Science (Human Resource Management)
- 30 Associate Degree of Applied Social Science (Leadership Development)
- 31 Diploma of Applied Social Science

## Our short courses

- 32 Short courses
  
- 36 Fulfilling career outcomes
- 37 Connected with the industry
- 38 Graduate spotlight
- 40 Frequently asked questions

## How do I apply

- 41 How do I apply
- 42 FEE-HELP
- 43 Partnerships
- 44 Contact us

# Welcome



**Helen Turner**

Chief Executive Officer

The core value of the Jansen Newman Institute is our commitment to improving human relationships at every level.

Throughout JNI's 31 year history, the Institute has articulated a particular educational philosophy for counsellors, psychotherapists and change agents across all areas of human relations. Our graduates work with individuals, families, schools, companies, associations and more. They help people to live and work better in a variety of settings, leading to more effective human relationships across all levels of society.

As you read through the prospectus, you will discover that the programs offer a model which brings together theory and practicum with the opportunity for reflective practice at every opportunity. This model is a demonstration of our particular educational philosophy of integrating academic knowledge with clinical experience and student personal development.

Our leadership in the field of human relations education is unprecedented, and our roots go back to 1978 with the founding of the Relationship Development Centre by Dr. David Jansen. JNI has a well-earned reputation as an innovator of effective teaching methods for adult education and methods for encouraging change.

Increasingly, the roles of change-agent, counsellor and psychotherapist appeals to people in search of truly fulfilling work. JNI programs typically attract people who are motivated to help people live, relate and work better. For those of you drawn to 'making a difference', our goal is to facilitate and encourage the development of the best within you.

I invite you to join us in a process that will expand your horizons and prepare you to become an effective and positive influence in your immediate world and in our society.

A handwritten signature in black ink, appearing to read 'Helen Turner', written in a cursive style.

## About Jansen Newman Institute



JNI's commitment is to create excitement and challenge within our training environment, by providing a dynamic experiential teaching approach and encouraging and acknowledging multi-cultural and gender diversity within the student body.

### **Brief history**

In 1978, Dr David Jansen founded the Relationship Development Centre in Sydney. He was joined in 1981 by psychologist Margaret Newman, and the Jansen Newman Institute (JNI) was established. Dr Jansen was co-founder of the California Family Study Center in Los Angeles (now the Phillips Graduate Institute) a large graduate training centre for marriage and family counsellors. Dr Jansen and Margaret Newman developed JNI into the centre of excellence in training and clinical practice that it is today.

### **What we provide**

Jansen Newman Institute offers training in counselling and psychotherapy, community services, human resources and leadership development.

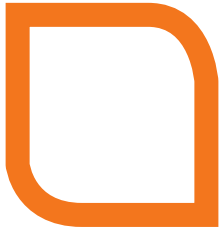
Our programs range from Bachelor Degrees and Graduate Diplomas to Associate Degrees, Diplomas and short courses. In addition to our on-site clinic, we provide counselling services to the general public in three clinics, and offer student placements at a variety of organisations with which we are in partnership.

### **Jansen Newman Institute aims to attract people who:**

- have a desire to achieve professional status as a counsellor and psychotherapist
- have a passion to become effective helpers of others
- wish to broaden and deepen their existing skills in working with people
- want to explore new directions in their lives
- are embarking on a journey of self-discovery (often via personal therapy).

### **The Jansen Newman Institute aspires to nurture, support and encourage:**

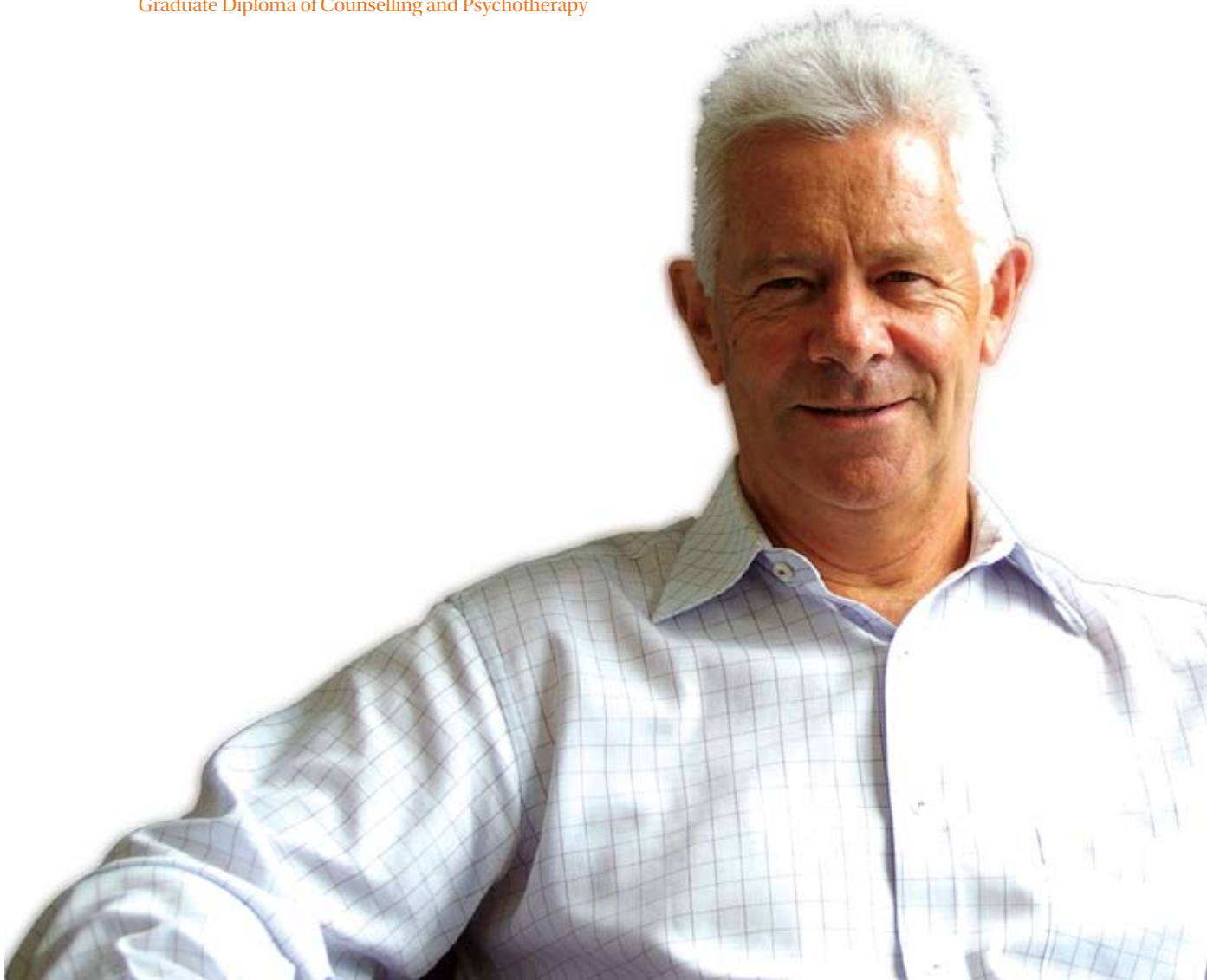
- interpersonal sensitivity
- creative flexibility
- reflective practice
- academic achievement
- a solid sense of selfhood
- a journey of self-discovery.



“I initially chose JNI because of the focus on developing practical counselling skills as opposed to a “theory-only” program. The course exceeded my expectations. The lecturers were practicing counsellors/therapists, we had many opportunities for feedback on practical exercises and the experience of working as an intern in a fully-functioning counselling clinic with JNI supervisors was invaluable. The strong positive response I have had since graduation and the reputation that JNI graduates enjoy in the profession is a strong endorsement of my decision to choose JNI.”

**Dennis Healy**

Graduate Diploma of Counselling and Psychotherapy



## Why choose JNI?



Jansen Newman Institute has been transforming lives for over 30 years. We believe that the training of professionals involves theoretical knowledge, but also the development of the whole person – so our training incorporates knowledge and application of theory, along with skills, experience and supervision.

### **Diverse learning**

Our programs cover a wide range of areas, from counselling and psychotherapy, to community services, human resources and leadership. Designed with you in mind, you can choose to study as much or as little as you like, by enrolling in a Degree, Diploma, or a short course. And to suit your lifestyle, you have the option of studying full-time, part-time or via flexible online learning.

### **Practical experience**

At JNI we incorporate hands-on experience into each and every one of our programs to provide you with the practical experience and confidence to succeed in your chosen career path. Depending on your program, you may undertake clinical experience in our on-site clinic or attend a variety of practical workshops. Experience such as this equips you with the knowledge, skills and self-assurance needed to work in the real world. For more information please consult the Clinical Coordinator.

### **Accreditation**

Our courses are Higher Education Courses accredited under the Higher Education Act 2001. This means our qualifications are equivalent to Degrees and Graduate Diplomas offered by universities.

In August 2006, JNI became an approved Higher Education Provider (HEP) under the Commonwealth Government's Higher Education Support Act 2003. This significant achievement recognises that JNI meets key prerequisites of quality and sustainability for its Higher Education accredited programs.

Approval as a Higher Education Provider enables eligible students to receive FEE-HELP; a Commonwealth Government loan to assist students with payment of their tuition fees.



### **Industry recognition**

Jansen Newman Institute has recently received Course Accreditation with The Psychotherapy and Counselling Federation of Australia (PACFA).

JNI counselling and psychotherapy graduates are eligible to join the Psychotherapy and Counselling Federation of Australia (PACFA) member organisations to gain professional recognition at a national level and a voice in representing the profession to State and Federal governments.

JNI is a member of the Australian Council for Private Education and Training (ACPET) and adheres to ACPET's Code of Ethics, maintaining practices which ensure high professional standards in marketing, management and program delivery.

Furthermore, JNI's membership of ACPET's Australian Students Tuition Assurance Scheme (ASTAS) ensures you can be confident that if the Institute is unable to deliver courses for any reason, you will be guaranteed continuity of tuition in the same or similar course.

### **There are no exams in the Graduate Diploma of Counselling and Psychotherapy and the Bachelor of Counselling and Human Change**

As JNI values experiential learning, the Institute uses assessments to determine if learning outcomes have been achieved. JNI students are assessed in each subject through a range of methods including video and audio tapes, assignments, class presentations and journals. The frequency of assessments varies throughout the program. In the Bachelor of Applied Social Science, there are some exams for particular units.

### **Strong academic leadership**

Jansen Newman Institute lecturers are experts in their field of study – and many are leading industry experts too. They have been chosen for their ability to instruct, motivate and challenge you throughout your course.

JNI'S Academic Board guides academic policy and program development and ensures your learning outcomes meet the highest academic and professional standards. JNI's members bring a broad range of professional and educational experience.

Academic board members include:

#### **Dr Natalie Bolzan**

Associate Professor Head of Program, Social Work, Community Welfare and AREP School of Social Sciences, University of Western Sydney.

#### **Professor Mark Israel**

Faculty Board Representative and Faculty Advisor on Integrity in Research School of Law, Flinders University.

#### **Dr Jane Maley**

Business Consultant and Adjunct Lecturer Macquarie University and The Australian Institute of Management.

#### **Marcus Mackay**

Change and Development facilitator.

#### **Phyllis Parr**

Psychological Services - Private Practice.

#### **Pam Stavropoulos**

Programs Director, Jansen Newman Institute.

#### **Anthony Böhm**

Director, Think: Education Group.

#### **Dr George Brown**

Group Academic Director, Think: Education Group.

# Jansen Newman Institute: where are we?

Sydney Opera House  
Harbour Bridge

We are here  
**Jansen Newman  
Institute**  
Levels 1 and 2,  
575 Pacific Highway  
St Leonards  
NSW 2065



The heart of Jansen Newman Institute is located in Sydney, New South Wales.

Our campus is located in St Leonards, on the corner of Pacific Highway and Albany Street. We are conveniently situated less than ten minutes walk from both St Leonards railway station and Crows Nest shopping centre (which boasts some great cafes and restaurants). Trains from the city to St Leonards run at least every 15 minutes, and the trip takes less than 20 minutes. As St Leonards station is on the same line as Hornsby and Parramatta, it allows convenient travel from many parts of Sydney. Bus services to the campus are good, serving the city as well as north shore suburbs including North Ryde, Lane Cove and Manly. On-street parking is available in the area or in the nearby Hume Street Council Car Park (which offers a reduced 'early bird' rate). Wheelchair access is available to the Institute via a street level lift.

## Student support

We are passionate about you achieving your study goals, so we encourage, assist and guide you with a wide range of personal, professional and academic support.

At JNI, we understand that you might be new to tertiary study or may be returning to study after an extended period away. That, in itself, can present its own difficulties and challenges. We further recognise that, when these challenges are coupled with the myriad of priorities of modern life, students need concrete, practical support.

We want you to achieve your study goals, which is why we encourage, advise, assist and guide you through a wide range of personal, professional and academic support.

### General support

JNI's faculty and administration is there to offer support. As our average theory class size is 25, and Group Therapy and Supervision groups generally number up to 12 students, you have excellent access to lecturers.

Administrative staff can also assist you in practical ways, such as using audio-visual and photocopying equipment and arranging rooms for client counselling.

Our website at [www.jni.edu.au](http://www.jni.edu.au) is updated regularly with relevant information. You can download assignment cover sheets, client consent forms and on-going course information.

### Academic and professional support

There is a wide range of personal, academic and professional support available including academic writing, referencing training and assignment feedback through JNI's Student Support Coordinators.

### Library

The library is open Monday to Friday, 9am to 6pm (or later through prior arrangement).

The library offers UNILINC access to university and other specialist libraries throughout the State. The JNI online catalogue is available at:

<http://bonza.unilinc.edu.au/jni>

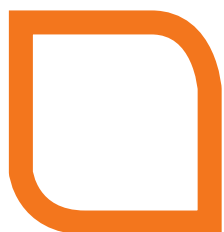
## Campus life

You learn in an air-conditioned environment, which includes five training rooms that can hold at least 30 students each. There are also two smaller group-work rooms that hold up to 15 students on level 2.

There is a spacious, student 'break-out' area with kitchen facilities for break times during the day or for dinner in the evening. Lecture rooms include facilities for up-to-date learning methods.

Staff can be accessed between 9am and 6pm Monday to Thursday and 9am and 5pm Friday for academic, clinical or personal support. As part of your clinical practice in your second and third years, you have access to six therapy rooms on the ground level. Some of these include cameras for video-taping sessions.

There is also a library on level 1 that contains a wide variety of counselling and psychotherapy resources including books, journals, videos and DVDs. An advantage of being a member of the Think: Education Group is that you can also access full texts online.



“Looking back at myself two years ago, before I came to JNI, I realise the extent to which I have developed emotionally, socially and professionally. The academic aspect of the course has been thorough, relevant and inspiring. Equal importance is placed on personal development, so that as I go into my internship I feel confident that I have something to offer. JNI has encouraged and supported my journey to discovering who I am as a therapist and has embraced who I am as a person, able to connect to another in the therapy room.”

Bee Higgins

Student, Graduate Diploma of Counselling and Psychotherapy

## Our educators

JNI lecturers bring the real world of counselling and psychotherapy to the classroom and clinical learning, by presenting real-life challenges and therapeutic solutions to illustrate their teaching.

JNI lecturers are practising counsellors and psychotherapists, often working in specialist clinical and professional fields. They are widely recognised in their fields, and many are published authors.

### Dr Leonie Aitken

MD

Leonie Aitken has been in general practice in Sydney since 1987 as a family physician and homoeopath. She has been counselling since 1997, completing a two year training course in counselling and group therapy, and has a certificate in group leadership from the Institute of Group Leaders. Leonie works as a group therapist at JNI.

### Jan Alexander

B Soc Work, MAASW

Jan lectures at JNI in the Adolescent Issues and Therapy elective. She has also lectured at the Institute of Psychiatry in Adolescent Mental Health. She currently works in private practice with individuals, couples and families.

### Susan Anderson

M Counselling, Grad Dip Couns, MPhilo, BA (Hons), Cert IV Training and Assessment, Cert Group Skills, Cert Career Couns and Assessment  
Susan has several qualifications and years of experience in the areas of Counselling and Adult Education. Currently, she teaches 'Understanding societies: An introduction to social analysis' to online Bachelor of Applied Social Science students of JNI.

### Margaret Appleby

OAM B Ed, Dip Teaching

A founding member of Suicide Prevention Australia and a consultant to Rose Education, Margaret is a pioneer in suicide prevention and has been lecturing at JNI since 2000.

### Trevor Armitage

GDCP

Trevor Armitage is one of our group therapists and is a JNI graduate. He has been practising as a group therapist since 2003, and as an individual counsellor since 2005. He also facilitates men's support groups.

### Melinda Austen

M Couple and Family Therapy, B Soc Wk

Melinda lectures at JNI in Cross-cultural Issues. She has worked extensively in the area of trauma counselling, both currently at the VVCS with war veterans and previously with refugees at the NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors.

### Katrina Berg-Howard

B. Counselling and Human Change, JNI

Katrina is one of the two Student Support Coordinators at JNI. For several years she worked in areas of representation and change management within the arts industry, and is now a partner of Creative Counsel, consulting with a broad range of creative artists and organisations. Katrina is a trained MBTI facilitator, volunteer Lifeline telephone counsellor and co-presenter of a regular mindfulness meditation course.

### Dr Cathy Bettman

PhD, M Counselling, M Couple and Family Therapy, BA, PGDip Conflict Resolution, Cert IV A and WT

Cathy lectures at JNI in Family Therapy, Couples Counselling and Person-centred Therapy. She has worked with Relationships Australia as a Couples and Family Counsellor, and is currently the Academic Head of the Australian Institute for Relationship Studies.

### Paul Bogacs

BA Theology, MSc Marriage and Family Therapy

Paul has managed the Salvation Army Counselling Service and currently works as a School Counsellor. At JNI he teaches Family and Couples Therapy and Depression.

### Adrian van den Bok

MA (CulPsych-Narrative Studies), Dip Psychotherapy/RelCouns, Cert Internship

A counsellor and psychotherapist with individuals and couples, Adrian lectures at JNI in Narrative Therapy and conducts group and individual supervision.

### Charmaine Bradley

M Couple and Family Therapy, Grad Dip Couns/Psychotherapy, BA Hons (Law), Grad Dip Legal Practice

Charmaine is one of the two Student Support Coordinators at JNI. She also works for JNI as a consultant therapist, where she sees individuals, couples and families.

#### John Butters

MAPsS, BA (Psych), PG Dip Psych, Adv Dip Psychotherapy (ICP)  
John practises privately as a psychotherapist and psychologist and coordinates the DBT program, dealing with people who self-harm, at Burwood's St John of God Hospital. He lectures in Jung and Anxiety.

#### Janice Cade

MApp Sci (Crit Psych), BAd Ed, Adv Dip of App Soc Sci, CMCAPA, PACFA (Reg.), SCAPE  
Janice teaches Counselling, Personality Development and Disorders, Mental Health Issues, Psychodynamic Theory, Cultural Anthropology and Human Development. She runs a private practice.

#### Dr John Franklin

PhD, M Clin Psych, BA Hons.  
John lectures at JNI in Psychoses and CBT. He is also a senior lecturer in Psychology at Macquarie University, where he is the Director of the Behavioural Disorders Research unit and the Health and Anxiety Clinic. He has had extensive experience as a clinical psychologist with a wide variety of clients.

#### Oisín Friel

RN, Grad Dip Health Sc (Drug and Alcohol)  
Nursing Unit Manager at Ryde Drug and Alcohol Service, Oisín lectures in Addictive Disorders and has many years of experience in the field in the UK and Australia.

#### Thomas Greaves

BA Hons (Phil), Dip Core Process Psychotherapy  
Tom lectures at JNI in Psychodynamic Therapy, Grief and Loss, Adlerian Therapy and Personal and Professional Seminars. He is also an individual and group supervisor at JNI. He has worked in both London and Barcelona as a supervisor, lecturer and psychotherapist with individuals, couples and groups.

#### William Grech

BA (Psych), Grad Dip Couns and Psychotherapy, Dip Gestalt, PG Dip Forensic Psych  
William practises as a psychologist and is a group therapist at JNI. He has experience working as an individual and group therapist, a probation and parole officer, and a tutor and lecturer for the University of Western Sydney.

#### Ross Henderson

BA (Economics and Psych), Grad Dip Couns, Certificate IV A and WT  
Ross is a lecturer at several organisations, is a consultant and also has a private practice. He has a strong management background and lectures in Therapeutic Relationships at JNI.

#### Philip Hilder

BA (Psych. and Sociology), PGDip Psychology; Addictions Counselling Cert., Cert. IV Adult Education, Hakomi Integrative Psychology Training; Sensorimotor Psychotherapy Training, and Clinical Supervisor Training.  
Phil has been working in the counselling and psychotherapy areas for almost twenty years. He is an educator and a psychologist and has specialised in gambling addictions, drug and alcohol addictions, couples and family assessment and crisis intervention. He teaches in the areas of Depression, Trauma and Counselling Skills at JNI.

#### Barbara Jones

PG Dip in Comms Mgmt, PG Dip Psychotherapy  
Formally working for an international consulting organisation managing the organisational change unit, Barbara coaches senior executives in human change processes and lectures at JNI in Change Management and Coaching.

#### Kevin Keith

M Phil, MA, M Div, BBA, Grad Dip Couns and Psychotherapy  
Kevin is a graduate of JNI and lectures in Human Development and Intimacy and Spirituality areas. He has also been an undergraduate and postgraduate lecturer in the USA.

#### Dion Khlentzos

B Sc Hons (Psych), Grad Dip Couns, BA, Dip Ed, Cert IV A and WT, Assoc MAPS  
Dion is the Academic Coordinator at JNI, where he also lectures in Ethics and supervises interns. He is a registered psychologist and has worked with the Salvation Army, training volunteer telephone counsellors. He is also a therapist at JNI.

## Our educators continued

### Robyn Lamb

B Soc Stud

Robyn is Deputy Head of the Child Protection Unit at Westmead Children's Hospital. She has lectured at JNI since 1997 in Child Sexual Abuse.

### Patty Lee

MA (Couple and Family Therapy), Grad Dip Family Therapy, M Ed (Counselling Psych), BA, Dip Ed, Cert IV A and WT, MAPS

Patty is a registered psychologist who has taught at other institutions and sees individuals, couples and families in her private practice. Patty teaches in the areas of Couples Counselling, Family Therapy and Eating Disorders at JNI.

### Dr Pól McCann

Ph.D, BA Hons (Sociology and Psychology)

Pol is the BASS Programs Director at JNI. He holds a doctorate from the University of New England. He has held lectureships and tutorial positions at the University of New South Wales, University of Tasmania and University of Western Sydney. He is a well-published social researcher in the areas of sex, gender and society.

### Mary McGuinness

M Ed, BA (Psych), Dip Couns, Dip Teaching

With extensive experience in MBTI accreditation and consulting to organisations and educators, Mary is the author of "You've Got Personality".

### Edna McKelvey

BCHC, Group Leadership and Facilitation (Yalom Model), Post Induction Therapy and Relational Development, Dip Mktg Mgmt, Cert NLP in Business

Edna is a facilitator of family-of-origin and interpersonal groups, runs experiential psycho-educational programs at South Pacific Private Hospital, and teaches group process and facilitation at JNI. She also has a private practice.

### Adam McLean

BCHC, Grad Dip Couns/Psychotherapy, BN,CM, Cert IV WandAT, MCAPA, RN

Adam is a group therapy facilitator at JNI and has many experience in the health and community sectors.

### Susanne Scheurer-Mechtersheimer

MPsych, BPsych, Grad Dip Couns and Psychotherapy

Susanne is a business consultant and counsellor working in the fields of change management and organisational development. She has more than 17 years' experience working with academics and professionals in change management projects. She lectures at JNI in the Differentiation of Self.

### Sue Morris

B.Sc.(Psychology), M. Clin Psych, Advanced Bereavement Facilitator Certificate, Corporate Coaching Program.

Sue is a clinical psychologist and published author. She specialises in grief and loss and other adult mental health issues including relationship problems, anxiety disorders and depression. Sue teaches Grief and Loss at JNI.

### Brian Nannetti

Grad Dip Counselling (ACAP), CPE Programme, Group Facilitation Training (AICA).

Brian has been a group facilitator for perpetrators of domestic violence, a counsellor on the pastoral care team at St Vincent's hospital, and a lecturer in Gestalt therapy. He also runs his own private practice as a therapist, where he specialises in Existential (particularly Yalom) and Gestalt approaches.

### Philip Oldfield

BA

Accredited Gestalt therapist and trainer in private practice, Philip works extensively with gay and lesbian individuals and couples. He has taught Same Sex Relationship Issues at JNI since 1998.

### Marilyn O'Neill

MA (Cultural Psych), B App Sc, RN

Marilyn lectures at JNI in Eating Disorders. She is also a counsellor and supervisor in private practice and has lectured in the Master of Couple and Family Therapy course at the University of New South Wales.

### Gail Pemberton

MCouns, Grad Dip Couns and Psychotherapy, MCAPA, PACFA (reg.)

Gail is a Group Therapy and Sandplay Therapy elective facilitator and also supervises at JNI. She is also a private practitioner specialising in conflict resolution, anger management, drug and alcohol abuse, domestic violence and sexual abuse.

### Margaret Ploskodniak

Bachelor of Arts (Library Science), Graduate Diploma Counselling  
Margaret has experience in working directly with clients living in the community, piloting a project for the Dept of Ageing and Home Care providing social support to frail aged living in Department of Housing. She also developed a Community Advisory Service to support older people living in their homes for as long as possible. She is currently the Clinical Coordinator for the Internship Program at JNI.

### Clinton Power

BMUS, Grad Dip Mus, Grad Dip Couns/Psych, Dip Gestalt Therapy  
Clinton is a Group Therapy facilitator at JNI and also works at Relationships Australia.

### Jane Quayle

BCHC, Dip Dru Yoga Therapy, Dip Remedial Massage  
Jane lectures at JNI in the Focusing elective and is a certified focusing trainer. She supervises interns at JNI. She is also a group facilitator for Relationships Australia and a tutor in Counselling Skills at the University of Western Sydney.

### Dr Michael Reed

BSW, MSW, PhD  
A registered psychologist and accredited social worker, Michael is Co-Director of Gestalt Practitioners Training Sydney. Michael teaches Gestalt Therapy and Couples Counselling at JNI.

### Marc Richardson

BA (Psych), PG Dip (Psych), Cert IV AOD Work  
Marc is a psychologist in private practice and is a group therapists at JNI. He has also worked as a group therapist for clients with addictions and those with mental health issues.

### Elizabeth Riley

M Couns, Grad Dip Couns, Cert Couns, BSc, Dip Homoeopathy, Cert IV WandAT  
Elizabeth lectures at several different organisations. She is the head convenor of the CAPA Ethics Committee and has been involved over many years with the Gender Centre as well as The St James Ethics Centre. She also has a private practice. Elizabeth lectures at JNI in Adult Human Development and Human Sexuality.

### Michele Stewart

BA (Theatre), Dip Ed, Grad Dip Couns/Psychotherapy, MCAPA —  
Michele has broad experience with groups and individuals, from young offenders to older people. She likes to approach her work with a creative and experiential focus. Michele is a Group Therapy Facilitator at Jansen Newman.

### Deborah Stirrat

B Counselling and Human Change  
Deborah is a Group Supervisor at JNI and has her own private practice. She is currently also a Co-Facilitator for the Holyoake Programs at Centacare, Sydney. She has a keen interest in alcohol and drugs (AOD) work and has worked establishing and running Support Groups for the parents of adolescents experiencing AOD problems.

### Gaye Stockell

MA, MAPS (Psychologist)  
Gaye has presented Narrative Therapy Workshops in Australia, New Zealand, the UK and the USA. A lecturer at the University of Western Sydney, she works privately with individuals, couples and families. She lectures at JNI in Eating Disorders.

### Dr Alison Strasser

DProf, MA (Psychotherapy and Counselling), BA Hons (Soc Sc), Cert IV A and WT, Cert Mediation and Coaching  
Alison is the Director of the Centre for Existential Practice, and she lectures at JNI in Existential Therapy and Anxiety Disorders. She has previously held the position of Executive Director Academic at the Australian College of Applied Psychology and has extensive experience as a supervisor and psychotherapist.

### Helen Turner

BA, Grad Dip Couns/Psychotherapy, MCAPA  
JNI's Chief Executive Officer, Helen also has a hands-on role in the teaching and supervision of students and practises privately, working with individuals, couples, families and children.

### Kieran White

Chartered Inst of Mgmt Accountants, Grad Dip Couns and Psychotherapy  
Kieran is a graduate of JNI and is working as a Group Therapist. He also runs his own private practice and is an executive coach.

### Deborah Wolfson

BCHC, Dip Clin Hypnotherapy, Grad Dip Systemic Therapy, Cert IV A and WT  
Deborah lectures at JNI in Person-centred Therapy, Counselling Skills and Assertive Communication. She is also an educator and group program Coordinator with Relationships Australia.

## Study options



### Discover the program that's right for you.

#### Bachelor of Counselling and Human Change

This is a three year program which teaches you the relevant theory and practical skills while you experience the impact of personal change processes in a small group setting. A range of counselling modalities will be taught, and clients are seen in second and third year in the JNI clinic and/or via placements at the many organisations with which JNI is in partnership.

You should choose this program if you aspire to work as a counsellor or psychotherapist. The combination of theory, practicum and personal development provides the foundation from which you can go on to facilitate the well-being and functioning of others.

#### Graduate Diploma of Counselling and Psychotherapy

This two year, full-time program combines the strands of theory, practicum and personal development as you are introduced to a wide range of counselling modalities. Practical skills are gained via experiential learning, undertaken in class, and clients are seen in second year in the JNI clinic and/or via placements at the many organisations with which JNI is in partnership. The Graduate Diploma is the preferred option for those who have a degree in a related field, or a degree in an unrelated field combined with sufficient work experience in a relevant area.

#### Bachelor of Applied Social Science (Community Services)

This program equips you with skills in advocacy to assist both individuals and communities. Child and family services, community counselling agencies, disability services, aged care and local government councils are some of the many settings in which such skills can be applied.

#### Bachelor of Applied Social Science (Counselling)

The Bachelor of Applied Social Science (Counselling) introduces you to counselling modalities and practice in a range of areas. Choose this qualification if you seek to work as a counsellor in such areas as drug and alcohol, youth, women's health, family support, and relationship counselling.

#### Bachelor of Applied Social Science (Human Resource Management)

With this specialisation, you can gain the skills and knowledge to work in the field of human resources. The program will boost your interpersonal communication skills, teach you about facilitating organisational change, and expose you to the fields of employee and workplace relations. It is ideal if your interest is in HR management, or in being a 'change agent' in a range of organisational settings.

#### Bachelor of Applied Social Science (Leadership Development)

Selecting this option teaches you how to design, implement and assess corporate Leadership Development programs. If you are keen to bring about organisational change in an informed, effective manner, this program will prepare you for entry into various positions.

# Studying at JNI

JNI provides a range of study options to fit your lifestyle.

## Study options

The Graduate Diploma of Counselling and Psychotherapy and the Bachelor of Counselling and Human Change are offered full-time on campus (face-to-face). The Bachelor of Applied Social Science can be studied online and face-to-face, both full-time and part-time.

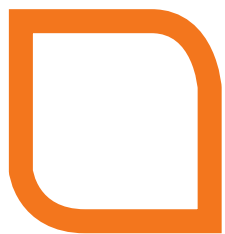
## Flexible and online learning

Flexible and online learning (commonly known as distance or correspondence education) is growing in popularity. The JNI Online Learning Portal (applicable to the Bachelor of Applied Social Science only) becomes your classroom, allowing you to tailor your workload, study times and environment, so that you can study anywhere, anytime.

## Short courses

Our short courses may contribute towards the professional development hours required by many PACFA member associations. Courses are 30 hours in duration and can be held in a variety of ways, including over four consecutive days, weekends, short sessions during a semester or during summer school in January each year.

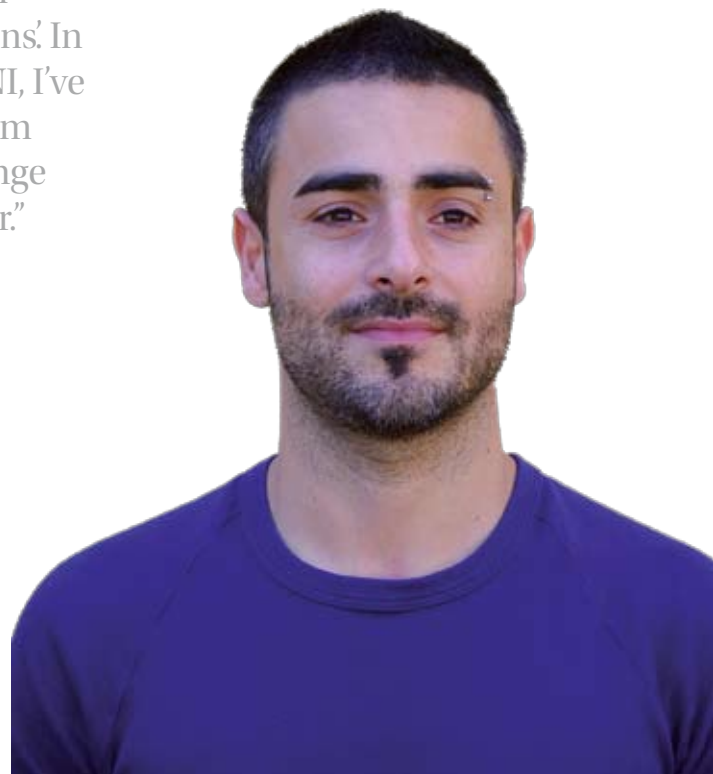
Please see [www.jni.edu.au](http://www.jni.edu.au) for more information.



“I was motivated to become a counsellor and psychotherapist as I was seeking a career transition from information technology to the ‘helping professions’. In addition to growing personally at JNI, I’ve also developed as a professional. I am now competent to help people change and my professional vision is clearer.”

Tzach Maya

Graduate Diploma of Counselling and Psychotherapy



# Jansen Newman Institute

## On-campus vs online study options



The Bachelor of Applied Social Science is available both online and face-to-face and provides a broad foundation in the diverse areas of sociology, applied psychology, social policy, social research, counselling and communication, mediation and conflict management. After a shared first year, and in consultation with JNI staff, students can choose to specialise in one of the following four areas:

- Counselling
- Community Services
- Human Resource Management
- Leadership Development.

The knowledge base contained within the Bachelor of Applied Social Science will provide students with a range of career pathways (i.e. dependent upon their choice of specialisation) and equip them for employment and professional practice in diverse organisational settings. The degree will also prepare students for further academic and professional study.

### **On-campus**

The traditional face-to-face study method offers a high level of motivation and personal interaction. On-campus learning encourages interaction between students and lecturers.

Higher Education qualifications available on-campus:

- Bachelor of Counselling and Human Change
- Bachelor of Applied Social Science (Counselling)
- Bachelor of Applied Social Science (Community Services)
- Bachelor of Applied Social Science (Human Resource Management)
- Bachelor of Applied Social Science (Leadership Development)
- Graduate Diploma of Counselling and Psychotherapy
- Associate Degree of Applied Social Science (Counselling)
- Associate Degree of Applied Social Science (Community Services)
- Associate Degree of Applied Social Science (Human Resource Management)
- Associate Degree of Applied Social Science (Leadership Development)
- Diploma of Applied Social Science.

### **Flexible and online learning**

Flexible and online learning (commonly known as distance education or correspondence education) continues to grow in popularity.

JNI offers students the opportunity to study some of its nationally accredited programs via a flexible and online program, meaning teaching and learning take place through the JNI Online Learning Portal rather than in a classroom. This allows for complete flexibility to study when and where you want. This study option meets the needs of students who regularly travel or live outside of Sydney.

Higher Education qualifications available online:

- Bachelor of Applied Social Science (Counselling)
- Bachelor of Applied Social Science (Community Services)
- Bachelor of Applied Social Science (Human Resource Management)
- Bachelor of Applied Social Science (Leadership Development)
- Associate Degree of Applied Social Science (Counselling)
- Associate Degree of Applied Social Science (Community Services)
- Associate Degree of Applied Social Science (Human Resource Management)
- Associate Degree of Applied Social Science (Leadership Development)
- Diploma of Applied Social Science.



## Why study online with JNI

- Study anywhere, anytime, at a workload that suits your needs
- Graduate with a nationally accredited JNI qualification
- Responsive, one-on-one, personalised tutorial support and service
- High quality curriculum and learning materials designed for learning anywhere and at anytime including the state-of-the-art JNI Online Learning Portal
- Facilitated communication between students, academics and support staff
- Online students receive the same quality qualification as on-campus students
- Access to an online library collection with over 70 million articles available
- FEE-HELP available, meaning no upfront tuition costs.

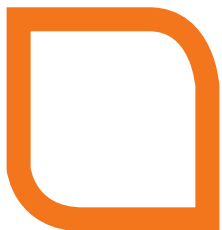
## How does online learning work?

Our flexible and online qualifications are delivered through a web-based, student-focused system called the JNI Online Learning Portal. To assist students in their studies, the learning portal provides access to all teaching resources, lecturer interaction and academic support.

Study materials are presented in a range of formats from PDFs through to video and interactive media. Students will participate in group activities such as discussion forums, message boards, blogs and wiki's (editable web pages).

Students can monitor their own progress with online self-review quizzes and receive immediate results and feedback. Lecturers mark assessments online and grade assignments electronically. All participants can share resources through access to RSS feeds, online library collections and e-portfolio.

Students are also provided with a subject study guide, relevant text books and reference materials.



"After practising privately since 2001, I recognised the need to further develop my skills as a therapist, graduating from JNI with a Bachelor Degree in 2005. I found the JNI program had the ideal blend of theory and practice and was supported by experienced staff practising within the industry. I am a clinical member of Counsellors and Psychotherapists Association (CAPA) and I am listed on the national register of the Psychotherapy and Counselling Federation of Australia (PACFA). Since graduating from JNI I have also taken an active role in CAPA as their Advertising Coordinator for their quarterly CAPA Journal"

Toni Bailey

Advertising Coordinator - CAPA Journal

Graduate, Bachelor of Counselling and Human Change

## Student experience



Within the Bachelor of Human Change and the Graduate Diploma in Counselling and Psychotherapy you gain ‘real world’ counselling and psychotherapy skills by practising professionally in clinical situations with real clients.

### A unique approach

Effective learning involves developing the whole person, so our programs are designed to facilitate academic, professional and personal growth in equal measure by integrating three unique strands of learning.

Theory and practicum strands foster and develop professional growth, while the third strand, group therapy, allows you to work through personal issues that may otherwise get in the way of being fully present with clients. Clinical supervision provides feedback and encouragement as you develop your skills.

### Theoretical learning

Through exposure to a range of theoretical approaches, modalities and techniques, you are encouraged to question, debate, reflect on and review theory via experiential learning activities in class, assignments and practicums.

### Practicum and Internships

In your second year as a JNI intern, you gain ‘real world’ counselling and psychotherapy skills by practising professionally in clinical situations with real clients.

Since JNI is also a provider of clinical counselling and psychotherapy services to the public, you can undertake internships in our own clinics.

In addition, JNI has established clinics in partnership with a range of community and health-based organisations across greater Sydney. That means you can choose to see clients in a wide range of service settings and locations, and experience a very broad client base with widely varying issues. Clinical work may be undertaken at JNI or through partnerships with various organisations.

The Bachelor of Applied Social Science equips you with the practical skills and understanding to work in the interesting and rewarding fields of counselling, community services, human resource management and leadership development.

### Practical workshops

Attending practical workshops is a highlight of studying the Bachelor of Applied Social Science. This is because participation in the workshops gives you the chance to put theory into practice, as well as chat with lecturers and fellow students. Such experience is invaluable - and that’s why these workshops are compulsory. Minimum required attendance is two 2-day workshops for all students studying the Bachelor of Applied Social Science, with two or three further workshops required for students who specialise in Community Services and Counselling respectively.

### Real world learning

With a little help from us, we’ll develop your skills in a range of ways, which include advocacy, counselling, conflict management, group work, case management and report writing. Throughout your assignments and practicum, we’ll encourage you to debate, reflect and review theory at all times.

### Experiential learning

You’ll see theory brought to life via experiential in-class exercises, theory groups, and group and individual supervision sessions. Enjoy the chance to apply group therapeutic skills in clinical contexts, attend personal and professional seminars, and the opportunity to gain experience in a real counselling clinic.

# Our courses

## Bachelor of Counselling and Human Change



### Bachelor of Counselling and Human Change

Duration: 3 years full-time

Intakes: February

Location: St Leonards campus

FEE-HELP: Available

Study options: Full-time

Internship: 2 placements totalling 130 hours of supervised clinical work in years 2 and 3

### Entry requirements

1. Applicants under 21 years of age must have a NSW Higher School Certificate or its equivalent and a minimum of one year full-time work experience.
2. Mature Age entry (over 21 years of age).

Admission into the above program is subject to a successful applicant interview. All applicants must demonstrate sufficient maturity, intellectual capacity and commitment to undertake a Higher Education program.

### Why study the Bachelor of Counselling and Human Change?

Through experiential learning, practical interaction in class and internships in JNI's own clinics, you gain the theory and practical skills needed to work immediately in the world of counselling and psychotherapy.

### Aims of the course

- Evaluate and apply theories of human development
  - Critically analyse the application of theories of personality in a variety of counselling and psychotherapeutic processes
  - Assess a range of therapeutic approaches, their development, major components, demonstrated effectiveness and application to practice
  - Understand the effects of variables such as age, gender, culture, ethnicity, race, religion, sexual orientation, physical, lifestyle and family patterns
  - Display knowledge of issues and trends affecting diverse groups within contemporary Australian culture
  - Respond appropriately to cross-cultural client issues
  - Identify and assess client issues and select appropriate therapeutic strategies and interventions
  - Demonstrate sophisticated understanding and application of effective counselling and psychotherapeutic approaches and techniques to facilitate client exploration of issues, examination of alternate perspectives and development of appropriate actions
  - Show a capacity for exploration, understanding and reflection on your own issues
- Recognise and integrate understanding of a systems perspective in working with clients
  - Critically examine implications for group therapeutic interventions
  - Apply and critically review your own and other students' group therapeutic skills
  - Consider theories related to couple and family therapy
  - Engage with, and critically reflect on, the principles and value of supervision in informing one's own practice
  - Establish effective therapeutic relationships and develop and maintain appropriate professional boundaries while observing rigorous ethical standards and professional practices.

### Career opportunities

As a graduate of this course, you will have the sound theory and practical skills to practise immediately in the real world as a counsellor or psychotherapist. You can look forward to a rewarding career working across the community, public and private sectors. To discover the range of areas you could find yourself working in see page 36.

# Our courses

## Bachelor of Counselling and Human Change continued

### Year 1 content

#### Human Change Theory 1 and 2: Foundations

You are introduced to several influential approaches to therapeutic work, including Adlerian, Rogerian, Psychodynamic, Gestalt, Existential, Narrative and Cognitive-Behavioural Therapies

These subjects include a series of lectures on Human Development, from early childhood to old age and death, providing students with a map to guide change-work with clients at different stages in the lifespan. Key concepts of personality are explored, including the interaction of genetic and environmental factors, personality 'styles' and personality 'disorders'

#### Practicum 1 and 2: Core Skills and Microskills

Through experiential learning, you acquire a wide range of skills for effective communicating and counselling. This begins with the principles of assertive communication - learning to give clear messages and to check for understanding rather than making assumptions. In addition, microskills such as empathic responding, open-ended questioning, challenging, confrontation and immediacy are developed through experiential in-class exercises.

#### Personal Development 1 and 2: Experiential Group Process and Co-facilitation

You will participate in a therapy group of up to 12 students. Facilitated by a skilled and experienced group leader, you learn about yourself and others and gain an appreciation of group dynamics.

Jansen Newman group facilitators employ the Yalom model of group psychotherapy, which focuses on the 'here and now' interactions between participants.

### Year 2 content

#### Human Change Theory 3: Couple and Family Therapy

You learn about the systemic perspectives on human change and growth.

Systems theory identifies problems located in the interpersonal relationship between individuals and introduces different interventions. Family therapy and couple therapy approaches are explored along with issues of gender and power, attachment and separation, step families, same-sex relationships and sexual issues.

#### Practicum 3: Trainee Clinic

- As an intern therapist, you gain valuable counselling experience by completing 30 hours of client work, either at the Institute's clinics or in placements within external organisations.
- By attending group and individual supervision sessions, you identify and work through issues and experiment with strategies to work with clients. Supervision not only helps you learn, but also function as a protective and quality control mechanism.
- External placements have included probation and parole centres, private clinics, drug and alcohol rehabilitation centres and programs for homeless women, young people and their families.

#### Personal Development 3 and 4: Introduction to Group Facilitation and Advanced Group Facilitation

In year 2, you continue with the same therapy group you joined in year 1, gaining experience in the role of group facilitator under faculty supervision.

#### Professional and Contextual Studies 1: Clinical Issues and Interventions

This subject begins with a number of commonly presented problems and symptoms including anxiety disorders, trauma, depression, eating and addictive disorders, loss and grief, suicide and an introduction to psychosis. Commonly encountered ethical dilemmas facing therapists are also discussed in this subject, including dual relationships, confidentiality and accountability. Cross cultural issues are also covered in this subject.

#### Minor Dissertation: Differentiation of Self

Using Murray Bowen's Multigenerational Family Theory perspective, the Differentiation of Self requires you to research your family of origin, critically evaluating assumptions and implications.

### Year 3 content

#### Human Change Theory 4: Organisational Behaviour

Many counsellors work for organisations, yet few are properly prepared for the way that organisational processes may complicate their work with clients.

In the first term, you are introduced to organisational structures and processes.

This leads into specialised coverage of psychodynamic and systemic approaches to organisational intervention and consultation.

In the second term, you explore community work and change in large social systems. This entails a unified approach to human change that encompasses individuals, family and larger systemic levels.

#### Professional and Contextual Studies 2: Cultural Anthropology and Psychotherapy

Counselling, therapy, corporate coaching and other change-oriented approaches have all evolved in a particular social and historical context.

This subject looks at the ways modern Western industrialised societies have evolved, in contrast with traditional societies. It further explores the changing way that selfhood, marriage, family and healing have been constructed. You are encouraged to consider your work as healers and change agents in the same way that physical, emotional and spiritual healing is practised in non-Westernised societies.

#### Practicum 4: Internship

- Confirmation of your intern work, by completing 100 hours of counselling
- Meet in small groups throughout the year, with experienced therapists as leaders. You'll bring cases for supervision, ethical problems, organisational difficulties and general issues emerging as professionals.

#### Personal and Professional Seminars

As part of your studies, you will need to complete two elective short courses offered by the Institute.

### Course outline

#### Year 1

Human Change Theory 1: Foundations  
Human Change Theory 2: Foundations  
Practicum 1: Core Skills  
Practicum 2: Microskills  
Personal Development 1: Experiential Group Process  
Personal Development 2: Group Process and Co-facilitation

#### Year 2

Human Change Theory 3: Couple and Family Therapy  
Practicum 3: Trainee Clinic  
Personal Development 3: Introduction to Group Facilitation  
Personal Development 4: Advanced Group Facilitation  
Professional and Contextual Studies 1: Clinical Issues and Interventions  
Minor Dissertation: Differentiation of Self

#### Year 3

Human Change Theory 4: Organisational Behaviour  
Professional and Contextual Studies 2: Cultural Anthropology and Psychotherapy  
Practicum 4: Internship  
Personal and Professional Seminars  
2 Electives



“After working in the community services for five years it was time to further my qualifications and shift direction while remaining within the human services. What attracted me to JNl’s Bachelor of Counselling and Human Change over other Degrees was the experiential aspect of the course. The depth of which the subjects studied resonated and the scope of the personal change I experienced while doing the course has been unexpected and incredibly positive. The timetable was also very convenient, allowing me to continue working full-time while gaining my Degree in three years.”

Andrew Grady

Student, Bachelor of Counselling and Human Change

# Our courses

## Graduate Diploma of Counselling and Psychotherapy



### Graduate Diploma of Counselling and Psychotherapy

Duration: 2 years full-time

Intakes: February and July

Location: St Leonards campus

FEE-HELP: Available

Study options: Full-time

Internship: 50 hours in year 2

### Entry requirements

1. Degree or equivalent in psychology, social work, teaching, nursing, welfare, counselling, rehabilitation counselling, behavioural sciences or education.
2. Degree or equivalent in any discipline plus previous additional training or current training in a related area such as psychology, counselling, psychotherapy or education.

Admission into the above program is subject to a successful applicant interview.

### Why study the Graduate Diploma of Counselling and Psychotherapy?

You learn practical skills and related theory through experiential learning, interaction in class and on internship in one of JNl's very own clinics. You experience the impact of change processes in a small group setting and read, discuss and reflect upon the wider context in which the roles of Counsellor and Change Agent have arisen and are acted out in practice.

### Aims of this program

- Analyse, evaluate and apply theories of human development
- Critically analyse the application of theories of personality in a variety of counselling and psychotherapeutic processes
- Critically assess and synthesise a range of therapeutic approaches - their development, major components, demonstrated effectiveness and application to practice
- Demonstrate an understanding of the effects of variables such as age, gender, culture, ethnicity, race, religion, sexual orientation, physical, lifestyle and family patterns
- Display an understanding of issues and trends affecting diverse groups within contemporary Australian culture
- Respond appropriately to cross-cultural client issues
- Identify and assess client issues and select appropriate therapeutic strategies and interventions

- Show a sophisticated knowledge, understanding, analysis and application of effective counselling and psychotherapeutic approaches and techniques to facilitate client exploration of issues, examination of alternate perspectives and development of appropriate actions
- Exhibit a capacity for exploration, understanding and reflection on your own issues
- Recognise and integrate understanding of a systems perspective in working with clients
- Closely examine implications for group therapeutic interventions
- Apply and critically review your own and other students group therapeutic skills
- Evaluate theories related to couple and family therapy
- Engage with, and critically reflect on, the principles and value of supervision in informing one's own practice
- Establish effective therapeutic relationships and develop and maintain appropriate professional boundaries while observing rigorous ethical standards and professional practices.

### Career opportunities

You'll help transform people's lives by working as a counsellor/psychotherapist. Picture yourself working in a range of settings such as corporate, public, hospital or health sector organisations. There are many areas in which you could work, such as drugs and alcohol, youth, women's health and family support, relationship and counselling. Many graduates choose to enter a private counselling and psychotherapy practice. For more about graduate outcomes see page 36. You will be encouraged to apply for membership of a relevant professional association.

### Year 1 content

#### Developmental Psychology

An introduction to Adler, Rogers, Psychodynamic Therapy, Gestalt, Cognitive Behavioural Therapies, Existential and Narrative approaches, integrated with human development and appropriate stages of psychosocial development.

### Personality Development Theory

In this subject, you undertake a systematic study of personality - its genesis, development, and typologies.

### Practicums 1 and 2: Core and Micro Skills

A highly experiential approach is used to develop your core skills and is accompanied by close observation and clinical feedback from your lecturer. These practicums develop the skills needed to establish the safe, empathic and trusting relationships which are essential to all psychotherapeutic processes.

### Group Therapy 1 and 2

Group therapy is a well-recognised method of counsellor/psychotherapist training.

Every therapist benefits from having experienced their own vulnerability, resistance to change, defences, and 'blind spots' in relation to a cross section of others. Therapy groups provide you with valuable role modelling and strong support as you deal with your own personal issues. Students continue with the same group, building deeper levels of safety and trust.



"I was unhappy with my career and life direction and wanted a change in both. When the time was right, I enrolled in JNI and it has been a hugely positive change for me. I love it! I looked at other colleges but they did not offer a two year Graduate Diploma and they did not have a group therapy component."

Daniel Goldstein

Graduate Diploma in Counselling and Psychotherapy



# Our courses

## Graduate Diploma of Counselling and Psychotherapy continued

### Year 2 content

#### Couple and Family Therapy

This subject focuses on systemic theories related to counselling individuals, couples and families. The systemic paradigm is the most powerful set of ideas in human change since Freud's psychoanalytic theory.

Turning completely away from a concern with aetiology and explanation, systemic theory is concerned with interpersonal factors and patterns over time and how they create, maintain and change individuals and relationships comprising a system.

This subject adopts a historical approach to the development of systemic concepts and practices with families and couples. There is a particular emphasis on Murray Bowen's Multigenerational Family Systems Theory.

#### Therapeutic Assessment and Intervention

While working in your internship with real clients you'll need intensive supervision, as well as exposure to research and best practice in relation to a range of commonly presented problems and syndromes. These include depression, anxiety, eating and addictive disorders, loss and grief, suicide and an introduction to psychosis.

In this subject, you gain a sense of each category of symptomatology through direct experience of client work and this is supported by contact with lecturers who specialise in working with particular problems/client groups.

#### Practicum 3: Trainee Clinic

- You'll begin work as an intern therapist gaining valuable counselling experience and building on skills of dealing empathically and insightfully with resistance.
- You will complete 50 hours of client work, either at JNI's clinics or in placements within external organisations.

- As part of your internship, you'll attend both group and individual supervision sessions, which will teach you to identify and work through counter-transference issues and to experiment with strategies to work with 'resistant' clients. Assessment and treatment planning skills are also introduced.
- Supervision not only helps you learn, but also functions as a protective and quality control device.
- Examples of placements include probation and parole centres, private clinics, drug and alcohol rehabilitation centres and programs for homeless women, young people and their families.

#### Group Therapy 3 and 4

By now, you will become increasingly comfortable and safe in the small group environment and be willing to take greater risks. You will have experienced two consecutive semesters of being a group participant and a co-facilitator of the group, allowing a deeper understanding of the group processes and of developmental patterns in the life of the group.

#### Minor Dissertation: Differentiation of Self

Trainee therapists gain significant personal and professional benefits from Family of Origin work. A deep understanding of your family background provides a valuable foundation for work with clients.

Using Murray Bowen's Multigenerational Family Theory perspective, the Differentiation of Self asks you to research your family of origin, critically evaluating assumptions and implications.

#### Elective

You'll complete one elective in the second year of your course.

### Course outline

#### Year 1

Developmental Psychology  
Personality Development Theory  
Practicum I: Core Skills  
Practicum II: Micro Skills  
Group Therapy I  
Group Therapy II

#### Year 2

Couple and Family Therapy  
Therapeutic Assessment and Intervention  
Practicum III: Trainee Clinic  
Group Therapy III  
Group Therapy IV  
Minor Dissertation: Differentiation of Self  
1 Elective Study

# Our courses

## Bachelor of Applied Social Science (Counselling)



### Bachelor of Applied Social Science (Counselling)

Duration: 9 study periods

3 years full-time, 6 years part-time or 2 years full-time (accelerated), 4 years part-time (accelerated)

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Fieldwork: 160 hours in total (of which 40 hours must comprise client contact): 80 hours in year 2 and 80 hours in year 3

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Bachelor of Applied Social Science (Counselling)?

This program equips you with the practical skills and understanding to work with a range of client groups as a counsellor in a variety of areas. These include community counselling organisations and teams such as drug and alcohol, youth, women's health, family support, and relationship counselling services.

### Graduates will be able to:

- Apply relevant knowledge and skills to assessment of a range of client presentations
- Use specific counselling modalities and interventions to meet the needs of clients
- Explain mental health and the impact of mental ill health on individuals and families
- Respond to human diversity and establish working relationships with a wide range of client groups
- Demonstrate effective counselling interventions with people presenting with alcohol, drug abuse and addiction
- Utilise constructive methods to the facilitation of change
- Evaluate the effectiveness of counselling
- Refer clients to other health professionals as appropriate.

### Practical workshops - online study

As part of your online studies, you are required to attend compulsory practical workshops. These give you the chance to meet lecturers and fellow students, and gain the experience, skills and confidence needed to work effectively after graduation. You'll be required to attend the following on campus workshops:

100 Level: 2 day workshop  
200 Level: 2 day, 3 day and 5 day workshop  
300 Level: 5 day workshop.

### Career opportunities

In the role of a counsellor there are many areas in which you could find yourself working including:

- Drug and alcohol
- Youth
- Women's health
- Family support
- Relationship counselling services.

You could also work in an institutional setting, including public, hospital or health sector organisations, and will be encouraged to apply for membership of a professional association.

### Professional Recognition

The Bachelor of Applied Social Science (Counselling) has been accredited by the Psychotherapy and Counselling Federation of Australia (PACFA).

### Subjects

#### Year 1

SOC101	Understanding Societies: An introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: an introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
WEL101	Health and Well-Being

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
COU202	Applied Counselling Practice 2
COU203	Applied Counselling Practice 3
COU204	Relationship Counselling
FLD202	Counselling Placement 1
Elective	chosen from other 200 level units

#### Year 3

SOC301	Ethics, Professionalism, and Reflective Practice
IND302	Action Based Research Project
COU301	Evaluating Approaches to Counselling
COU302	Applied Counselling Practice 4
COU303	Use, Abuse and Addiction
FLD302	Counselling Placement 2
2 Electives	chosen from other 300 level units

# Our courses

## Bachelor of Applied Social Science (Community Services)



### Bachelor of Applied Social Science (Community Services)

Duration: 9 study periods

3 years full-time, 6 years part-time or 2 years full-time (accelerated), 4 years part-time (accelerated)

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Fieldwork: 350 hours in total – 175 hours in second year and 175 hours in third year

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Bachelor of Applied Social Science (Community Services)?

This program prepares you for a range of roles in the community sector. These include child and family services, community counselling agencies, disability services, aged care, and local government councils.

### Graduates will be able to:

- Demonstrate knowledge and skills in community work and community development practice in a range of settings and with diverse communities
- Apply relevant theories to program management, needs assessment and program evaluation
- Display skills in advocacy and social action to develop the capacity of an individual and/or community
- Understand assessment of the individual in the areas of health and well-being, and the influence of these dimensions on individuals, families and communities.

### Practical workshops - online study

As part of your online studies, you are required to attend compulsory practical workshops. These give you the chance to meet lecturers and fellow students, and gain the experience, skills and confidence needed to work effectively after graduation. You'll be required to attend the following on campus workshops:  
100 Level: 2 day workshop  
200 Level: 2 day and 3 day workshop.

### Career opportunities

This program prepares you for an enriching career in the community services sector, where you can help to make a difference at both individual and group levels. There are many areas in which you could potentially work including:

- Child and family services
- Community counselling agencies
- Disability services
- Aged care
- Local government councils.

You will also be encouraged to apply for membership of the Australian Institute of Welfare and Community Workers.

### Subjects

#### Year 1

SOC101	Understanding Societies: An introduction to Social analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: an Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
WEL101	Health and Well-Being

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
COU202	Applied Counselling Practice 2
WEL201	Community Services and Welfare
WEL202	Managing the Needs of Diverse Client Groups
FLD201	Fieldwork for Community Service workers 1
Elective	chosen from other 200 level units

#### Year 3

SOC301	Ethics, Professionalism, and Reflective Practice
IND302	Action Based Research Project
WEL301	Case Management and Program Development
WEL302	Community Development
WEL303	Human Rights and Social Advocacy
FLD301	Fieldwork for Community Service Workers 2
2 Electives	chosen from other 300 level units

## Our courses

# Bachelor of Applied Social Science (Human Resource Management)



### Bachelor of Applied Social Science (Human Resource Management)

Duration: 9 study periods

3 years full-time, 6 years part-time or 2 years full-time (accelerated), 4 years part-time (accelerated)

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Bachelor of Applied Social Science (Human Resource Management)?

The Bachelor of Applied Social Science (Human Resource Management) equips you with the skills and knowledge to work in the field of human resources. It develops your interpersonal communication skills and the capacity to facilitate organisational change. It also teaches you to work strategically in relation to organisational objectives as well as to enhance performance and solve operational dilemmas.

### Graduates will be able to:

- Use effective interpersonal communication skills
- Align the human resource function to the organisation's overall strategy
- Guide the organisation in employee and workplace relations
- Apply relevant knowledge and skills to develop employees, and manage performance in organisations
- Facilitate constructive change processes in organisations and systems to meet the needs of a range of stakeholders
- Bring about constructive change in individuals and teams.

### Practical workshops - online study

As part of your online studies, you are required to attend compulsory practical workshops. These give you the chance to meet lecturers and fellow students, and gain the experience, skills and confidence needed to work effectively after graduation. You'll be required to attend the following on campus workshops:  
100 Level: 2 day workshop  
200 Level: 2 day workshop.

### Career opportunities

With a range of career options in the field of human resources, you can look forward to exciting career opportunities in:

- Employee relations
- Human resource coordination and management
- OHS advising
- Training and recruitment
- HRM consulting.

Alternatively, you could work in a HR role for a government organisation or even as a small business operator.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
MGT101	Management Principles and Practices 1

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
HRM201	Fundamentals of Human Resource Management
LDR201	Fundamentals of Leadership
HRM202	Theories of Organisational Behaviour
LDR202	Theories of Coaching in the Workplace
HRM203	Employee and Workplace Relations

#### Year 3

SOC301	Ethics, Professionalism, and Reflective Practice
IND302	Action Based Research Project
MGT304	Occupational Health and Safety and Risk Management
HRM301	Human Resource Development and Planning
HRM302	Performance and Compensation
HRM303	Occupational Health and Safety
2 Electives	chosen from other 300 level units

# Our courses

## Bachelor of Applied Social Science (Leadership Development)



### Bachelor of Applied Social Science (Leadership Development)

Duration: 9 study periods

3 years full-time, 6 years part-time or 2 years full-time (accelerated), 4 years part-time (accelerated)

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Bachelor of Applied Social Science (Leadership Development)?

This program prepares you with the skills to contribute to the design, implementation and assessment of corporate Leadership Development programs. With reference to an organisation's strategic goals, this program develops your skills of critical analysis in relation to current approaches which are also informed by research in the areas of neuroscience and emotional intelligence.

### Graduates of this course will be able to:

- Contribute to the design and development of effective leadership development strategies
- Build evaluation frameworks for leadership development interventions
- Contribute to the design and development of effective talent management strategies
- Critique current approaches to leadership development with reference to insights from the neuroscience of leadership behaviour
- Apply interventions from the fields of counselling and psychotherapy.

### Practical workshops - online study

As part of your online studies, you are required to attend compulsory practical workshops.

These give you the chance to meet lecturers and fellow students, and gain the experience, skills and confidence needed to work effectively after graduation. You'll be required to attend the following on campus workshops:  
100 Level: 2 day workshop  
200 Level: 2 day workshop.

### Career opportunities

Graduate with this qualification, and you could take on one of many exciting leadership roles. You could find yourself working in a range of private and public sector industries, in areas as diverse as:

- Administration
- Career advice
- Human resources
- Operations or project management
- Organisational support work
- Recruitment
- Workforce planning.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
MGT101	Management Principles and Practices 1

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
HRM201	Fundamentals of Human Resource Management
HRM 202	Theories of Organisational Behavior
LDR201	Fundamentals of Leadership
LDR202	Theories of Coaching in the Workplace
LDR203	Emotional Intelligence

#### Year 3

SOC301	Ethics, Professionalism, and Reflective Practice
IND302	Action Based Research Project
MGT304	Occupational Health and Safety Risk and Management
LDR301	Leadership Development Strategy
LDR302	Neuroscience of Leadership Behaviour
LDR303	Advanced Coaching skills
2 Electives	chosen from other 300 level units

## Our courses

# Associate Degree of Applied Social Science (Counselling)



### Associate Degree of Applied Social Science (Counselling)

Duration: 6 study periods

2 years full-time, 4 years part-time or accelerated study options available

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Fieldwork: 80 hours in year 2

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Associate Degree of Applied Social Science (Counselling)?

The Associate Degree of Applied Social Science (Counselling) introduces you to the world of counselling, contemporary human services organisations, individual, couple and family counselling strategies, mediation and conflict management strategies, and qualitative and quantitative research methods and techniques.

It advances your skills in a range of areas such as counselling and change work, counselling interventions, mediation and conflict management, and working with therapeutic groups.

This program has a strong experiential focus meaning you apply theory to practice through group work, reflective practice, fieldwork placements in a range of agencies, and professional experience in the human services sector.

### Study this specialisation and you will be able to:

- Contribute to social research and analysis
- Demonstrate fundamental knowledge of the human services sector
- Apply counselling and change work skills
- Work collaboratively as team member in a professional setting
- Manage the needs of diverse client groups.

### Pathway options

As a graduate of the Associate Degree of Applied Social Science (Counselling) we'd encourage you to articulate into the Bachelor of Applied Social Science (Counselling) for which you will have advanced standing. For more information please see page 23.

### Practical workshops - online study

You'll be required to attend the following on campus workshops:

100 Level: 2 day workshop

200 Level: 2 day, 3 day and 5 day workshop.

### Career opportunities

As a graduate of this program you will have the expertise to work in a range of satisfying entry-level positions in the community sector for example:

- child and family services
- community counselling agencies
- disability services
- aged care
- local government councils.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
WEL101	Health and Well-Being

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
COU202	Applied Counselling Practice 2
COU203	Applied Counselling Practice 3
COU204	Relationship Counselling
FLD202	Counselling Placement 1
1 Elective	chosen from other 200 level units

## Our courses

# Associate Degree of Applied Social Science (Community Services)



### Associate Degree of Applied Social Science (Community Services)

Duration: 6 study periods

2 years full-time, 4 years part-time or accelerated study options available

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Fieldwork: 175 hours in year 2

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Associate Degree of Applied Social Science (Community Services)?

This program develops your skills in change work, counselling interventions, dealing with volunteers, and mediation and conflict management.

You gain a sound understanding of community work practice with a range of diverse client groups and community members to promote social functioning and explore contemporary human services organisations, key social welfare client groups, conflict strategies and qualitative and quantitative research methods and techniques.

There are plenty of opportunities to integrate theory into practice thanks to a fieldwork placement, professional practice in a community service organisation, and team work and collaboration.

### Study this specialisation and you will be able to:

- Contribute to social research and analysis
- Demonstrate fundamental knowledge of the community welfare sector
- Apply counselling and change work skills
- Work collaboratively as a member of a team in a professional setting
- Manage the needs of diverse client groups.

### Practical workshops - online study

You'll be required to attend the following on campus workshops:

100 Level: 2 day workshop

200 Level: 2 day and 3 day workshop.

### Pathway options

Once you have completed the Associate Degree of Applied Social Science (Community Services) you can articulate into the Bachelor of Applied Social Science (Community Services) with advanced standing. For more information please see page 24.

### Career opportunities

Graduate from this course and you will be equipped for employment in a range of entry-level positions in the community sector including:

- child and family services
- community counselling agencies
- disability services
- aged care
- local government councils.

## Subjects

### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: an Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
WEL101	Health and Well-Being

### Year 2

COU201	Applied Counselling Practice 1
COU202	Applied Counselling Practice 2
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
WEL201	Community Services and Welfare
WEL202	Managing the Needs of Diverse Client Groups
FLD 201	Fieldwork for Community Service Workers 1
1 Elective	chosen from other 200 level units

# Our courses

## Associate Degree of Applied Social Science (Human Resource Management)



### Associate Degree of Applied Social Science (Human Resource Management)

Duration: 6 study periods

2 years full-time, 4 years part-time or accelerated study options available

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Associate Degree of Applied Social Science (Human Resource Management)?

This program teaches you how to become an effective human resource manager – an integral component of an organisation's success. It investigates human resource management theory, counselling strategies, organisational behaviour, leadership and organisational change, and employee and workplace relations.

You'll understand the importance of the human resource manager role in contemporary business, discover mediation and conflict management strategies and learn how to analyse and apply research.

As a student on this course you will apply theory to practice by delving into 'real world' organisational challenges and getting experience in a contemporary professional human resource management practice.

#### Study this specialisation and you will be able to:

- Contribute to social research and analysis
- Demonstrate fundamental knowledge of the principles and practices of strategic human resource management
- Apply counselling and change management skills
- Work collaboratively as a team member in a professional setting
- Support employee and workplace relation issues
- Respond to the needs of diverse client groups.

#### Pathway options

Complete this program and you will have the confidence to step up to the next level and study the Bachelor of Applied Social Science (Human Resource Management), for which you will have advanced standing. For more information please see page 25.

#### Practical workshops - online study

You'll be required to attend the following on campus workshops:

100 Level: 2 day workshop

200 Level: 2 day workshop.

#### Career opportunities

As a graduate of the Associate Degree of Applied Social Science (Human Resource Management) you will be ready for employment in a number of entry-level human resource management positions in the public and private sector.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
MGT101	Management Principles and Practices 1

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
HRM201	Fundamentals of Human Resource Management
LDR201	Fundamentals of Leadership
HRM202	Theories of Organisational Behaviour
LDR202	Theories of Coaching in the Workplace
HRM203	Employee and Workplace Relations

## Our courses

# Associate Degree of Applied Social Science (Leadership Development)



### Associate Degree of Applied Social Science (Leadership Development)

Duration: 6 study periods

2 years full-time, 4 years part-time or  
accelerated study options available

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Entry requirements: 18 years of age or over and  
completion of HSC year 12 with a minimum  
ATAR of 63.40 or UAI of 60.00 or equivalent: OR  
Mature age entry (age 21 or above) with  
relevant work experience and/or demonstrate  
ability to undertake study at this level

### Why study the Associate Degree of Applied Social Science (Leadership Development)?

If you want to become an inspiring leader who can influence the actions and opinions of others, this is the program for you. Traditional and contemporary theories of leadership are at the heart of this program, in particular, those relevant to the corporate context. You'll explore everything from contemporary business organisations, leadership change and organisational behavior, to team building, report writing and coaching strategies.

Learn how to counsel in the workplace and deal with conflict management and gain exposure to 'real-life' organisational challenges and contemporary professional coaching practice.

#### Study this course and you will be able to:

- Contribute to social research and analysis
- Demonstrate a knowledge of traditional and contemporary leadership theory
- Apply relevant knowledge to support leaders, teams and organisations
- Contribute to the design and development of change management strategies
- Respond to the needs of diverse client groups.

#### Pathway options

As a graduate of the Associate Degree of Applied Social Science (Leadership Development) you will have the skills and knowledge to move onto the Bachelor of Applied Social Science (Leadership Development) with advanced standing. For more information please see page 26.

#### Practical workshops - online study

You'll be required to attend the following on campus workshops:

100 Level: 2 day workshop

200 Level: 2 day workshop.

#### Career opportunities

This specialisation equips you with the skills for a career in leadership development, organisational development, change management or general HR where you will design and develop effective leadership development strategies.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
MGT101	Management Principles and Practices 1

#### Year 2

COU201	Applied Counselling Practice 1
SOC201	Mediation and Conflict Management
SOC202	Advanced Social Research Methods
HRM201	Fundamentals of Human Resource Management
LDR201	Fundamentals of Leadership
HRM202	Theories of Organisational Behaviour
LDR202	Theories of Coaching in the Workplace
LDR203	Emotional Intelligence

# Our courses

## Diploma of Applied Social Science



### Diploma of Applied Social Science

Duration: 3 study periods

1 year full-time, 2 years part-time

Intakes: February, June and September

Location: St Leonards campus and online

FEE-HELP: Available

Study options: Full-time and part-time

Entry requirements: 18 years of age or over and completion of HSC year 12 with a minimum ATAR of 63.40 or UAI of 60.00 or equivalent: OR Mature age entry (age 21 or above) with relevant work experience and/or demonstrate ability to undertake study at this level

### Why study the Diploma of Applied Social Science?

This program gives you a taste for the field of social science. You'll discover topics like social analysis, sociological theory, social research methods and social policy. It will open your eyes to counselling theories, human development and human behaviour. It's a chance to orient you to further study and help you choose your preferred specialisation.

Once you have successfully completed the Diploma of Applied Social Science you will be able to:

- Demonstrate a fundamental knowledge of social science theories
- Show a sound understanding of counselling theories
- Participate in social science research and analysis
- Analyse social policy
- Manage your own work and learning
- Orient yourself to further study.

### Pathway options

Once you complete the Diploma of Applied Social Science you will be ready to move onto either one of the Associate or Bachelor Degrees of Applied Social Science with advanced standing. For more information please see pages 23 to 30.

### Practical workshops - online study

You'll be required to attend the following on campus workshops:  
100 Level: 2 day workshop.

### Career opportunities

As a graduate of the Diploma of Applied Social Science you will be equipped to work in a range of entry-level positions in the public and private sector. To boost your employment prospects, we would strongly suggest studying the Associate Degree of Social Science.

### Subjects

#### Year 1

SOC101	Understanding Societies: An Introduction to Social Analysis
SOC102	Introduction to Social Theories: Sociological Theory and Practice
SOC103	Introduction to Social Research Methods
SOC104	Developing Social Policy
SOC105	Understanding Human Behaviour Across the Lifespan: An Introduction to Psychology
COU101	Theories of Counselling
COU102	Interpersonal Communication
WEL101	Health and Well-Being
<i>or</i>	
MGT101	Management Principles and Practices 1

## Our courses

### Short courses

Our short courses are Higher Education accredited electives embedded within our Degree programs. They may also contribute towards the professional development hours required by many PACFA member associations.

Courses are 30 hours in duration and are held in a variety of ways, either as four consecutive days, weekends, or short sessions during a semester or summer school in January and February of each year.

It should be noted that not all the following listed short courses are held each year and may be expanded, changed or cancelled in accordance with demand.

Details of JNI's short courses are posted on the JNI website as they are scheduled, at [www.jni.edu.au](http://www.jni.edu.au) or call 1800 777 116.

#### Coaching Skills for Psychotherapists

Location: **St Leonards campus**

Duration: **30 hours**

This subject addresses the distinctions between coaching, mentoring, counselling, psychotherapy and teaching. You develop an understanding of coaching through experiential exercises and practice of the micro-skills of coaching. Emphasis is on working within an evidence-based framework. The practice of coaching draws heavily from cognitive behavioural and solution-focused theories and techniques of behavioural change. The subject balances theory and practice and students are encouraged to engage in interactive learning through discussion and experiential practice.

Topics includes:

- Coaching (definition and distinguishing its practice from allied helping and therapeutic skills)
- Evidence-based practice and applications for coaching
- Range of people and context in which coaching is an appropriate helping skill across the human life span
- Application of adult-learning skills
- Coaching to support change
- Coaching microskills
- Complementary skills in the practice of coaching, including cognitive behavioural and solution-focused frameworks
- Utilisation of the GROW model as a basic framework in the coaching session.



“Ultimately, it was the experiential aspect that drew me to JNI ... the group therapy, practical assignments and class exercises all converge to create a strong and very real learning environment. Everything, from the rigorous pursuit of intellectual concepts of therapeutic modalities through to the practical element of assignments and the amazing depth of group therapy, all come together to create the most holistic learning environment I have ever experienced. To anyone considering studying at JNI, I'd say that it's an incredible experience and well worth exploring.”

Gabrielle Gawne-Kelnar

Graduate Diploma in Counselling and Psychotherapy

### **Human Sexuality: Myths And Realities**

Location: **St Leonards campus**

Duration: **30 hours**

This course provides you with the specific knowledge and psychosocial impact of sexual anatomy and development, health and dysfunction, and sex therapy. The course also aims to develop your sensitivity and appreciation of various sexual behaviours and gender variance.

The course will address your knowledge, understanding and attitudes towards sexual health, sexuality and sexual variance. Learning in small groups, you will advance your personal awareness and level of tolerance towards issues of sexuality. You will also be encouraged to develop a broad range of skills and sensitivities required to support clients with sexuality issues.

Topics includes:

- What is sexuality
- Counselling sexual issues in relationships
- Sexual dysfunction
- Sexual preferences
- STDs and HIV
- Surrogates, sex workers and prostitution
- Sexual abuse
- Sexual practices
- Alternative relationships
- Cross-dressing
- Transgender issues
- Intersex conditions.

### **Couple Therapy**

Location: **St Leonards campus**

Duration: **30 hours**

You'll develop and enhance your understanding and skills in working with couples through discussion, research and activities to integrate theory, personal learning and practical application.

Experiential learning is facilitated through exploration of theoretical concepts, discussion, small group work, personal reflection, practical use of counselling skills, readings and videos.

Topics includes:

- Therapist's values in relation to couple issues
- Conflict resolution and couple communication skills
- Interpersonal process of the couple relationship
- Strategies to assist couples towards attainment of goals
- Integration of relevant theory and therapeutic approaches
- Overviews of some models of couple therapy
- Working with couples in a step family.
- Situations relevant to the health of the relationship
- Identifying possibilities for renewal and growth in a relationship
- Referring clients to other professionals
- Helping clients separate and/or divorce constructively
- Indications and initiations for termination
- Standards for keeping client files
- Ethics and referral.

(Note: Students currently enrolled in the Bachelor of Counselling and Human Change or the Graduate Diploma of Counselling and Psychotherapy will need to have completed the Couple Therapy component in Year 2 to enrol in this course as an elective).

# Our courses

## Short courses continued

### **Spirituality and Psychotherapy: Making Space for Meaning, Wonder and 'Not Knowing**

Location: **St Leonards campus**

Duration: **30 hours**

This course provides a practical, reflective and theoretical look at the important impact of spirituality on contemporary practice of psychotherapy. In addition to experiencing first-hand various relevant spiritual practices - especially mindfulness, breathing techniques, meditation and employment of imagination - specific focus is given to discussion of the potential relevance of notions of the sacred, healing and wonder, whether emerging from the client's world or the therapist's world.

A careful and respectful effort is made to differentiate spirituality from religion, acknowledging the history and emergence of practices from theistic as well as atheistic/agnostic belief systems. The course aims in a practical way to clarify and enhance each participant's experience of 'knowing and not knowing' within intrapsychic, interpersonal and therapeutic domains of life.

What might be the goals of psychotherapy, and how might these align with contemporary notions of the good life and well-being? An interdisciplinary approach, employing analysis and insights from philosophy, psychology, anthropology, history and the arts, facilitates exploration of difficult but vital questions around notions of consciousness, sexual intimacy, transcendence, frameworks of meaning and inspiration. Consideration will be given to alternatives for moving beyond the simplistic pathologising of human suffering to broader modes of meaning, acceptance and healing. The course seeks to promote a measured, honest dialogue amongst participants, and to honour and respect difference.

The course will also include:

- Case studies exploring challenging multicultural questions
- Anthropological perspectives on the relationship between meaning/wisdom and science
- Reflection on our lifetime's journey into Intimacy, transcendence, self, relationships, sexuality and gender
- Personal reflection on individual and unique sources of inspiration

### **Focusing: Enhancing The Body Mind Connection In Therapy**

Location: **St Leonards campus**

Duration: **30 hours**

Usually we refer to our thoughts and feelings to guide us in life, yet there is a more profound knowing our 'felt-sense', the body's own wisdom. Focusing is a process that enables us to access this inner knowing. In this experiential workshop you can learn how to consistently tap into and trust your inner knowing.

Your body never just holds your struggles, it also holds the way forward. Through focusing you naturally arrive at your own healing and a lasting and deep change in your relationship with yourself.

Topics include:

- What is focusing?
- The research and theory which underpins this practice
- How can I use it for myself and my client?
- Gendlin's theory of how emotional healing and change are possible
- The practice of focusing and how it integrates with other modalities of psychotherapy
- Experience accessing your body's felt-knowing
- Explore the relational aspect of focusing – how to listen and respond to the body-sense.
- Focusing as a mind/body interaction
- Clearing a space - finding a clearer space to be present to your client whilst honoring your own needs, noticing what you are left with after the client session is over
- Working with your internal judge or critic
- The place of focusing in self-care for people in the helping profession - exploring issues of transference and counter-transference
- Thinking from your creative edge – how does the body-sense support the forward movement in your life?

## Narrative Therapy

Location: **St Leonards campus**

Duration: **30 hours**

In this course you'll engage with the idea that our experience – including our most intimate sense of self – is profoundly shaped by how things are 'storied'. We examine:

- the way we accord value to some aspects of events and circumstances and not to others
- the role of language
- how taken-for-granted discourses inform our process of change
- how the above can be turned to therapeutic advantage.

Ultimately, the course intends to develop the sort of insight and skills that make for a life more consistent with the hopes, visions and values of participants and their clients.

Topics include:

- The social construction of identity
- The role of social contexts in the renegotiation of identity
- The centred and de-centred or relational self
- Post-structuralism, language and culture
- Foucault and the normalising gaze
- Power relations and ethics
- Public representation and private testimony
- Unpacking a problem-saturated story
- Re-authoring conversations
- Insider knowing and expert knowledge
- Externalising conversations
- Interviewing a problem
- Narrative letter writing
- Outsider witnessing practices
- Remembering practices
- Narrative therapy in relationship counselling.

## Sandplay Therapy

Location: **St Leonards campus**

Duration: **30 hours**

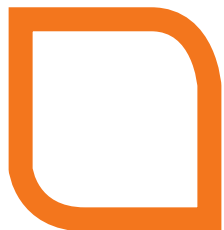
You'll gain a solid theoretical background and grounding of the theory with writings from Jung, Stewart, Bradway, Ryce Menuhin and Weinrib.

You engage in discussion of ideas such as sandplay therapy as providing a psychological womb, or safe space, in which the inner psychological wound can be healed, the self constellated and the inner child recovered with its potential for creativity and renewal (Weinrib, 1983). The theoretical basis for sandplay and some of the ways it can be facilitated using symbology and archetypes are examined.

You are taught how to interchange between the roles of client and therapist, thereby gaining first-hand experience and the opportunity to reflect on personal and professional implications of the modality.

Topics includes:

- Sandplay therapy – theoretical foundations
- Process overview
- Strategies and techniques
- Themes of transformation
- Role of the therapist in sandplay
- Facilitation and therapeutic relationship
- How therapists of different orientations use sandplay therapy.



"If your aim is to combine personal and professional development, exploring and understanding how your cognitive and emotional awareness impacts on the way you are in the world, while acquiring a psychotherapy 'toolset' that will equip you to begin your journey, the JN1 framework and program is the best place to begin."

Des Kahn,

Graduate Diploma of Counselling and Psychotherapy



# Fulfilling career outcomes for counselling and psychotherapy graduates



As a JNI graduate, your qualification will prepare you for work in a variety of areas. These range from health, welfare and relationship counselling, to organisational change management.

## **Professional recognition**

JNI's university-equivalent Higher Education accredited qualifications are highly regarded within the counselling, psychotherapy and related professional sectors.

As a JNI student, you undertake internships working with public clients in our own professional clinics, therefore graduate with skills that have been developed and tested in professional clinical settings rather than simply in classroom role-plays.

As a JNI graduate, you are eligible to join Psychotherapy and Counselling Federation of Australia (PACFA) constituent member organisations. Through such membership, you gain professional recognition at a national level and a voice in representing the counselling and psychotherapy professions.

## **A career in organisations**

Organisational employment opportunities for counsellors and psychotherapists exist across the community, public and private sectors.

These opportunities include work in health, welfare and relationship counselling agencies - group support in community and public sector initiatives such as drug and alcohol programs and in organisational settings in areas of staff selection and recruitment, training and change management.

Many study at JNI to gain enhanced people skills, in-depth knowledge of human development and personality, and a range of perspectives on human change which enhance both personal and professional goals.

## **Personal growth**

JNI graduates consistently report that, in addition to professional and career benefits, they also experience a depth of personal growth which they had not envisaged at the commencement of their programs.

## **Working in private practice**

Many JNI graduates choose to establish their own private practices, while others integrate clinical practice with teaching or work in organisations.

For those who are ready to embark on private practice, the scope is broad. Some practitioners choose to specialise in seeing clients with specific issues, while others maintain a client base with broadly differing presenting issues such as:

- Addiction
- Ageing and retirement
- Bereavement
- Career and school counselling
- Change management
- Children and adolescents
- Conflict resolution and mediation
- Corporate coaching
- Couple and family therapy
- Crisis and post-traumatic stress
- Gender and sexuality
- Grief and bereavement
- Marriage and sex education
- Personal mentoring and coaching
- Separation and divorce
- Sexual and child abuse.

## Connected with industry



"We love having Jansen Newman interns - they all have different strengths, personalities and approaches. We are seeing positive changes as a result of the counselling sessions and the client feedback reinforces this. We now have four sessions each week and 20 clients regularly attending. Other offices within our organisation have also taken advantage of this valuable service."

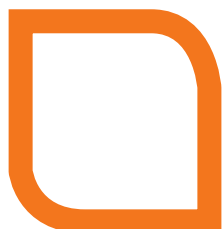
**Pamela Wardell**

Regional Manager – Metro  
Job Centre Australia

"JNI and The Young Love Foundation have forged a partnership to offer fieldwork placements for JNI students. Young Love contributes to the health and well being of young people by providing mentoring programs and personal development workshops for teenagers facing profound challenges in their lives related to mental health, substance abuse and sexual health issues."

**Vicki Condon**

Director  
The Young Love Foundation



"JNI's clinical supervision is frequent, easily accessible and really helpful. To be able to see clients at the St Leonards clinic whilst studying was a strong learning experience for me. It allowed me to put my psychotherapy skills into practice and gave me the confidence to branch out into my own psychotherapy practice."

**Chrys Denney**

Student, Bachelor of Counselling and Human Change



# Graduate spotlight

## Jeanette Chalmers

### Jeanette Chalmers

Private Practice

Group Worker and Counsellor, Mount Druitt

Integrated Youth Service

Graduated in May 2008

Bachelor of Counselling and Human Change

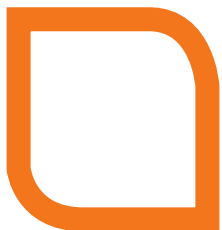
I graduated in May 2008 and gained a Bachelor of Counselling and Human Change. I have a private practice in counselling and psychotherapy, in Mosman, two days a week, which I started in March this year. I am also working part time (3 days a week) as a Group Worker and Counsellor for Mount Druitt Integrated Youth Service (MDIYS), which is part of Wesley Mission. The service is for young people from the ages of 12 to 20, and their families. I can say that I am delighted to have found work in this kind of role in this particular field: working with youth and doing group work as well as individual counselling. I am also happy that there is the opportunity to work with parents too. The groups are small groups run in collaboration with local schools and other services, usually over a period of 4 or 6 weeks. For example, there is currently a group being run by MDIYS at a local high school called "Cool It", which is designed to help young people better understand and manage anger.

I have a couple of goals at this stage. I want to develop my private practice in the area of couple counselling. Once I have settled into the role and found my feet, I hope to develop new group programs for MDIYS and to play an integral part in promoting the service in the area. I'd like to feel that I am making a difference in the community and in young people's lives. I'd also like to become more involved in the network of services that exist in the area, maybe by taking a position on a local committee. I have a further goal in terms of my professional development: I aim to continue my learning and to sharpen my practice through further training, workshops and supervision. I also hope to extend my network within the counselling and therapeutic community,

and maybe even, one day, when I have become more knowledgeable and experienced, to contribute by giving presentations or writing articles for psychotherapy magazines.

I was attracted to the career of counselling because I benefited from counselling myself when my marriage ended, because I believe in the difference counselling can make in people's lives and because I wanted a more meaningful connection with the people I worked with than I experienced in my previous roles. I decided to embark on training to become a counsellor and therapist when I was working for Barnardos Auburn, where I ran a mentoring program, and I witnessed the work the counsellors did there, and I spoke with the counsellors about their work. I believe we can all benefit from therapy, not just those who are in crisis or who are seen to be mentally unwell.

I chose to study at Jansen Newman Institute for four main reasons. Firstly, because of the strong personal development strand of the course, in particular, the opportunity to take part in group therapy over a period of two years, which I believe to be one of the most valuable assets of the course. Secondly, because of the integrated and carefully constructed nature of the course, where each component builds on what has been covered before. Thirdly, because of the importance given to experiential learning, and fourthly, I liked the atmosphere of the institute when I attended an information evening there. I received excellent training at Jansen Newman that equipped me well to find, and carry out, work in the field and I would recommend the institute highly. Another benefit was that I formed some very solid friendships during my time at JNI.



“Each individual and person's needs and experience are different; my advice to you would be follow your passion and believe in yourself.”

# Frequently asked questions

## **Which JNI study option is best suited to me?**

Feel free to apply for entry into any one of our Bachelor or Diploma programs. Entry requirements will be discussed at your interview and an assessment made about the most suitable program for you.

## **What is Higher Education accreditation?**

Our programs are accredited under the New South Wales Higher Education Act 2001. This means that these qualifications are equivalent to the Degrees and Graduate Diplomas offered by universities.

## **How much time will my study take?**

As a student of the Bachelor of Counselling and Human Change, you'll attend classes on campus one day (9.30am - 5.30pm) per week. Studying the Graduate Diploma of Counselling and Psychotherapy, you have the option of attending classes on campus one day (9.30am - 5.30pm) per week or two evenings per week (6.00pm - 9.30pm).

Additionally, we recommend at least an equivalent amount of time be spent each week in self-directed study outside class in the first year of study.

In the second and third years of the programs, self-directed study would be expected to increase along with time allowed for intern hours.

If enrolled in the Bachelor of Applied Social Science as a full-time face-to-face student, you will attend two days of classes at JNI (note that you can also elect to study the Bachelor of Applied Social Science online).

## **Are there exams?**

Not in the Graduate Diploma of Counselling and Psychotherapy or the Bachelor of Counselling and Human Change. Students are assessed in each subject through a range of methods including video and audiotapes, assignments, class presentations and journals. The frequency of assessments varies throughout the program. In the Bachelor of Applied Social Science, there are some units for which it is necessary to sit an exam.

## **How is the JNI academic year structured?**

If you're studying for the Bachelor of Counselling and Human Change or the Graduate Diploma of Counselling and Psychotherapy, your studies are comprised of four study periods per year. (Study periods are 8-10 weeks duration). For Bachelor of Applied Social Science students, your studies are taught over three 12 week trimesters.

We offer a range of subjects in summer school each year which are open to both JNI's enrolled students and external applicants. Enrolled students may complete summer school subjects to fulfill their elective requirements.

For details of both the academic year terms and summer school, visit [www.jni.edu.au](http://www.jni.edu.au).

## **How large are classes?**

The average theory class size is 25 - 30 students with smaller groups of up to 12 students for group therapy and group supervision.

## **What professional associations will your courses allow me to join?**

Completion of either the Bachelor or Graduate Diploma programs provides the training components necessary for entry-level membership of subsidiary bodies of the Psychotherapists and Counsellors Federation of Australia (PACFA) such as Counsellors and Psychotherapists Association of NSW (CAPA) and the Australian Association of Marriage and Family Counsellors (AAMFC). There may be additional full membership clinical and supervision requirements that can only be completed once you have finished your formal qualification.

## **Is prior learning recognised?**

Because of the integrated nature of the courses, JNI does not award recognition of prior learning (RPL) as a basis for exemption from course subjects in the Bachelor of Counselling and Human Change or Graduate Diploma. However, previous learning and professional experience is recognised in assessing applications for entry into the Graduate Diploma program. In the Bachelor of Applied Social Science, credit transfers may be granted subject to approval.

## **Will I get practical experience?**

Yes. For students of the Bachelor of Counselling and Human Change and the Graduate Diploma of Counselling and Psychotherapy you begin counselling as interns in your second year of study in JNI's own clinics and through placements in a wide range of public, private, health and welfare sector external organisations. During your internship in JNI's clinics, you see real clients with a variety of presenting issues. Students of the Bachelor of Applied Social Science who specialise in Counselling or Community Services undertake client and placement work from their second year of study.

## **Will I be ready to begin practising when I complete my course?**

Yes. Our programs provide extensive hands-on experience with real clients and many graduates begin practising immediately after qualifying. On-going professional development post-graduation is also part of good counselling practice, and required for maintenance of, and upgrades to, membership of professional associations such as CAPA NSW. Some graduates choose to combine counselling with other work while building their own practices.

# How do I apply?



## How do I apply?

### Step 1

Meet with the Course and Careers Advisor or Academic Director for an interview to discuss your entry options.

### Step 2

Upon acceptance, fill out and lodge:

- An application form
- Certified copies of your academic qualifications (e.g. your high school results, resume and references if applicable)
- Any other relevant documentation
- A request for FEE-HELP assistance form (if applying for a FEE-HELP government student loan).
- Application forms may be obtained from the back of our brochure, or by contacting the Admissions and Course Information Centre (toll free) on 1800 777 116 or by emailing [info@jni.edu.au](mailto:info@jni.edu.au).

### Step 3

Once we receive your application, we will contact you. If you have any questions, feel free to talk to an a Course and Careers Advisor to make sure the chosen course is a right match for your career ambitions.

## Key intakes and term dates

Jansen Newman Institute has 4 terms and 2 intakes per year for the Bachelor of Counselling and Human Change and the Graduate Diploma of Counselling and Psychotherapy\*. Applications close 14 days prior to intake commencement.

Summer term:  
Commencing 1/2/2010  
Census date 15/3/2010

Autumn term:  
Commencing 26/4/2010  
Census date 12/5/2010

Winter term:  
Commencing 26/7/2010  
Census date 16/8/2010

Spring term:  
Commencing 18/10/2010  
Census date 29/10/2010

The Bachelor of Applied Social Science qualifications have 3 intakes per year\*. Applications close 14 days prior to intake commencement.

Trimester 1:  
Commencing 23/2/2010  
Census date 15/3/2010

Trimester 2:  
Commencing 8/6/2010  
Census date 28/6/2010

Trimester 3:  
Commencing 21/9/2010  
Census date 11/10/2010

\* Subject to course availability and your study preference.

## FEE-HELP



Jansen Newman Institute is a recognised Higher Education Provider, which means that eligible students have the opportunity to apply for the Australian Government's FEE-HELP loan scheme.

FEE-HELP is a loan given to eligible fee-paying students to help pay for part, or all, of their tuition fees. A maximum of \$85,062 (for 2010) in tuition fees may be paid using FEE-HELP over a student's lifetime. The FEE-HELP limit is indexed each year.

A one-off loan fee of 20% applies to FEE-HELP loans for undergraduate courses of study. The \$85,062 FEE-HELP limit does not include the loan fee. To find out more about FEE-HELP, visit [www.goingtouni.com.au](http://www.goingtouni.com.au) or call us on 1800 777 116.

### Further information

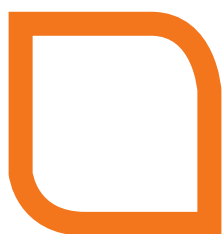
Information evenings provide an overview of the Institute and our programs. They also provide an opportunity to speak with academic staff, current and past students and the Course and Careers Advisor. Appointments for interviews can also be made at the information evenings.

For more information, to book an interview or to attend one of our regular information evenings, call the Course and Careers Advisor on 1800 777 116. More information is available from our website at [www.jni.edu.au](http://www.jni.edu.au).

### Fees

There are many options you can choose from when it comes to paying tuition fees. You can pay each year in full, pay by instalments (2 or 3 per year based on the number of study periods), pay part upfront payment and part FEE-HELP payment, or pay fully by FEE-HELP payment. For the latest fees, please visit [www.jni.edu.au](http://www.jni.edu.au).

Note: Fees are subject to change as costs for the institute increase. Please note that refunds are not available for any term that a student has commenced, and that a \$250 cancellation fee is payable if a student withdraws from the program or if a student's enrolment is cancelled due to serious misconduct.



"FDS provides services and programmes aimed specifically for family members who are supporting a drug dependent loved one. I specialise in various types of group work. I am group leader for the FDS flagship program Stepping Stones to Success, a closed 27 hours experiential group aimed to help families cope better, become more resilient and be able to survive the long journey intact. I run this programme on a monthly basis in different parts of Australia. Participants from the programme then form the nucleus of a local support group. I provide training and supervision for Stepping Stones to Success leaders and support group leaders."

Theo Chang

National Program Manager, Family Drug Support (FDS)  
Graduate, Bachelor of Counselling and Human Change

# Partnerships



JANSEN NEWMAN  
INSTITUTE



APM COLLEGE OF  
BUSINESS AND  
COMMUNICATION



BILLY BLUE  
COLLEGE OF DESIGN



WILLIAM BLUE  
COLLEGE OF HOSPITALITY  
MANAGEMENT



CATC DESIGN SCHOOL



AUSTRALASIAN  
COLLEGE OF  
NATURAL THERAPIES



Australian National  
College of Beauty

THINK: EDUCATION  
GROUP

Think: Education Group is distinguished by its commitment to providing innovative, industry relevant degree and vocational courses at the highest levels. This not only provides students with a guarantee of quality but also a unique learning experience that sets them apart from other college and university graduates.

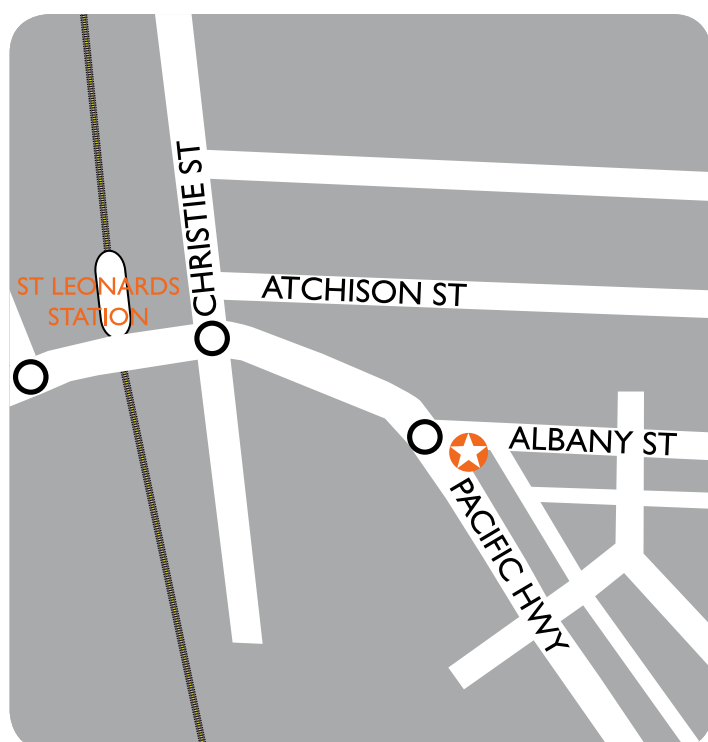
Jansen Newman Institute is registered by the Director-General of the New South Wales Department of Education and Training (NSWDET) and accredited to offer higher education Bachelor degrees and Graduate Diplomas which are recognised within the Australian Qualifications Framework (AQF).

The Director-General of the NSW DET is the only legal entity conferred authority under the NSW Higher Education Act 2001 to register non-self accrediting higher education providers in New South Wales. Approval processes undertaken by the NSWDET are aligned with the National Protocols for Higher Education Approval Processes. For a full listing of approved higher education qualifications offered by Jansen Newman Institute in New South Wales, please visit the New South Wales AQF Register of Higher Education.

## Contact us

Course Information (Toll Free) 1800 777 116  
Administration Telephone (02) 9436 3055  
Fax (02) 9436 3655  
Email (Course Information) [info@jni.edu.au](mailto:info@jni.edu.au)  
Email (General) [jni@jni.edu.au](mailto:jni@jni.edu.au)  
Website [www.jni.edu.au](http://www.jni.edu.au)

Campus Levels 1 and 2, 575 Pacific Hwy  
St Leonards NSW 2065  
Postal PO Box 1222  
Crows Nest NSW 1585



## Campus access

The JNI campus is located on the corner of Pacific Highway and Albany Street in St Leonards on the Lower North Shore. Accessible by bus and train, it is a short walk from shops and cafes in St Leonards and Crows Nest.

Wheelchair access is available to the Institute via a street level lift.

On street parking is available in the area or in the nearby Hume Street Council Car Park which offers a reduced 'early bird' rate.

Clinical work is undertaken at the Jansen Newman Institute or at our clinics run in partnership with various organisations in the Sydney and Greater Sydney region.





If you would like more information on any of the material presented in this prospectus, please contact us.

**Address:**

Level 1, 575 Pacific Highway  
St Leonards, NSW 2065

**Postal Address:**

PO Box 1222,  
Crows Nest, NSW 1585

**Course Information:**

T: 1800 777 116

E: [info@jni.edu.au](mailto:info@jni.edu.au)

W: [www.jni.edu.au](http://www.jni.edu.au)

**Administration:**

Tel (02) 9436 3055

Fax (02) 9436 3655

Jansen Newman Institute Pty Ltd.  
ABN 94 002 943 759, HEP No. NSW5054.

Date of Print: December 2009

Information provided in this brochure is current at the date of publication, and may be subject to change.

