

ACNT's mission is to provide outstanding health education to our students, preparing them for a successful and fulfilling career; and to provide our ever changing society with highly educated, professional and effective practitioners able to meet its health and wellness needs.

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WELCOME TO ACNT



Janet Olliver
Head of College



Nigel Myers
Sydney Campus
Operations Manager



Bernhard Vock
Academic Director

ACNT has been a leading provider of health and wellness education since 1982. Leading the way in natural therapy education in Australia, the college was a founding member of the Australian Traditional Medicine Society (ATMS). Now recognised and accredited by a wide range of national and international professional bodies, as well as relevant Australian government agencies, ACNT educates over 1,500 students each year-equipping them with the necessary knowledge and skill-sets to commence a successful career in their chosen specialty.

ACNT offers a large range of professional courses in natural health, manual therapies, beauty, spa, sport and fitness, taught by experienced lecturers who are also respected industry practitioners. The high standard of education and delivery methodology coupled with industry leading facilities and friendly staff are just a few reasons why students from all parts of the world choose ACNT for their education.

Our greatest reward is seeing our students become confident graduates who are sought after by industry and who aspire to become independent practitioners. The extensive practical experience gained throughout the courses, through clinic services made available to the public, means graduates are highly competent in the skills required to practice to a professional standard.

It excites me to be the Head of such an innovative and progressive college. Choosing ACNT is the first step in creating the future you want. The academic staff, as well as the student services team, are passionate about what they do and are there every step of the way to help you succeed. With dedication and hard work on your part, we promise to provide you with all we can so you may realise your goals.

Thank you for your interest in the Australasian College of Natural Therapies (ACNT).

As campus Operations Manager I would like to extend a warm welcome to all prospective students.

I am proud to be part of the team at ACNT and one of the largest private higher education providers in the country.

I am responsible for student support and welfare at the college and my team work hard to support students both academically, and where possible, personally. We have qualified counsellors on board and offer academic learning support if needed. I also ensure campus facilities accommodate student needs and learning and leisure time within the college is comfortable and enjoyable.

I look forward to welcoming you to one of Australia's leading health and wellness colleges. Come and see for yourself why we take such pride in our product and our graduates.

I have been involved with ACNT over the last 15 years. The first 4 years I spent studying naturopathy and massage therapy. The remaining 11 years I have spent working for the college in a wide range of academic roles culminating in the position of Academic Director.

If I am to put into words the changes over the last 15 years at ACNT the ones that come to mind are 'astounding', 'incredible', and 'extraordinary'. A few highlights throughout the years might help to explain my sentiments.

In 1993 ACNT proudly announced that it was the first natural therapies college to be accredited for AUSTUDY and ABSTUDY support. Now 15 years later most of our Diploma and Advanced Diploma courses are VET FEE-HELP enabled.

In 2002 we offered our first qualification by distance education. Now seven years later, all our qualifications are available for study by distance education including beauty therapy.

In 2007 ACNT was dreaming of expanding into other states. Now, two years later we have a fully operational campus in Brisbane, providing the same level of expertise and dedication to the development of new practitioners.

I could continue on for quite a while but the picture that I am painting is quite clear. ACNT is a leader and innovator in natural therapies education. Since joining the Think: Education Group we have grown in size, resources, and talent. Given its history of positive and extraordinary changes coupled with the Think: Education Group infrastructure 2010 will be another year of extraordinary growth and development. There's never been a better time to study at ACNT!

ACADEMIC LEADERS



Rita Cozzi
Program Director:
Health Sciences

In private practice for more than 24 years, Rita brings a wealth of clinical experience and knowledge. Trained in nursing and complimentary, alternative and preventative medical disciplines and with a degree in complementary medicine and nutrition she is considered to be among one of the most rigorous of practitioners. Rita is a renowned professional speaker, an expert in her field and is recognised and respected by both the orthodox and alternative health sectors for her endeavours to deliver optimum health for her patients. Empowering people has always come naturally for Rita who is passionate about her work. Rita says, "since first hearing of the evolution of ACNT I am very excited at the fact that this college could be the benchmark for all others."



Nick Somerville
Program Director:
Fitness and Sport

After spending 11 years in the fire service, as a front line operational fire officer and an instructor, Nick was forced to make a career change following an accident. He built on his skills to become a personal trainer, specialising in functional training. Nick is a qualified personal trainer and also holds an ITEC gym instructor diploma. Nick says, "fitness is an industry where as personal trainers we can really make a difference to someone's life. In today's society people are less active so we see more and more conditions that are preventable through exercise. As a personal trainer and seeing the drastic difference it has made to my clients, I can honestly say that working in the fitness industry is extremely motivating and rewarding."



Rob Marshall
Program Manager:
ACNT Brisbane

Rob's background is wide-ranging including a degree, several diplomas, a graduate certificate in education and a range of 'bodywork' qualifications. His area of expertise is structural integration using myofascial release and he will be attending the highly prestigious interdisciplinary fascia research course. Rob says, "my own Brisbane-based bodywork company has recently been nominated for a small business award and I'm excited to bring those standards of excellence to delivering the suite of quality ACNT courses in Brisbane with a team of hand selected industry lecturers, during this time of expansion and exceptional growth."



Shelley Keating
Program Director:
Manual Therapies

Shelley completed a Diploma of Remedial Massage with ACNT before going onto obtaining a Bachelor of Exercise Science and Rehabilitation. With a background in dance and sport, Shelley decided she could combine her passion for physical fitness and strength with her education in health and complementary therapies. Whilst running a successful clinical practice as an Exercise Physiologist - working with weight loss and diabetics, Shelley became one of the core Clinic Supervisors for ACNT in 2005. At ACNT in her role as Program Director, she has been pivotal in contributing to the overall curriculum and ongoing development of our manual therapies subjects and courses. Shelley says, "throughout my time as a student, a supervisor, a lecturer and a program director I have been impressed with the quality of ACNT's courses, material, teaching and academic staff."



Meredith Schaerf
Program Director:
Beauty and Spa

Meredith joined ACNT as Program Director for Beauty and Spa in 2006, and has over 10 years of experience working in vocational education management for beauty. She is an international CIDESCO examiner and has extensive qualifications including international Dip CIDESCO, Dip CIDESCO Spa and ITEC, and national diplomas in beauty therapy, human resources and training and assessment. More recently she has also achieved ITEC diplomas in laser, intense pulsed light and microdermabrasion. Meredith says, "our beauty team members are amazing people dedicated to the best interests of the students, and there is so much excitement in the beauty department every day. We are supported from the top to be able to bring the latest innovation and technology to our training programs, which is a great feeling because our industry is constantly advancing."



Teresa Mitchell-Paterson
Program Director:
Natural Medicines

Teresa has an extensive career in natural therapies spanning 25 years of clinical practice. During her career as a massage therapist she expanded her knowledge of natural modalities with additional qualifications in naturopathy, western herbal medicine and clinical nutrition. Teresa has vocational experience in all areas of natural therapies operation, business management, clinical practice, retail experience and national and international speaking engagements. This armory of experience gives her a unique perspective on the industry. Her academic acumen has seen her achieve a Bachelor and Masters of Health Science, with the offer of studying Masters Honours in 2010. She is deeply committed to transposing her passion and knowledge into a theoretical model for the educational sector, overseeing vocational and higher education programmes for ACNT.

ABOUT ACNT

OUR HISTORY



One of Australia's largest colleges in complementary health and wellness.

Established in 1982, Australasian College of Natural Therapies (ACNT) has grown from a single classroom training facility to one of Australia's largest colleges in complementary health and wellness.

Recognised and accredited by many prestigious industry and government organisations, ACNT today, educates over 1,500 students each year equipping them with the necessary knowledge and skill-sets to commence a successful career in this lucrative and exciting industry.

ACNT offers a comprehensive range of professional courses, taught by experienced industry practitioners. The high standard of education, delivery methodology coupled with industry standard practical facilities and friendly staff is just a few reasons why students from all corners of the world choose ACNT for their education and training needs.

The College occupies eight stories across two buildings in the heart of Sydney and one building in the heart of Brisbane. Within Sydney and Brisbane there is a comprehensive student library, audio-visual study facilities and student clinic. In addition, Sydney also houses a bookstore and the infamous Nourish Café.

Leading the way in natural therapy education in Australia - the College was a founding member of the Australian Traditional-Medicine Society (ATMS).

Our greatest reward is seeing our students become graduates, and our graduates entering the workplace to help their patients, treating them as a whole person, effectively and safely.

In September 2007, ACNT joined Think: Education Group and has entered a new era of growth and expansion.

History

- 1982 - College is established in Bondi, NSW
- 1984 - Became one of the founding members of ATMS
- 1993 - Became the first college to be accredited for the Advanced Diploma of Naturopathy
- 1997 - The Surry Hills campus is opened
- 2004 - Became the first natural beauty educator in Australia to build a state-of-the-art spa facility
- 2006 - Completed the Surry Hills campus expansion into the adjacent building on two levels.
- 2007 - Think: Education Group acquired ACNT
- 2009 - Our Brisbane campus situated in Fortitude Valley is opened
- 2009 - Think: Education Group acquired the Australian National College of Beauty (ANCB)

"ACNT has given me the opportunity to travel and see many parts of the world. I will always be grateful to ACNT for both providing the professional qualifications, and having such a comprehensive 'job finder' section on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career or have found such a wonderful journey to embark upon."

Natalie Lindenau
ACNT Graduate, Remedial Massage/Diploma

WHY CHOOSE US?



Great reasons to study with ACNT

As one of Australia's leading education providers of health and wellness, there are many exciting reasons to choose ACNT.

Long-standing history

Established in 1982, ACNT has been offering high standards of education for over 27 years.

Leading educators

Our comprehensive range of professional courses are taught by experienced industry practitioners who always have their finger on the pulse.

Get noticed with an ACNT qualification

ACNT courses are recognised and accredited by many prestigious industry and government organisations. For more information please refer to pages 5 and 74.

Comprehensive portfolio of courses

Here at ACNT, we offer the widest range of courses in all disciplines of natural medicine, manual therapies, beauty and spa therapy and fitness in Australia.

Hands-on focus

We place a high emphasis on practical training. That's why we have a student clinic, a dispensary, and even spa facilities at our Sydney campus that are on par with the industry. You will practice your skills on real patients and work on real cases to help boost your professional experience.

Pathways to university

It's handy to know that we have Degree pathways with prestigious Australian universities to help grow your career even further.

Melting pot of cultures

At ACNT you learn alongside students from all around the world, which makes for a truly inspiring, multicultural environment.

Central locations

Both of ACNT's campuses in Sydney and Brisbane are situated in convenient locations, they are close to all modes of transport. Surry Hills (Sydney) and Fortitude Valley (Brisbane) are trendy suburbs close to the city centres.

Small is better

You'll love our small class sizes as it allows for more one-on-one contact with your lecturer. We also have a dedicated team of friendly student advisors to assist you during your studies.

"ACNT had the best facilities and equipment around – you can tell a lot by just looking at the classrooms, facilities and equipment!"

Elena Mavros

ACNT Graduate, Beauty Therapy/Diploma



Get the most out of ACNT with our industry accreditation

In 1993 ACNT was the first college in New South Wales to gain government accreditation for the full-time Advanced Diploma of Naturopathy course. This accreditation was a major breakthrough for the natural therapies profession.

In 2003 ACNT became the first natural therapies college in the world to become a CIDESCO International School in beauty therapy.

ACNT has since gained accreditation for all its professional courses. Many courses are also VET FEE-HELP, Austudy, Abstudy and Youth Allowance approved for Australian students. ACNT programs are also recognised by many Australian and international associations such as ITEC and IFA.

Please note: Industry accreditation is additional and not recognised within the Australian Qualifications Framework.

Practitioner Associations

- Association of Professional Aestheticians of Australia (APAA)
- Australian Association of Massage Therapists (AAMT)
- Australian Remedial Masseurs
- Australasian Spa Association (ASPA)
- Lymphoedema Association of Australia (LAA)

Accrediting Associations

Australian Traditional-Medicine Society (ATMS) – www.atms.com.au

The Australian Traditional-Medicine Society (ATMS) is Australia's largest professional association of complementary medicine practitioners, representing about 65% of the total complementary medicine profession.

Australian Natural Therapists Association (ANTA) – www.anta.com.au

For over 50 years ANTA has been committed to quality assurance and public safety by maintaining the highest qualification and ethical standards in their members.

National Herbalists Association of Australia (NHAA) – www.nhaa.org.au

Founded in 1920, the NHAA is the oldest natural therapies association in Australia, and the only national professional body of medical herbalists.

Comité International D'Esthetique et Cosmetologie (CIDESCO) – www.cidesco.com
Founded in 1946 with its head office in Zurich, Switzerland CIDESCO is represented in over 33 countries. The CIDESCO Diploma is the world's most prestigious qualification in the field of aesthetics and beauty therapy.

International Therapists Examination Council (ITEC) – www.itecworld.co.uk

ITEC is the largest international examination board offering a variety of qualifications worldwide. ITEC qualifications are supported by industry and are easily transportable nationally and internationally.

International Federation of Aromatherapists (IFA) – www.ifaroma.org

The International Federation of Aromatherapists (IFA) is the longest established organisation for professional aromatherapists in the world.

IFA AND ITEC INTERNATIONAL CERTIFICATION



What is IFA?

IFA is a UK based international association of aromatherapists. The IFA Diploma of Aromatherapy is an internationally recognised aromatherapy qualification allowing graduates immediate recognition in international hotels, spas and clinics throughout Europe as well as Asia.

Course overview

This preparation course is conducted as an optional add-on for aromatherapy students. The course covers all the theoretical and practical knowledge required to successfully pass the IFA examinations. Courses are assessed internally through a range of assessments – from written assignments to practical demonstrations. Final assessments are conducted by an external examination by the accrediting body.

Entry requirements

This course is available to students currently studying HLT42707 Certificate IV in Aromatherapy full-time on-campus in Sydney.

What is ITEC?

ITEC is the UK based examination board offering a wide range of qualifications which are recognised worldwide.

Currently, ITEC provides over 35 qualifications accredited by the UK government and registered on the National Qualifications Framework in the UK.

These qualifications are accepted by industry in the UK and internationally providing an "international qualifications passport" for graduates easily recognised by employers worldwide.

ACNT is an accredited ITEC examination centre offering a staggering 16 examinations in the area of beauty, spa, massage, fitness and business including:

Level 2

- Diploma for Beauty Specialists
- Diploma in Fitness Studio Teaching
- Diploma in Gym Instruction

Level 3

- Diploma in Beauty Therapy
- Diploma in Microdermabrasion Treatments
- Diploma in Spa Treatments
- Diploma in Anatomy and Physiology
- Diploma in Aromatherapy
- Diploma in Diet & Nutrition for Complementary Therapists
- Diploma in Holistic Massage
- Diploma in Lymphatic Drainage Massage
- Diploma in Stone Therapy Massage
- Diploma in Personal Training
- Diploma in Sports Massage
- Diploma in Business Competence

Level 4

- Diploma in Laser and Intense Pulsed Light Treatments

Please contact ACNT for pre-requisites and examination dates, and ITEC (www.itecworld.co.uk) for more information on the various qualifications.

Please note: These certifications and examinations are not recognised within the Australian Qualifications Framework.



Donald Campbell

Massage Therapist and Company Director
Zenith Wellbeing
ACNT Graduate

After working in the IT industry for 15 years, Donald Campbell decided to leave his UK home and head for the sunny shores of Australia. His goal was to work in the natural therapies field and to live a more holistic and less stressful life.

“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Donald chose to embark on his new career direction at the Australasian College of Natural Therapies. He explains, “the college has a very good reputation, both for the curriculum and the high calibre of teachers. I quickly found that the staff support network was outstanding, and the training I received was perfectly aligned to ‘real world’ application.”

Studying a number of different disciplines over his two years at ACNT, Donald graduated in 2006/07, ready to unleash his skills and passion as a professional massage therapist. Impressively, he has already set up his own business where he is both a massage therapist and Company Director.

“I run the company with two friends and there are three parts to the business - art, interiors and well being. The latter is the part that I look after, offering professional clinic based or mobile massage services,” he enthuses.

For now, Donald is more than happy building up the business and enjoying the Australian way of life. However, he hasn’t ruled out further study at ACNT in the future to expand his qualifications.

In the meantime, Donald is keen to offer advice and encouragement to those embarking on an ACNT course.

“Study hard, enjoy the journey and really listen to the insight and knowledge the teachers at ACNT offer. They are amazingly supportive and are there to help you every step of the way. Most importantly, be passionate about this exciting and rewarding industry!”

Indeed, Donald is definitely someone who is passionate about his new direction in life, and is a shining example of how far an ACNT qualification can take you.



Kylie Seaton

Private Clinical Practice
(Naturopathy and Homoeopathy)
Part-time Distance Education Tutor,
Australasian College of Natural Therapies
ACNT Graduate

Kylie Seaton always looks forward to a rewarding day’s work. “It’s humbling and inspiring, and I’m blessed on a daily basis to be given the opportunity to work in this way”, she says.

Kylie has her own practice based in a beautiful old terrace up on Challis Avenue, Potts Point. There, she works as both a Naturopath and Homoeopath, alongside an osteopath and acupuncturist.

What inspired Kylie to study at ACNT was her passion to help others. “I wanted the opportunity to heal those diagnosed with terminal illness, and help heal through insight and wisdom.”

Two years on from graduating, Kylie believes that the naturopathic and homoeopathy professions provide an excellent grounding in the healing arts. And thanks to this solid foundation, she believes, “my clinical practice is free to evolve and develop in a dynamic and organic way”.

Having graduated with a handful of ACNT qualifications, Kylie is keen to grow her business even further. “Ideally, I’d like to build my clinical practice from three days a week to four days a week.” When she’s not at the clinic, you’ll find her teaching part-time on campus.

ACNT was her education provider of choice for many reasons. “It offered the Degree upgrade through UNE, the program was more professional than what other colleges were offering, and the student services team were very supportive.”

Kylie offers encouraging words of advice for prospective students, “immerse yourself 100 percent in learning, have an inquisitive mind, listen, and absorb. But most of all, start work on yourself - then you can truly become a healer.”

OUR LOCATION

WHERE ARE WE?

Sydney campus

57 Foveaux St,
Surry Hills, NSW Australia 2010

Our campus is located in the heart of Surry Hills, an inner Sydney suburb that has long been a melting pot that sums up Australia's magical mix of cultures, heritage and entrepreneurial spirit. Just a short, three-minute walk to trains and buses at Sydney's busy Central Station, ACNT is close to the Sydney city hustle and bustle. You will find a mixture of business offices as well as residential buildings, eateries and shops nearby. Today the main image is "chic" and "metro" but Surry Hills is known for its strong sense of community.

If you're new to Sydney, you can expect a warm welcome. Sydney is a safe and friendly city with pristine beaches, gorgeous harbour side parks and possibly the most varied cuisine in the world. With the Pacific Ocean in the east and the Blue Mountains in the west, Sydney offers you a wealth of exciting opportunities just waiting to be discovered.

Brisbane campus

Unit 2, 10 Costin Street,
Fortitude Valley, QLD Australia 4006

ACNT Brisbane is located in Fortitude Valley which hugs Brisbane's CBD fringe.

The campus is close to all public transport, the famed Brisbane River, and a stones throw to Brisbane city centre. Queensland is Australia's fastest growing state, and with this comes many new projects and business innovation opportunities.

You'll love Brisbane and the valley, with its balmy year-round weather, extensive riverside parks, passion for sport, culture and outdoor events as well as being situated only one hour away from the beautiful Sunshine and Gold Coasts.

North Sydney

Sydney Opera House
Harbour Bridge

We are here
**Australasian
College of
Natural Therapies
(ACNT)**



To the Gold Coast

Brisbane River

Story Bridge

We are here
**Australasian
College of
Natural Therapies
(ACNT)**



STUDENT EXPERIENCE

OUR CAMPUSES



Sydney campus

The Sydney campus is a fantastic, fun and interactive place to study. There are many great opportunities to experience while on campus.

You can make an appointment at any one of our Student Clinics ranging from massage to aromatherapy.

If you feel like a break, head to the student common areas. Or if it's information you need, our campus library is open and packed full of books, magazines, publications, CDs and DVDs. Additionally, our library includes a computer lab that makes surfing the net or researching your assignments much easier. Students can access our wireless network on campus. Printing and copying services are available to students.

The campus is open from 8am to 9pm Monday to Thursday, 8am to 5pm Friday, during the semester.

ACNT's Student Clinic has a well-equipped dispensary which includes nutritional and herbal supplements, herbal fluid extracts, homoeopathic remedies, Bach flowers and Australian bush flower essences. You can use this dispensary under the guidance of a clinic supervisor. You can purchase products at a reduced rate.

Nourish – ACNT's Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Not only can you obtain your daily caffeine boost you can also select from a great range of tasty health foods, made fresh daily on campus. Nourish is your one-stop-shop for healthy, nutritious food, textbooks, general reading and stationery needs.

Brisbane campus

The Brisbane campus is situated in the cultural and business epicentre that is Fortitude Valley. Just minutes from the heart of Brisbane, the campus provides an excellent learning and work environment. The modern campus was completely refurbished in October 2008 and now includes state-of-the-art teaching and learning facilities as well as spacious student break out areas, student common rooms with FOXTEL, and outdoor alfresco deck areas.

ACNT students also have access to a range of support services including learning labs with the latest audio-visual technology as well as spacious break-out zones for group work and wireless internet. On campus is a learning resource centre with access to an expanding physical collection of books and journals. In addition students have access to an extensive online library, including the GALE collections. The resource centre has the latest release computing and IT facilities, complete with iMacs and PCs with the latest software as well as hi-tech multimedia data projectors for interactive learning.

“Apart from the great location, it has to be the professionalism of the teaching team and their ability to impart their knowledge in a structured and practically focused manner.”

Martin Roddis

ACNT Graduate, Remedial Massage/Diploma, Aromatherapy/Certificate IV

CAMPUS FACILITIES



Student Representative Council

At ACNT, we understand that you need to have a student voice and a life outside of college. The student representative council is responsible for helping students speak up and maintain a balanced lifestyle. This includes organising events such as barbeques, social activities and various sporting events. Having fun is an intrinsic part of the ACNT experience.

Computer Room

ACNT has up-to-date computer facilities equipped with flat screen monitors available to all ACNT students. The computers are connected to ACNT's high bandwidth backbone and use high speed internet facilities. These facilities are all provided free of charge to ACNT students.

Wireless Internet Access

For students with their own notebook computers, ACNT offers high speed wireless internet access. Access is free of charge and is available in most areas of the Surry Hills and Brisbane campus. Please contact the library or student services for a configuration sheet.

Library/Media Room

The expansion of ACNT's library has allowed for a far more comprehensive reference library of natural medicine and beauty therapy texts. Students may utilise ACNT's library/media room for study and research purposes. These facilities are provided free of charge to ACNT students and the library is open Monday to Friday during semester.

Herbal Medicine, Aromatherapy and Beauty Manufacturing Rooms

ACNT has dedicated herbal medicine, aromatherapy and beauty manufacturing rooms. Students will use these facilities as part of relevant professional courses.

Dispensary

ACNT's Student Clinic has a well-equipped dispensary which includes nutritional and herbal supplements, herbal fluid extracts, homoeopathic remedies, Bach flowers and australian bush flower essences. Students use this dispensary under the guidance of the clinic supervisors. Products are available at a reduced rate for the benefit of students.

ACNT Job Finder

Two of the most frequent questions potential students ask are "What will I be able to do with my qualifications when I graduate?" and "How easily will I be able to find work after I finish my course?" ACNT's Job Finder was created in 1998 and has proven to be a valuable service to students, graduates and employers alike. Updated on a daily basis, you will discover an array of working opportunities both local and international. Many of ACNT's graduates have been employed by well known industry leaders such as Blackmores, Brauers Pharmaceuticals, GNC LiveWell, Voyages, Chiva Som (Thailand) and Steiner Leisure.

Nourish

Nourish - ACNT's Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Nourish is your one-stop-shop for healthy, nutritious food, textbooks, general reading and stationery needs.



Looking for the best hands-on training?

At ACNT, we think it's crucial that you gain thorough clinical training in preparation for a successful professional life ahead. That's why we make clinical hours a compulsory component of our courses, which you carry out at the ACNT Student Clinic. It's the best way to put theory into practice and provides you with the necessary skills and confidence to work out in the real world.

The ACNT Student Clinic provides the ideal environment for you to practice your profession. Rest assured, as you're treating the general public, you have the support and supervision of expert practitioners alongside you. We're sure that you'll find the clinical part of your studies an enjoyable and enlightening experience. Our clients seem to love it too – thousands of them attest to being delighted with the facilities and attention received at the clinic.

ACNT's Student Clinic nurtures the highest standards in professional development, ensuring that as an ACNT student you are highly employable within your chosen profession.

At the clinic, your healing hands will apply a whole medley of therapies such as remedial massage, aromatherapy, naturopathy, nutrition, homoeopathy, herbal medicine, iridology, reflexology, spa therapy and natural beauty therapy. You'll be guided by our team of qualified clinic supervisors who are there to keep an eye on your progress, present tutorials, show you how to record clinical data, offer advice on liaising with clients and perform practical assessments.

If you're a beauty student, you'll explore a wide range of five-star beauty and spa treatments, such as facials, waxing, manicures, pedicures, vichy shower treatments and body wraps.

Here at ACNT, we're very proud of our clinic and are confident that the real world experience gained will support you to achieve your goal of becoming a professional practitioner of natural therapy and beauty therapy.

First Aid

Many professional courses require first aid training as part of the course curriculum prior to commencing clinical training. As an ACNT student, you will complete HLTF301B Apply First Aid as part of your course. This unit is delivered by expert first aid practitioners.

"I have learnt a lot in a short period of time. The new skills I am developing and the knowledge I am gaining is unbelievable - some of the teachers here are truly outstanding!"

Simon Hassell
ACNT Graduate, Fitness/Diploma

YOUR GUIDE TO NATURAL HEALTH AND WELLNESS



Do you have a passion for helping people?

ACNT students have a passion for making real positive change to people's lives through the application of natural approaches to health and wellness. However, understanding where and how to focus your passion can be daunting. To make things simpler, we've broken our courses into four key faculties: Natural Medicine, Manual Therapies, Beauty Therapies and Sports and Fitness. Discover the study areas below – and find the one that's right for you.

Natural Medicine

Our faculty of natural medicine covers naturopathy, herbal medicine, nutritional medicine and aromatic medicine.

Naturopathy is a broad discipline encompassing elements of nutrition, homoeopathy and herbal medicine. Naturopaths trained through ACNT are able to practice across these modalities to provide a holistic assessment and manage a client's health status.

Homoeopathy's central principle is 'similia similibus curantur' – 'like cures like'. The preparation of homoeopathic medicine is unique. Medicines are often diluted beyond a measurable level that increases its therapeutic potential and minimises side effects. Homoeopathy has been used successfully on humans and animals for over two hundred years.

Herbal medicine's roots can be traced back to Greek and Roman times and beyond to Ancient Egypt. Herbalists believe using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

Nutritional medicine utilises diet, vitamins, mineral and amino acids to prevent disease and achieve optimal health.

Aromatic medicine is an extension of aromatherapy and involves the ingestion of essential oils – prized for their fragrance, and restorative effects on the body, mind and spirit over thousands of years.

All natural medicine courses provided by ACNT involve a solid foundation in medical sciences, including anatomy and physiology.

Manual Therapies

ACNT's manual therapies faculty covers massage therapy, kinesiology, aromatherapy and reflexology.

Massage therapy is one of the highest growth sectors within the natural health and wellness industry. Massage therapy involves the physical manipulation of the muscles and fascia of the body as well as stimulation of energy flow and organ systems. Therapies include remedial massage, reflexology, shiatsu, trigger point therapy, and exercise therapy.

Kinesiology originated from chiropractic and applied kinesiology and follows the Chi energy principles of traditional Chinese medicine. Kinesiologists identify underlying imbalances for the treatment of a number of health problems including stress, muscular and skeletal disorders, and emotional issues.

Aromatherapy deals with the advanced topical application of essential oils.

Reflexology is centred on the principle that areas on the hands and feet reflect aspects of the human body. Stimulating reflex areas on the hands and feet will tune and balance corresponding organs and organ systems.

Beauty Therapy

Beauty therapy covers the world of natural beauty, spa and nail therapy. Beauty Therapists assist their clients with a range of beauty and spa treatments. Beauty therapy techniques include facials, make-up and exfoliation, and is often complemented by massage, reflexology, lymphatic drainage and aromatherapy. Spa therapy is a multi-billion-dollar growth industry all around the world. Spa therapies include body wraps, tone therapy, hydrotherapy and Indian Ayurvedic head massage.

Sports and Fitness

Fitness is all about fitness instruction and the rehabilitation of populations such as the elderly, injured persons and those with cardiac and respiratory conditions. It looks at developing injury prevention regimes and planning and initiating fitness training programs. ACNT's sports programs focus on rehabilitation and group fitness training, and prepares you for work in a wide variety of sports environments, such as a coach or sports manager.

My dream job...	What will I do?	What qualification do I need?	Page
Naturopath	Use multiple modalities to treat ailments and prevent poor health.	HLT60507 Advanced Diploma of Naturopathy	18
Herbalist	Holistically treat illness and maintain wellness through the preparation of complex herbs, rather than isolated constituents.	HLT60107 Advanced Diploma of Western Herbal Medicine	20
Homoeopath	Manage and treat a range of illnesses through the application of homoeopathic treatments.	HLT60607 Advanced Diploma of Homoeopathy	22
Nutritionist	Provide expert dietary advice and supplements for a range of ailments and conditions.	HLT61007 Advanced Diploma of Nutritional Medicine	24
Aromatic Medicine Practitioner	Specialise in ingested aromatherapy, prescribing herbal medicine remedies and essential oils.	HLT60907 Advanced Diploma of Aromatic Medicine	26
Group Fitness Instructor	Providing group-based fitness instruction within a gym environment.	SRF30206 Certificate III in Fitness	32
Personal Trainer	Offering one-on-one fitness training for a wide range of clientele, which may include outdoor and indoor environments.	SRF40206 Certificate IV in Fitness	34
Fitness Specialist	Specialising in high-risk client management and proficiency in gym management.	SRF50206 Diploma of Fitness	36
Massage Therapist	Provide basic Swedish massage to clients with a basic service offering.	HLT40307 Certificate IV in Massage Therapy Practice	42
Remedial Massage Therapist	Qualified to provide comprehensive remedial techniques for muscles and fascia of the body to treat musculoskeletal problems such as back pain.	HLT50307 Diploma of Remedial Massage	44
Kinesiologist	Use 'Muscle Testing' to detect imbalances related to emotional stress, nutrition or allergies, learning problems, injuries or pain.	HLT51507 Diploma of Kinesiology	48
Aromatherapist	Trained to apply various essential oils and aromatherapy massage, to promote good health.	HLT42707 Certificate IV in Aromatherapy	50
Clinical Aromatherapist	Skilled in applying essential oils for a wide variety of ailments such as stress, bowel problems, impotence and many others.	HLT51407 Diploma of Aromatherapy	52
Beautician	Providing common beauty treatments to clientele.	WRB40105 Certificate IV in Beauty Therapy	64
Beauty Therapist	Giving specialist beauty treatments including spa, hydrotherapy, reflexology, aromatherapy and lymphatic treatments.	WRB50105 Diploma of Beauty Therapy	66

OUR COURSES

YOUR STUDY OPTIONS



Flexible study options to suit your needs

ACNT provides a comprehensive range of nationally accredited courses in natural medicine, manual therapies, beauty therapy and sports and fitness. To help meet your needs, ACNT offers a number of its programs by distance education in a full-time or part-time capacity. These options are only available at some campuses and for certain students. This section provides a useful guide to ACNT's different course delivery options.

On-campus courses

ACNT delivers courses on-campus in Sydney and Brisbane. You will attend lectures, tutorials, practical sessions and clinics. As an on-campus student you will also have access to ACNT's comprehensive learning materials. These are available through the ACNT Student Portal, which also provides you with general information about the college and your course. As an on-campus student you will have access to a wide range of support services. For more information about ACNT's campuses and the full range of support services see page 8.

As an on-campus student you will study a number of subjects concurrently in a study period. Study periods vary by the type of course at ACNT, but typically involve 20 weeks of tuition with two study periods being delivered in a calendar year. In general you will be required to attend classes, practical demonstrations and clinic for between 20 to 30 hours per week. This varies according to your course. Also note that the weeks referred to under Course Duration are tuition weeks only (excluding scheduled breaks).

For many students, the Student Clinic is an important part of their study experience. The Student Clinic is an essential part of all courses in natural medicine, manual therapies and beauty therapy.

The Student Clinic enables you to put into practice the theory and knowledge that underpins your course. Importantly, the Student Clinic enables you to engage with real clients in a safe and supervised environment. Clinic Supervisors provide support and guidance to you throughout your clinical practice.

If you choose to study in one of ACNT's Sports and Fitness courses, you will gain valuable practical experience at our partner gyms - located within easy distance of our campuses.



Distance education courses*

ACNT delivers some courses by distance education. These courses are only available to Australian students and are available in full-time and part-time mode. As a part-time student your study period will be twice the number of weeks normally scheduled.

As a distance education student, you will receive a detailed orientation program to explain the ins and outs of distance education at ACNT. In addition, you will receive comprehensive learning materials (both in printed and electronic form). Your learning materials guide you through each of your subjects. The materials include self-assessment quizzes to help you track your progress against the subjects.

During your studies, you will have access to a dedicated team of distance education tutors to answer any questions you may have regarding your subjects. In addition, ACNT has a friendly team of distance education student support officers to assist you with any administrative issues you may face during your studies. As a distance education student, you can also access the college's academic skills support and counselling services.

You may be required to purchase additional textbooks or organise supervisors for your external examinations.

How do I gain clinical practice experience?

Obtaining clinical experience is an essential part of many ACNT courses. As a distance education student you will need to find an approved clinical placement. This may involve working under the supervision of an accredited practitioner or as part of a health and wellness clinic. Your orientation materials provide further details on how to obtain an approved clinical placement. ACNT's Clinical Placement Coordinator can also provide assistance in finding a clinical placement. We recommend that you discuss your clinical placement options with us prior to commencing your course.

Part-time courses*

Part-time student options are available for some ACNT courses. Part-time study options are only available to Australian students studying by distance education. As a part-time student you will undertake a lower study load in each study period. If you require further information about ACNT's part-time study options, please contact an ACNT Course and Careers Advisor (see back cover for contact details).


Making the right decision

ACNT is committed to assisting you choose the right course to meet your future goals and ambitions. We have a dedicated team of Course and Careers Advisors. Our Course and Careers Advisors are passionate about the natural health and wellness industry and can help guide you through the process of selecting, applying and commencing your course. Many of our Course and Careers Advisors have completed an ACNT qualification and can give you a first-hand insight into being an ACNT student.

The contact details for the ACNT Course and Careers Advisors are available on the back cover. In addition, further information on the application and enrolment process is available on page 70.

* Distance education and part-time study options, are only available to Australian students. Overseas students are only eligible to study at ACNT's Sydney campus.





“I wanted the opportunity to heal those diagnosed with terminal illness, and help heal through insight and wisdom.”

Kylie Seaton
ACNT Graduate

NATURAL MEDICINE

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- 20 HLT60107 Advanced Diploma of Western Herbal Medicine
- 22 HLT60607 Advanced Diploma of Homoeopathy
- 24 HLT61007 Advanced Diploma of Nutritional Medicine
- 26 HLT60907 Advanced Diploma of Aromatic Medicine
- 28 Employer focus: Blackmores Ltd

NATURAL MEDICINE

HLT60507 ADVANCED DIPLOMA OF NATUROPATHY



HLT60507 Advanced Diploma of Naturopathy

CRICOS Course Code: 064192B

Course Hours: 1780 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 104 weeks full-time or 208 weeks part-time

What is naturopathy?

Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. There are three main branches within naturopathy: nutrition, homoeopathy and herbal medicine. A Naturopath will utilise all of these modalities in practice. Additionally, naturopaths have a solid grounding in the medical sciences.

Course overview

The course covers a wide range of subject topics including chemistry, biochemistry, pathology, symptomatology, diagnosis and pharmacology. You will learn about herbal medicine, nutrition, homoeopathy and iridology. Importantly, you will also gain the practical skills by working with clients.

Course outcome

With solid foundations in naturopathic treatment modalities and the medical sciences, you will be prepared for professional practice as a Naturopath, Naturopathic Practitioner, Natural Medicine Practitioner or Natural Therapist.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 6.0 (Academic) overall, with a minimum of 5.5 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT60507 Advanced Diploma of Naturopathy requires the successful completion of 26 units of competency. This includes 12 common, 12 specialisation and 2 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT60507 Advanced Diploma of Naturopathy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in four study periods of 20 weeks duration each. This will involve an average of 23 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
HLTFA301B	Apply first aid	Common	20
HLTHIR501A	Maintain an effective health work environment	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
BSBFLM303C	Contribute to effective workplace relationships	Common	40
HLTAP501A	Analyse health information	Common	40
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTIN504B	Manage the control of infection	Common	50
HLTAP401A	Confirm physical health status	Common	80
CHCORG28A	Reflect and improve upon professional practice	Common	120
HLTNAT607B	Manage work within a naturopathic framework	Specialisation	20
HLTNAT602B	Provide western herbal medicine treatment	Specialisation	40
HLTNAT605B	Plan naturopathic treatment strategy	Specialisation	40
HLTNAT606B	Perform naturopathic health assessment	Specialisation	40
HLTNAT608B	Apply naturopathic diagnostic framework	Specialisation	40
HLTHER608B	Provide specialised western herbal medicine treatment	Specialisation	60
HLTNAT609B	Work within a naturopathic framework	Specialisation	60
HLTNUT601B	Apply literature research findings to clinical practice	Specialisation	60
HLTNAT601B	Provide naturopathic treatment	Specialisation	80
HLTHER603B	Operate a western herbal medicine dispensary	Specialisation	120
HLTNUT602B	Provide specialised nutritional care	Specialisation	120
HLTNAT603B	Provide naturopathic nutritional treatment	Specialisation	200
HLTHOM612B	Work within a homoeopathic framework	Elective	80
HLTNAT604B	Provide acute homoeopathic treatment	Elective	260
Total nominal hours			1780

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).



HLT60107 Advanced Diploma of Western Herbal Medicine

Course Hours: 1460 hours

VET FEE-HELP: Enabled for Australian students

Distance Education: Available for Australian students

Study options

Australian Students: Full-time and part-time by distance education

Course Duration: 78 weeks full-time or 156 weeks part-time

What is western herbal medicine?

Herbalists are trained in the use of herbal medicines using a combination of hundred's of years of experience and modern scientific methods to help promote health and restore balance in disease. Herbalists believe using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

Course overview

Western herbal medicine's roots date back to Greek and Roman times and beyond to Ancient Egypt. Discover the principles of plant identification, actions, indications and prescriptions of hundreds of herbs, and learn how to manufacture a range of herbal preparations. The course consists of a combination of lectures, clinics, tutorials, practical demonstrations, and case studies.

Course outcome

On completion of this course you will be set to pursue a career as a Botanical Medicine Practitioner, Herbalist, Herbal Medicine Practitioner, Phytotherapist or Western Herbal Medicine Practitioner.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Course structure

The HLT60107 Advanced Diploma of Western Herbal Medicine requires the successful completion of 21 units of competency. This includes 12 common and 9 specialisation units. The 'course outline' provides an overview of the units of competency delivered within the HLT60107 Advanced Diploma of Western Herbal Medicine.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in three study periods of 20 weeks duration each. This will involve an average of 25 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
HLTFA301B	Apply first aid	Common	20
HLTHIR501A	Maintain an effective health work environment	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
BSBFLM303C	Contribute to effective workplace relationships	Common	40
HLTAP501A	Analyse health information	Common	40
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTIN504B	Manage the control of infection	Common	50
HLTAP401A	Confirm physical health status	Common	80
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTHER601B	Apply western herbal medicine diagnostic framework	Specialisation	40
HLTHER602B	Manage work within the western herbal medicine framework	Specialisation	40
HLTHER605B	Plan the western herbal medicine treatment strategy	Specialisation	40
HLTHER607B	Provide dietary advice	Specialisation	40
HLTHER603B	Operate a western herbal medicine dispensary	Specialisation	80
HLTHER609B	Provide western herbal medicine treatment	Specialisation	80
HLTHER606B	Prepare and dispense western herbal medicine	Specialisation	80
HLTHER604B	Perform western herbal medicine health assessment	Specialisation	240
HLTHER608B	Provide specialised western herbal medicine treatment	Specialisation	260
Total nominal hours			1460

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

NATURAL MEDICINE

HLT60607 ADVANCED DIPLOMA OF HOMOEOPATHY



HLT60607 Advanced Diploma of Homoeopathy

Course Hours: 1460 hours

VET FEE-HELP: Enabled for Australian students

Distance Education: Available for Australian students

Study options

Australian Students: Full-time and part-time by distance education

Course Duration: 78 weeks full-time or 156 weeks part-time

What is homoeopathy?

Homoeopathy is a system of medicine that works by administering patients a dilute dose of a substance that in a crude form would cause symptoms similar to that which the patient is experiencing. Homoeopathic medicines often contain active ingredients diluted beyond a measurable level. As a result, medicines increase their therapeutic potential while minimising their side effects.

Course overview

This course takes you from learning the fundamental theory of homoeopathy to becoming a fully competent Homoeopathic Practitioner. You gain an excellent grounding in classic homoeopathy principles, including history and philosophy, intensive materia medica (the study of homoeopathic medicines, case taking and prescribing), pharmacy, manufacturing of remedies, and clinical application. Content is delivered utilising an inspiring mix of learning methods such as lectures, tutorials, class demonstrations, clinics, and more.

Course outcome

At the completion of the course, you will be qualified to practice as a Homoeopathic Practitioner.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Course structure

The HLT60607 Advanced Diploma of Homoeopathy requires the successful completion of 21 units of competency. This includes 12 common and 9 specialisation units. The 'course outline' provides an overview of the units of competency delivered within the HLT60607 Advanced Diploma of Homoeopathy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in three study periods of 20 weeks duration each. This will involve an average of 25 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
HLTFA301B	Apply first aid	Common	20
HLTHIR501A	Maintain an effective health work environment	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
BSBFLM303C	Contribute to effective workplace relationships	Common	40
HLTAP501A	Analyse health information	Common	40
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTIN504B	Manage the control of infection	Common	50
HLTAP401A	Confirm physical health status	Common	80
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTHOM602B	Conduct basic homoeopathic research	Specialisation	40
HLTHOM603B	Manage work within homoeopathic framework	Specialisation	40
HLTHOM604B	Perform clinical screening examination and assessment	Specialisation	40
HLTHOM605B	Plan homoeopathic treatment strategy	Specialisation	80
HLTHOM606B	Prepare and dispense homoeopathic medicine	Specialisation	80
HLTHOM610B	Take homoeopathic case	Specialisation	80
HLTHOM608B	Provide homoeopathic treatment and manage the case	Specialisation	160
HLTHOM609B	Provide specific homoeopathic assessment and care	Specialisation	160
HLTHOM601B	Apply homoeopathic diagnostic framework	Specialisation	220
Total nominal hours			1460

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).



HLT61007 Advanced Diploma of Nutritional Medicine

CRICOS Course Code: 061975F

Course Hours: 1120 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time and part-time (evening) on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 65 weeks full-time or 130 weeks part-time

What is nutritional medicine?

Nutritional medicine practitioners utilise diet, vitamins, mineral and amino acids to prevent disease and achieve optimal health. This requires an in-depth understanding of the metabolic pathways involved in the breakdown of nutrients, and the exact role of diet and vitamin, mineral and amino acid supplements as well as human health sciences.

Course overview

This comprehensive course incorporates advanced training in nutrition and diet related fields, health sciences, diagnostics and treatment modalities. Some of the areas covered include nutritional management of renal, cardiovascular, gastrointestinal, endocrine and immune disorders; palliative care, pregnancy and paediatrics; diagnostic laboratory techniques, symptomatology and diagnosis, and counselling.

Course outcome

You can look forward to working in a vibrant career as a Nutritional Medicine Practitioner or Nutritional Therapist.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 6.0 (Academic) overall, with a minimum of 5.5 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT61007 Advanced Diploma of Nutritional Medicine requires the successful completion of 23 units of competency. This includes 12 common, 9 specialisation and 2 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT61007 Advanced Diploma of Nutritional Medicine.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration each plus a 10 week study period. This will involve an average of 23 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
HLTFA301B	Apply first aid	Common	20
HLTHIR501A	Maintain an effective health work environment	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
BSBFLM303C	Contribute to effective workplace relationships	Common	40
HLTAP501A	Analyse health information	Common	40
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTIN504B	Manage the control of infection	Common	50
HLTAP401A	Confirm physical health status	Common	80
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTNUT604A	Manage work within a clinical nutritional framework	Specialisation	20
HLTNUT601B	Apply literature research findings to clinical practice	Specialisation	40
HLTNUT603A	Apply a nutritional medicine diagnostic framework	Specialisation	40
HLTNUT606A	Plan the nutritional treatment strategy	Specialisation	40
HLTNUT610A	Provide basic dietary advice	Specialisation	40
HLTNUT607A	Provide nutritional medicine treatment	Specialisation	60
HLTNUT609A	Prepare and dispense nutritional and dietary supplements	Specialisation	60
HLTNUT605A	Perform nutritional medicine health assessment	Specialisation	80
HLTNUT608A	Provide specialised nutritional medicine treatment	Specialisation	80
HLTNAT608B	Apply naturopathic diagnostic framework	Elective	40
HLTNUT602B	Provide specialised nutritional care	Elective	60
Total nominal hours			1120

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

NATURAL MEDICINE

HLT60907 ADVANCED DIPLOMA OF AROMATIC MEDICINE



HLT60907 Advanced Diploma of Aromatic Medicine

CRICOS Course Code: 061974G

Course Hours: 1240 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: HLT51407 Diploma of Aromatherapy

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 78 weeks full-time or 156 weeks part-time

What is aromatic medicine?

Aromatic medicine involves the scientific use of pure volatile chemical substances known as 'essential oils', which have been prized for their fragrance as well as their restorative effects on the body, mind and spirit for thousands of years. Overseas, these essential oils have long been recognised as therapeutically beneficial for oral ingestion. Australia only very recently has recognised the benefits of the internal use of essential oils and ACNT is one of the first colleges to offer this qualification.

Course overview

This is the most comprehensive course of its kind you'll find in Australia. You'll develop an in-depth understanding of an extensive range of essential oils and application methods, while operating within the relevant legislative and regulatory requirements. You also cover essential advanced science areas such as anatomy and physiology, symptomatology and diagnosis, and advanced clinical aromatherapy and aromatic pharmacy.

Course outcome

As an Aromatherapist or Clinical Aromatherapist, you may work as an independent practitioner, where you'll prescribe herbal medicine remedies, together with essential oils. Alternatively you may treat clients with specific needs such as palliative care, aged care, women and children, or even undertake research activities.

Entry requirements

To enter this course you will need to have completed HLT51407 Diploma of Aromatherapy.

Overseas students are required to demonstrate an English language proficiency of IELTS 6.0 (Academic) overall, with a minimum of 5.5 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT60907 Advanced Diploma of Aromatic Medicine requires the successful completion of 15 units of competency. This includes 4 common, 8 specialisation and 3 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT60907 Advanced Diploma of Aromatic Medicine.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in three study periods of 20 weeks duration each. This will involve an average of 21 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
HLTHIR501A	Maintain an effective health work environment	Common	20
BSBFLM303C	Contribute to effective workplace relationships	Common	40
CHCPOL403B	Undertake research activities	Common	50
HLTIN504B	Manage the control of infection	Common	50
HLTARO602A	Apply aromatic medicine diagnostic framework	Specialisation	40
HLTARO604A	Plan the aromatic medicine treatment strategy	Specialisation	40
HLTARO606A	Prepare and dispense aromatic medicine	Specialisation	40
HLTARO607A	Operate an aromatic medicine dispensary	Specialisation	40
HLTNUT610A	Provide basic dietary advice	Specialisation	40
HLTARO601A	Manage work within an aromatic medicine framework	Specialisation	100
HLTARO603A	Perform aromatic medicine health assessment	Specialisation	200
HLTARO605A	Provide specialised aromatic medicine treatment	Specialisation	200
HLTHER601B	Apply western herbal medicine diagnostic framework	Elective	40
HLTHER603B	Operate a western herbal medicine dispensary	Elective	80
HLTHER608B	Provide specialised western herbal medicine treatment	Elective	260
Total nominal hours			1240

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

NATURAL MEDICINE

EMPLOYER FOCUS: BLACKMORES LTD



Blackmores Ltd. began in the 1930s in Queensland, Australia and was the vision and passion of Australia's pioneering naturopath, Maurice Blackmore. The company is customer-focused and inspires people to take control of, and invest in, their health and wellbeing. Blackmores Ltd. is a leader in developing and marketing products, both consumer and practitioner-only brands, and services that deliver a more natural approach to health based on expertise in vitamins, minerals, herbs and other nutrients.

The core belief of taking a holistic approach to managing one's health is evident in many of the activities the company undertakes in supporting staff and the community.

For example, Blackmores Naturopathic Advisory Service is staffed by qualified naturopaths and has taken more than 55,000 calls from consumers, health professionals and pharmacy staff over the past year as well as responding to more than 10,000 email requests for health advice. The company is strongly committed to research and development. An expanded research program is progressing rapidly with continued support for many studies and trials for the efficacy of both existing products (for further conditions) and products on the drawing board.

In 2009 Blackmores Ltd. was judged by Australians to be 'Australia's Most Trusted Vitamin and Supplement Brand' in the 2009 Reader's Digest Australia's Most Trusted Survey and in 2008 was awarded Sustainable Small Company of the Year by Ethical Investor.

As a company, Blackmores Ltd. has long recognised the importance of retaining high quality staff and keeping the workforce motivated and passionate. Career development and training within the company is strongly supported. Marcus Blackmore, Chairman of Blackmores Ltd., believes "There is nothing more natural than good health – that's the message my father and our company, Blackmores Ltd., have been delivering for more than 70 years. I believe education and accreditation are vital to our industry's credibility and growth."

"Australasian College of Natural Therapies has contributed to raising standards, training people and building links between those individuals and organisations who have an interest in a more natural approach to health. I am proud that Blackmores has had such a long association with ACNT."

Marcus C Blackmore AM
Chairman

**An interview with Pam Stone,
Director of Education, Blackmores Ltd.**

What can ACNT graduates expect when starting work with Blackmores Ltd.?

ACNT graduates can expect to work with like-minded people who are committed to promoting and applying the principles of naturopathy.

Where can they work?

Qualified naturopaths are employed in several departments within the company, including Education and Advisory, Professional, New Product Development, Technical, Sales and Scientific Affairs.

What is the quality of ACNT graduates?

ACNT graduates working at Blackmores Ltd. display a professional approach and demonstrate a high standard of knowledge of natural therapies.

Is there anything else that you would like to add?

Blackmores Ltd. places the highest importance on education, as we strive to motivate people to take control of their own health and wellbeing. We applaud the emphasis of ACNT in providing quality educational programs, to equip graduates with skills and direction that will allow them to lead fulfilling professional lives, to make a positive difference to the health of others, and to assist in establishing natural healthcare solutions as the first choice for all Australians.



What are the career prospects for graduates?

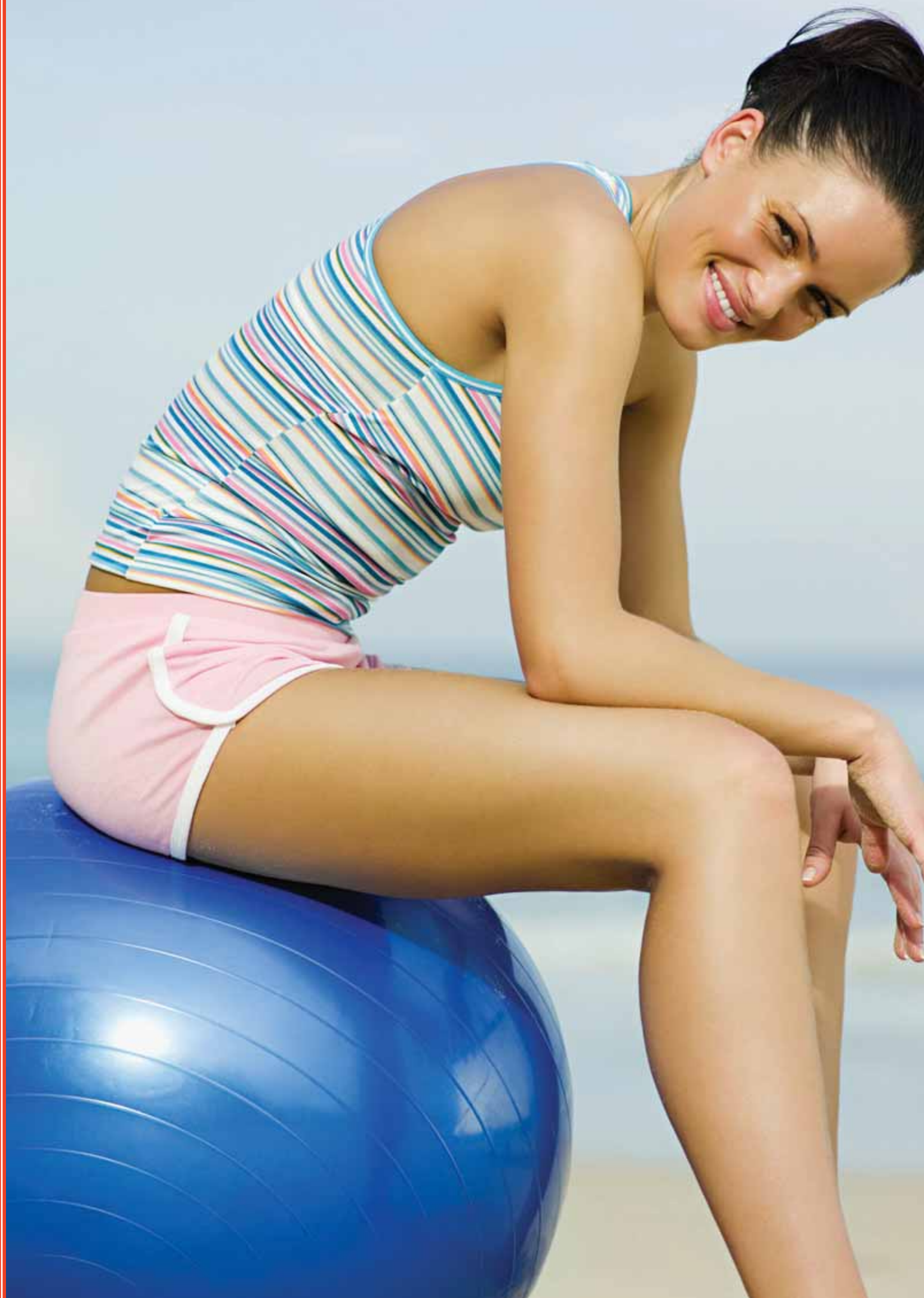
ACNT graduates who take up a role within Blackmores Ltd. can find excellent career opportunities in different areas of the company. Our Naturopathic Advisory Service employs qualified naturopaths in either part or full time roles, our Training Department offers opportunities to develop a career in training people at all levels, from healthcare professionals such as GPs, pharmacists, naturopaths, to trade and consumer training. Naturopaths are employed in our Professional Department, in Product Development and technical areas as medical writers and in sales roles. Additional qualifications in business or marketing would also place a graduate in an excellent position to take on roles in other areas of the company. Blackmores Ltd. employs more naturopaths than any other company in the world.



“ACNT offered, and still continues to offer a more science based course, which I see as essential for working in healthcare. The sheer breadth of study offered has given me the scope I needed to specialise and to develop my skills early on in my career.”

Alison Bull

ACNT Graduate

Product Development, Technical Support, Blackmores Ltd.





“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Donald Campbell
ACNT Graduate

SPORTS AND FITNESS

- 32 SRF30206 Certificate III in Fitness
- 34 SRF40206 Certificate IV in Fitness
- 36 SRF50206 Diploma of Fitness
- 38 SRS50406 Diploma of Sport (Athlete Support Services)

SPORTS AND FITNESS

SRF30206 CERTIFICATE III IN FITNESS



SRF30206 Certificate III in Fitness

CRICOS Course Code: 061370B

Course Hours: 617 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 39 weeks full-time or 78 weeks part-time

What is fitness?

It is now widely recognised that staying in shape with the help of a wide range of physical activities helps maintain good health. It has even been found that targeted fitness training can help treat various disorders such as diabetes. Little surprise that the fitness industry is booming. The Certificate III in Fitness is the required first step for a successful career in the ever-expanding fitness industry.

Course overview and outcomes

This course gives you an insight into the fitness industry, and it's a step in the right direction before studying more advanced fitness courses such as the Diploma of Fitness. Thanks to this qualification, you could land a job working as a Gym/Fitness Instructor in a gym or fitness centre. With the flexibility of this course, you could specialise in another area of gym work like health screening, client inductions and gym floor assistance.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The SRF30206 Certificate III in Fitness requires the successful completion of 24 units of competency. This includes 9 core, 10 stream, 1 specialisation and 4 elective units. The 'course outline' provides an overview of the units of competency delivered within the SRF30206 Certificate III in Fitness.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 15 weeks duration. This will involve an average of 21 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Practical experience

Throughout your studies, you'll be required to complete practical experience, which is an integral part of the course. Practical hours can be obtained through the ACNT's partner gyms in Sydney and Brisbane or an approved gym for distance education students.

Course outline

Units of competency		Type	Hours
SRXGCST03A	Process client complaints	Core	8
SRXOHS001B	Follow defined Occupational Health and Safety policies and procedures	Core	10
SRXRIK001A	Undertake risk analysis of activities	Core	10
SRXINU002A	Apply sport and recreation law	Core	12
SRXGCSO04A	Meet client needs and expectations	Core	13
SRXFAD002A	Provide advanced first aid response	Core	25
BSBWOR301A	Organise personal work priorities and development	Core	30
BSBFLM303C	Contribute to effective workplace relationships	Core	40
ICAU2006B	Operate computing packages	Core	47
SRXGRO003A	Provide leadership to groups	Stream	8
SRFFIT001B	Provide orientation to clients prior to undertaking a fitness program	Stream	13
SRFFIT003B	Undertake client induction and screening	Stream	25
SRFFIT006B	Use and maintain core fitness industry equipment	Stream	25
SRFGYM001B	Instruct fitness activity skills to a client using fitness equipment	Stream	30
SRFSP002A	Develop and apply an awareness of specific populations to exercise delivery	Stream	30
SRFFIT005B	Apply basic exercise science to exercise instruction	Stream	38
SRFFIT004B	Develop basic fitness programs	Stream	40
SRFFIT015A	Provide nutrition advice to clients in accordance with recommended guidelines	Stream	40
SRFFIT014A	Provide advice to clients on the application of basic anatomy and physiology to fitness programs	Stream	45
SRFGEX001A	Plan and instruct a group exercise class	Specialisation	30
HLTFA301B	Apply first aid	Elective	20
SRXOHS002B	Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs	Elective	20
SRFGYM002B	Customize gym instructional skills to include specific areas of expertise current in the fitness industry	Elective	28
SRFFIT010B	Utilise a broad range of fitness equipment	Elective	30
Total nominal hours			617

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

SPORTS AND FITNESS

SRF40206 CERTIFICATE IV IN FITNESS



SRF40206 Certificate IV in Fitness

CRICOS Course Code: 061371A

Course Hours: 605 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: SRF30206 Certificate III in Fitness

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 39 weeks full-time or 78 weeks part-time

What is personal training?

Personal trainers treat each individual with specific training needs to achieve their personal fitness goals. The Certificate IV in Fitness qualifies you to become a personal trainer. Just picture yourself running your own personal training business or being a team member in a gym or fitness centre.

Course overview and outcomes

You'll exercise your leadership skills to work with smaller groups and in less controlled situations, and work out advanced fitness modules eg. fitness for special populations and personal training. What's more, you'll find out about sports psychology, business administration and symptomatology and diagnosis for sports injuries.

Entry requirements

To enter this course you will need to have completed SRF30206 Certificate III in Fitness.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The SRF40206 Certificate IV in Fitness requires the successful completion of 21 units of competency. This includes 9 core, 7 stream, 1 specialisation and 4 elective units. The 'course outline' provides an overview of the units of competency delivered within the SRF40206 Certificate IV in Fitness.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised practical experience.

Full-time students will complete this course in two study periods of 15 weeks duration. This will involve an average of 21 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the practical hour requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Practical experience

Throughout your studies, you'll be required to complete practical experience, which is an integral part of the course. Practical hours can be obtained through the ACNT's partner gyms in Sydney and Brisbane or an approved gym for distance education students.

Course outline

Units of competency		Type	Hours
SRXGCST05A	Coordinate client service activities	Core	8
SRXGCSO06A	Address client needs	Core	10
SRXRIK001A	Undertake risk analysis of activities	Core	10
SRXINU004A	Promote compliance with laws and legal principles	Core	12
SRXINU003A	Analyse participation patterns in specific markets of the leisure and recreation industry	Core	13
SRXOHS002B	Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs	Core	20
SRXOGN001A	Conduct projects	Core	20
BSBWOR404A	Develop work priorities	Core	40
ICAU2006B	Operate computing packages	Core	47
SRFFIT010B	Utilise a broad range of fitness equipment	Stream	30
SRFFIT011B	Provide exercise for fitness industry clients with special requirements	Stream	30
SRFFIT012B	Utilise an understanding of motivational psychology with fitness clients	Stream	30
SRFFIT013B	Provide information and exercise related to nutrition and body composition	Stream	30
SRFFIT009B	Undertake postural appraisal of low risk clients	Stream	40
SRFFIT007B	Undertake relevant exercise planning and programming	Stream	40
SRFFIT008B	Utilise a broad knowledge of exercise science in exercise planning, programming and instruction	Stream	55
SRFPTI001B	Plan and deliver personal training	Specialisation	45
SRSSTC002A	Plan and prepare a strength and conditioning program for a competitive athlete	Elective	20
SRFETP001A	Plan an instruction and endurance training program	Elective	25
SRSSTC001A	Teach or develop basic skills of strength and conditioning	Elective	30
SRFOLD001B	Plan and deliver exercise for older adults	Elective	50
Total nominal hours			605

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

SPORTS AND FITNESS

SRF50206 DIPLOMA OF FITNESS



SRF50206 Diploma of Fitness

CRICOS Course Code: 064863A

Course Hours: 1290 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: SRF40206 Certificate IV in Fitness

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 60 weeks full-time or 120 weeks part-time

What is fitness?

Fitness specialists, holding the Diploma of Fitness are equipped to help clients with a wide range of often serious physical and psychological problems and disorders. They are highly trained and sought after in the industry.

Course overview and outcomes

This course is setting a new benchmark in the fitness arena - as it addresses the needs of a growing personal health and fitness industry.

It combines fitness with massage, which illustrates how each part of the body interacts with a fitness program. It equips you with the leadership and self-direction skills needed to plan and initiate programs, and arms you with a team of skills to develop injury prevention regimes. It gives you the chance to specialise in fitness instruction for rehabilitation, and for special populations such as the elderly, injured persons and those with cardiac and respiratory conditions. This qualification will help you score an exciting job as a Fitness Specialist, Gym Operations Manager or Fitness/Gym Program Manager.

Entry requirements

To enter this course you will need to have completed SRF40206 Certificate IV in Fitness.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The SRF50206 Diploma of Fitness requires the successful completion of 28 units of competency. This includes 9 core, 15 stream and 4 elective units. The 'course outline' provides an overview of the units of competency delivered within the SRF50206 Diploma of Fitness.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised practical hours.

Full-time students will complete this course in two study periods of 20 and 25 weeks duration each. This will involve an average of 29 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the practical hours requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Practical experience

Throughout your studies, you'll be required to complete practical experience, which is an integral part of the course. Practical hours can be obtained through the ACNT's partner gyms in Sydney and Brisbane or an approved gym for distance education students.

Course outline

Units of competency		Type	Hours
SRXINU005A	Manage culture and education to expand participation in a leisure and recreation service	Core	10
SRXINU004A	Promote compliance with laws and legal principles	Core	12
SRXGCS07A	Determine needs of client populations	Core	13
SRXOHS003B	Establish, maintain and evaluate the organisation's Occupational Health and Safety system	Core	15
SRXOGN002A	Manage projects	Core	20
SRXRIK002A	Manage an organisation's risk	Core	20
BSBADM502B	Manage meetings	Core	30
ICAU3126B	Use advanced features of computer applications	Core	40
BSBFLM412A	Promote team effectiveness	Core	50
SRFAHN001A	Make referrals and work collaboratively with allied health professionals where appropriate	Stream	15
SRFAHN002A	Receive and respond to rehabilitation referrals from allied health professionals	Stream	15
SRFFSP001A	Provide body composition management programming for moderate risk clients	Stream	40
SRFFSP004A	Plan and deliver exercise for moderate risk children and young adolescents	Stream	40
SRFFSP003A	Plan and deliver exercise to promote physical and psychological well-being in low to moderate risk clients	Stream	50
SRFFIT016A	Apply information from postural appraisals to fitness programs for moderate risk clients	Stream	60
SRFFIT017A	Provide nutrition information to clients with specific requirements in accordance with recommended guidelines	Stream	60
SRFFSP002A	Provide information about injury prevention and management to fitness clients	Stream	60
SRFFSP005A	Plan and deliver exercise for people with a disability	Stream	60
SRFFSP006A	Plan and deliver exercise strategies for musculoskeletal rehabilitation	Stream	60
SRFFSP007A	Plan and deliver exercise for moderate risk clients with cardio-respiratory considerations	Stream	60
SRFFSP008A	Plan and deliver exercise for clients with moderate risk of metabolic syndrome	Stream	60
SRFFSP009A	Plan and deliver exercise for moderate risk clients with musculoskeletal needs	Stream	60
SRFFSP010A	Plan and deliver exercise for low to moderate risk clients with neurological impairment	Stream	60
SRFFIT018A	Apply anatomy and physiology to fitness programs for moderate risk clients	Stream	80
HLTREM401B	Work within a massage framework	Elective	20
HLTREM503B	Plan remedial massage treatment strategy	Elective	20
HLTREM504B	Apply remedial massage assessment framework	Elective	20
HLTREM502B	Provide remedial massage treatment	Elective	240
Total nominal hours			1290

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

SPORTS AND FITNESS

SRS50406 DIPLOMA OF SPORT (ATHLETE SUPPORT SERVICES)



SRS50406 Diploma of Sport (Athlete Support Services)

CRICOS Course Code: 064862B

Course Hours: 1352 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 78 weeks full-time or 156 weeks part-time

What is athlete support services?

Athlete support is designed to equip students with the necessary skills to enter the diverse world of sport. Practitioners use massage techniques and manages strength and conditioning activities with athletes of all levels.

Course overview

This course covers the development and management of sports programs, sports nutrition, sports psychology, as well as massage, stretching, triggerpoints and myotherapy techniques.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The SRS50406 Diploma of Sport requires the successful completion of 30 units of competency. This includes 3 common, 6 core, 2 stream, 14 specialisation, and 5 elective units. The 'course outline' provides an overview of the units of competency delivered within the SRS50406 Diploma of Sport.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in three study periods of 20 weeks duration. This will involve an average of 22 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Practical experience

Throughout your studies, you'll be required to complete practical experience, which is an integral part of the course. Practical hours can be obtained through the ACNT's partner gyms in Sydney and Brisbane or an approved gym for distance education students.

Course outline

Units of competency		Type	Hours
BSBFLM412A	Promote team effectiveness	Common	50
ICAU3126A	Use advanced features of computer applications	Common	40
SRXGCS07A	Determine needs of client populations	Common	13
BSBADM502B	Manage meetings	Core	30
SRXINU004A	Promote compliance with laws and legal principles	Core	12
SRXINU005A	Manage culture and education to expand participation in a leisure and recreation service	Core	10
SRXOGN002A	Manage projects	Core	20
SRXOHS003B	Establish, maintain and evaluate the organisation's Occupational Health and Safety system	Core	15
SRXRK002A	Manage an organisation's risk	Core	20
HLTCOM406B	Make referrals to other health care professionals when appropriate	Stream	40
HLTCOM408B	Use specific health terminology to communicate effectively	Stream	40
HLTCOM405B	Administer a practice	Specialisation	30
HLTIN301A	Comply with infection control policies and procedures in health work	Specialisation	40
HLTREM401B	Work within a massage framework	Specialisation	20
HLTREM502B	Provide remedial massage treatment	Specialisation	240
HLTREM503B	Plan remedial massage treatment strategy	Specialisation	20
HLTREM504B	Apply remedial massage assessment framework	Specialisation	20
HLTREM505B	Perform remedial massage health assessment	Specialisation	200
SRSMAS003A	Implement, monitor and adjust a massage therapy treatment plan	Specialisation	20
SRSMAS004A	Apply temperature therapy	Specialisation	12
SRSMAS005A	Apply myofascial tension techniques	Specialisation	25
SRSMAS006A	Apply appropriate stretching techniques	Specialisation	25
SRSMAS007A	Apply trigger point techniques	Specialisation	25
SRSMAS008A	Apply deep tissue techniques to treat common musculoskeletal injuries	Specialisation	30
SRSMAS009A	Integrate massage techniques to support athletes	Specialisation	25
CHCORG428A	Reflect on and improve own professional practice	Elective	120
HLTAP501A	Analyse health information	Elective	40
HLTCOM503B	Manage a practice	Elective	50
HLTHIR501A	Maintain an effective health work environment	Elective	20
HLTREM513A	Provide remedial massage treatment to athletes	Elective	100
Total nominal hours			1352

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).





“Everyday, I deal with people who have musculoskeletal problems or are suffering from pain and injury ... It’s extremely rewarding and great to see results over time from my treatments!”

Martin Kincade
Graduate

MANUAL THERAPIES

- 42 HLT40307 Certificate IV in Massage Therapy Practice
- 44 HLT50307 Diploma of Remedial Massage
- 46 HLT42807 Certificate IV in Kinesiology
- 48 HLT51507 Diploma of Kinesiology
- 50 HLT42707 Certificate IV in Aromatherapy
- 52 HLT51407 Diploma of Aromatherapy

MANUAL THERAPIES

HLT40307 CERTIFICATE IV IN MASSAGE THERAPY PRACTICE



HLT40307 Certificate IV in Massage Therapy Practice

CRICOS Course Code: 064194M

Course Hours: 815 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 52 weeks full-time or 104 weeks part-time

What is massage?

Massage involves physically moving muscle tissue resulting in increased blood flow amongst other. Massage therapists apply touch to reduce muscular tension, aches and pains, and increase healing abilities and the general sense of health and wellbeing.

Course overview

This course represents the entry point of an exciting career in massage therapy. You will learn about Swedish massage, deep tissue therapeutic massage techniques, and health sciences including anatomy and physiology, pathology, and symptomatology and diagnosis. You apply all that you've learnt through exams, quizzes, written assessments, oral questioning, workbooks, practical demonstrations, and case studies.

Course outcome

With this qualification you could massage your way in to a number of exciting roles within a health team responsible for the massage treatment of clients, massage services under the guide of a physiotherapist or osteopath, or in the spa industry as a massage therapist. Graduates can continue their study with the Diploma of Remedial Massage.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT40307 Certificate IV in Massage Therapy Practice requires the successful completion of 15 units of competency. This includes 10 common and 5 specialisation units. The 'course outline' provides an overview of the units of competency delivered within the HLT40307 Certificate IV in Massage Therapy Practice.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration each. This will involve an average of 21 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
BSBWOR203A	Work effectively with others	Common	15
HLTFA301B	Apply first aid	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTCOM405B	Administer a practice	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM408B	Use specific health terminology to communicate effectively	Common	40
HLTHIR301A	Communicate and work effectively in health	Common	40
HLTIN301A	Comply with infection control policies and procedures in health work	Common	40
HLTAP401A	Confirm physical health status	Common	80
HLTREM401B	Work within a massage framework	Specialisation	20
HLTREM407B	Plan massage treatment	Specialisation	40
HLTREM408B	Apply massage assessment framework	Specialisation	40
HLTREM409B	Perform massage health assessment	Specialisation	100
HLTREM406B	Provide massage treatment	Specialisation	250
Total nominal hours			815

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

MANUAL THERAPIES

HLT50307 DIPLOMA OF REMEDIAL MASSAGE



HLT50307 Diploma of Remedial Massage

CRICOS Course Code: 064195K

Course Hours: 1070 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: Completion of 14 units from the HLT40307 Certificate IV in Massage Therapy Practice

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 52 weeks full-time or 104 weeks part-time

What is remedial massage?

Remedial massage involves the use of advanced massage techniques to treat a variety of ailments pertaining to the musculoskeletal system. A remedial massage practitioner has the ability to provide a comprehensive treatment plan based on their ability to address the underlying cause of many musculoskeletal problems.

Course overview

This course deals with a wide range of musculoskeletal problems using basic and advanced remedial massage, trigger points, myofascial release and lymphatic drainage techniques. A strong emphasis is placed on human movement, diagnostic techniques, and symptomatology and diagnosis. The course is made up of lectures, clinic, tutorials, discussions, practical demonstrations and case studies.

Course outcomes

It will help you get your hands on a great range of roles: Remedial Massage Practitioner, Remedial Massage Therapist or Remedial Therapist.

Entry requirements

To enter this course you will need to have completed 14 pre-requisite units from the HLT40307 Certificate IV in Massage Therapy Practice.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT50307 Diploma of Remedial Massage requires the successful completion of 14 units of competency. This includes 6 common, 3 elective and 5 specialisation units. The 'course outline' provides an overview of the units of competency delivered within the HLT50307 Diploma of Remedial Massage.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration each. This will involve an average of 27 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
HLTHIR501A	Maintain an effective health work environment	Common	20
HLTAP501A	Analyse health information	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTHIR506B	Implement and monitor compliance with legal and ethical requirements	Common	50
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTREM503B	Plan remedial massage treatment strategy	Specialisation	20
HLTREM504B	Apply remedial massage assessment framework	Specialisation	20
HLTREM510A	Provide specialised remedial massage treatments	Specialisation	100
HLTREM505B	Perform remedial massage health assessment	Specialisation	200
HLTREM502B	Provide remedial massage treatment	Specialisation	240
HLTREF501A	Work within a reflexology framework	Elective	20
CHCAC318A	Work effectively with older people	Elective	50
HLTREM513A	Provide remedial massage treatment to athletes	Elective	100
Total nominal hours			1070

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

MANUAL THERAPIES

HLT42807 CERTIFICATE IV IN KINESIOLOGY



HLT42807 Certificate IV Kinesiology

CRICOS Course Code: 061980J

Course Hours: 665 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 39 weeks full-time or 78 weeks part-time

What is kinesiology?

Kinesiology originated from chiropractic and applied kinesiology and follows the Chi energy principles of traditional Chinese medicine.

This form of kinesiology identifies underlying imbalances for the treatment of a number of health problems including stress, muscular and skeletal disorders and emotional issues.

Course overview

This course represents the first step in a deeply rewarding career in kinesiology. You will learn all the skills required to practice basic kinesiology as well as working with a team of like-minded professionals. Enjoy a mix of learning modes that include lectures, clinic, tutorials, oral questioning, practical demonstrations, case studies and more.

Course outcome

This qualification enables graduates to obtain employment as a Kinesiology Practitioner or Natural Therapist. It covers the skills needed to be an independent kinesiology practitioner who works with balancing energy through acupuncture meridians and with simple bodywork such as stimulating reflexes and muscle movements. It provides skills in kinesiology health assessment and balancing.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT42807 Certificate IV in Kinesiology requires the successful completion of 15 units of competency. This includes 10 common, and 5 specialisation units. The 'course outline' provides an overview of the units of competency delivered within the HLT42807 Certificate IV in Kinesiology.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 15 weeks duration. This will involve an average of 23 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
BSBWOR203A	Work effectively with others	Common	15
HLTFA301B	Apply first aid	Common	20
HLTCOM404B	Communicate effectively with clients	Common	30
HLTCOM405B	Administer a practice	Common	30
HLTOHS300A	Contribute to OHS processes	Common	30
HLTCOM406B	Make referrals to other health care professionals when appropriate	Common	40
HLTCOM408B	Use specific health terminology to communicate effectively	Common	40
HLTHIR301A	Communicate and work effectively in health	Common	40
HLTIN301A	Comply with infectious control policies and procedures in health work	Common	40
HLTAP401A	Confirm physical health status	Common	80
HLTKIN401A	Work within a kinesiology framework	Specialisation	20
HLTKIN402A	Plan the kinesiology session	Specialisation	40
HLTKIN403A	Apply kinesiology assessment framework	Specialisation	40
HLTKIN404A	Perform the kinesiology health assessment	Specialisation	100
HLTKIN405A	Provide kinesiology balances	Specialisation	100
Total nominal hours			665

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

MANUAL THERAPIES

HLT51507 DIPLOMA OF KINESIOLOGY



HLT51507 Diploma of Kinesiology

CRICOS Course Code: 061983F

Course Hours: 855 hours

VET FEE-HELP: Enabled for Australian students

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: HLT42807 Certificate IV in Kinesiology

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 52 weeks full-time or 104 weeks part-time

What is kinesiology?

Kinesiology originated from chiropractic and applied kinesiology and follows the Chi energy principles of traditional Chinese medicine.

This form of kinesiology identifies underlying imbalances for the treatment of a number of health problems including stress, muscular and skeletal disorders and emotional issues.

Course overview

This qualification teaches you how to become competent in kinesiology practice, giving you the chance to hone your skills in this specialised discipline. It will prepare you for work as a Kinesiology Practitioner, in which you could be self-employed, work within a larger health service, or undertake research activities.

You'll gain a sound knowledge of interactions with other treatments and the skills of critical appraisal. It's more than likely you will "dispense" vibrational medicine, and even supervise other kinesiologists. More techniques you'll learn throughout include remedial massage, trigger point therapies and exercise therapy, which will really help to enhance your clinical skills.

Course outcomes

As a graduate, you will be able to work as a Kinesiologist or Specialist Kinesiology Practitioner. You could be self-employed as an independent practitioner, work within a larger health service, or get involved with research activities.

Entry requirements

To enter this course you will need to have completed HLT42807 Certificate IV in Kinesiology.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT51507 Diploma of Kinesiology requires the successful completion of 14 units of competency. This includes 6 common, 5 specialisation, and 3 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT51507 Diploma of Kinesiology.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration each. This will involve an average of 22 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
HLTAP501A	Analyse health information	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTHIR506B	Implement and monitor compliance with legal and ethical requirements	Common	50
HLTSHU509B	Maintain personal health and awareness as a professional responsibility	Common	85
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTKIN509A	Monitor and evaluate kinesiology balances	Specialisation	40
HLTNUT610A	Provide basic dietary advice	Specialisation	40
HLTKIN507A	Plan an advanced kinesiology session	Specialisation	60
HLTKIN508A	Apply an advanced kinesiology assessment framework	Specialisation	60
HLTKIN506A	Perform an advanced kinesiology health assessment	Specialisation	120
CHCAC318A	Work effectively with older people	Elective	50
HLTCOM509A	Provide services for people with a life challenging illness	Elective	50
HLTCOM510A	Provide services to clients with chronic diseases or conditions	Elective	50
Total nominal hours			855

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

MANUAL THERAPIES

HLT42707 CERTIFICATE IV IN AROMATHERAPY



HLT42707 Certificate IV

Aromatherapy

CRICOS Course Code: 061977D

Course Hours: 1095 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 52 weeks full-time or 104 weeks part-time

What is aromatherapy?

Aromatherapy involves the holistic use of pure essential oils, extracted from a wide range of plants for wellbeing and in the treatment of disease. Essential oils have distinct properties and functions and can profoundly affect the body. Aromatherapists are trained in the use and application of these essential oils.

Course overview and outcome

This course represents the entry qualification for all aspiring aromatherapists. It covers the principles and application of aromatherapy as well as the underlying science. You will learn the chemistry and pharmacology of essential oils, their actions, indications and contraindications, aromatherapy massage, as well as anatomy and physiology, basic pathology and symptomatology.

This course will be delivered through discussions, practical demonstrations, case studies, lectures, clinic, tutorials and a range of assessments.

Entry requirements

To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT42707 Certificate IV in Aromatherapy requires the successful completion of 17 units of competency. This includes 10 core, 5 specialisation, and 2 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT42707 Certificate IV in Aromatherapy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration. This will involve an average of 28 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTF301B Apply First Aid. This unit is delivered in your first study period.

Course outline

Units of competency		Type	Hours
BSBWOR203A	Work effectively with others	Core	15
HLTF301B	Apply first aid	Core	20
HLTCOM404B	Communicate effectively with clients	Core	30
HLTCOM405B	Administer a practice	Core	30
HLTOHS300A	Contribute to OHS processes	Core	30
HLTCOM406B	Make referrals to other health care professionals when appropriate	Core	40
HLTCOM408B	Use specific health terminology to communicate effectively	Core	40
HLTHIR301A	Communicate and work effectively in health	Core	40
HLTIN301A	Comply with infection control policies and procedures in health work	Core	40
HLTAP401A	Confirm physical health status	Core	80
HLTARO401A	Work within an aromatherapy framework	Specialisation	20
HLTARO402A	Plan aromatherapy treatment	Specialisation	40
HLTARO405A	Apply aromatherapy assessment framework	Specialisation	40
HLTARO403A	Provide aromatherapy treatment	Specialisation	180
HLTARO406A	Perform aromatherapy health assessment	Specialisation	200
CHCAC318A	Work effectively with older people	Elective	50
HLTARO408A	Provide aromatherapy massage treatment	Elective	200
Total nominal hours			1095

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

MANUAL THERAPIES

HLT51407 DIPLOMA OF AROMATHERAPY



HLT51407 Diploma of Aromatherapy

CRICOS Course Code: 061982G

VET FEE-HELP: Enabled for Australian students

Course Hours: 955 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Pre-requisite: HLT42707 Certificate IV in Aromatherapy

Study options

Australian Students: Full-time on-campus, Full-time and part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 52 weeks full-time or 104 weeks part-time

What is aromatherapy?

Aromatherapy involves the holistic use of pure essential oils, extracted from a wide range of plants for wellbeing and in the treatment of disease.

Course overview

The HLT51407 Diploma of Aromatherapy continues to arouse the senses by teaching you how to use and apply oils in the external treatment of a wide range of common problems and disorders. Then you advance your training in areas like aromatherapy for the aged and infirm, pregnancy, labour and infancy and reflexology. What's more, you learn about advanced clinical application of essential oils and clinical aromatherapy modules dealing with aromatherapy treatment for different organ systems and advanced prescribing techniques.

Course Outcome

As a graduate of this course, you can look forward to a career as an Aromatherapist or Clinical Aromatherapist.

Entry requirements

To enter this course you will need to have completed HLT42707 Certificate IV in Aromatherapy.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The HLT51407 Diploma of Aromatherapy requires the successful completion of 12 units of competency. This includes 6 common, 4 specialisation, and 2 elective units. The 'course outline' provides an overview of the units of competency delivered within the HLT51407 Diploma of Aromatherapy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 weeks duration each. This will involve an average of 24 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

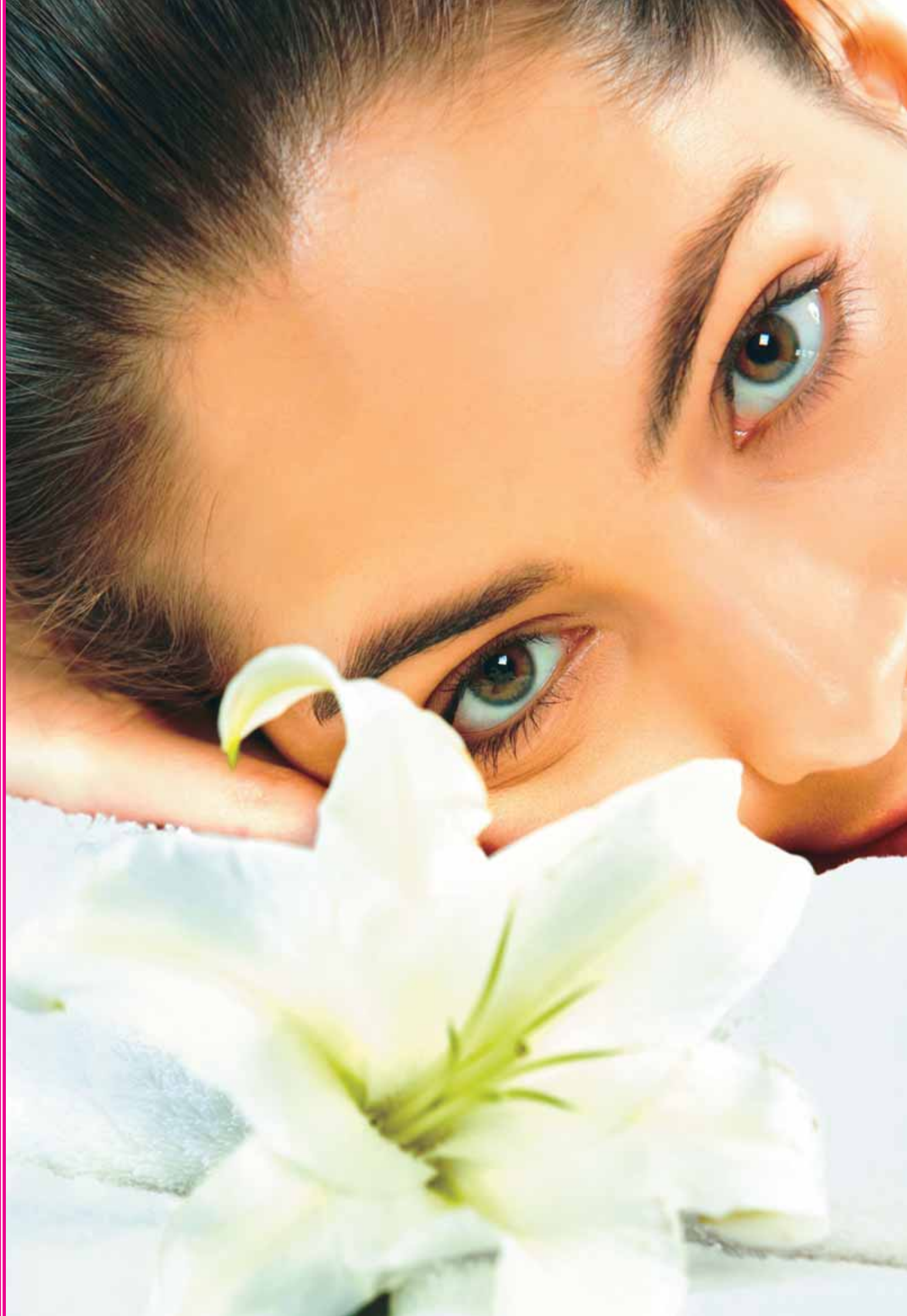
Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
HLTAP501A	Analyse health information	Common	40
HLTCOM502B	Develop professional expertise	Common	40
HLTCOM503B	Manage a practice	Common	50
HLTHIR506B	Implement and monitor compliance with legal and ethical requirements	Common	50
HLTSHU509B	Maintain personal health and awareness as a professional responsibility	Common	85
CHCORG428A	Reflect on and improve own professional practice	Common	120
HLTARO507A	Analyse and compare different complementary health modalities	Specialisation	40
HLTARO509A	Plan a specialised aromatherapy treatment	Specialisation	40
HLTARO510A	Monitor and evaluate aromatherapy treatments	Specialisation	40
HLTARO511A	Provide specific aromatherapy assessment and care	Specialisation	200
CHCAC318A	Work effectively with older people	Elective	50
HLTARO408A	Provide aromatherapy massage treatment	Elective	200
Total nominal hours			955

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).



“We are all very excited that the Australian National College of Beauty (ANCB) offers accredited certificate and diploma courses in beauty therapy both by distance and on-campus in Sydney and Brisbane.”

Janet Olliver
Head of College

BEAUTY THERAPIES

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BEAUTY THERAPIES

AUSTRALIAN NATIONAL COLLEGE OF BEAUTY (ANCB)



Australian National
College of Beauty

Australian National College of Beauty

ACNT is thrilled to have recently teamed up with The Australian National College of Beauty (ANCB) - the very best in beauty training. Situated in Fortitude Valley, Brisbane, this college is synonymous with quality and provides a range of accredited Certificate and Diploma courses in beauty therapy.

This joint expertise means that, as an ACNT student, you are privy to a far superior quality of beauty education designed to advance your beauty career. Thanks to the outstanding quality of ANCB's beauty courses - combined with ACNT's professional beauty faculty - you've the chance to study any one of ANCB's courses at either our Brisbane or Sydney campus, via distance education or online.

In light of this recent partnership, we will continue to run the CIDESCO program at our Surry Hills campus, not only to develop your beauty skills, but to expand your working horizons across the world.

We are passionate about becoming the leading provider of beauty courses in Australia. Furthermore, ANCB have built excellent reputations with their students and professions to date. At ANCB we are convinced that studying with us will result in greater career outcomes for you. With the beauty industry currently booming and the demand for qualified beauty therapists mounting - the timing couldn't be better.

BEAUTY THERAPIES

CIDESCO INTERNATIONAL SCHOOL



CIDESCO Accreditation

In 2003 ACNT was awarded the distinct honour of being named the first natural therapies school in Australia to become a CIDESCO International School. At the beginning of 2010 this prestigious relationship has been given over to ANCB at the Surry Hills campus.

Founded in 1946 with its head office in Zurich, Switzerland, CIDESCO is represented in over 33 countries and issues the world's most prestigious qualifications in the field of aesthetics and beauty therapy.

CIDESCO International Schools are overseen by CIDESCO to ensure that they adhere to the most rigorous standards of education, assessment and facilities and that graduates are of the highest calibre.

International qualifications are supported by industry and are easily transportable both nationally and internationally. Opportunities and advancement possibilities are much greater for CIDESCO Diploma holders and for those who are serious about building a career and not just having a job.

Study beauty therapy at ANCB, and enjoy the added benefit of working towards ANCB qualifications, Australian nationally recognised training qualifications and international CIDESCO qualifications.

As a WRB50105 Diploma of Beauty Therapy student, you'll be given the opportunity to sit the CIDESCO examination through our international certification packages.

Please note: CIDESCO accreditation is not recognised within the Australian Qualifications Framework.



International certification in beauty and spa therapy

Course Hours: 456 hours

Course Duration: 45 tuition weeks full-time

Location: Sydney

Study options

Australian Students: Full-time on-campus in Sydney only

Overseas Students: Full-time on-campus in Sydney only

What is the international certification in beauty and spa therapy?

ANCB offers a range of international certification packages as an optional add-on for students currently enrolled in the WRB50105 Diploma of Beauty Therapy course. They include the CIDESCO Diploma of Spa Therapy, CIDESCO Diploma of Beauty, ITEC Level 2 Diploma for Beauty Specialists, ITEC Level 3 Diploma in Microdermabrasion Treatments, ITEC Level 3 Diploma in Spa Treatments, ITEC Level 3 Diploma in Laser and IPL Treatments.

Course overview

This course is conducted as an optional add on for WRB50105 Diploma of Beauty Therapy students. It covers all the theoretical and practical knowledge required to successfully pass the various practical and theoretical examinations conducted by CIDESCO and ITEC.

Entry requirements

This course is available to students currently studying WRB50105 Diploma of Beauty Therapy full-time on-campus in Sydney.

International certification in beauty, spa and aromatherapy

Course Hours: 456 hours

Course Duration: 45 tuition weeks full-time

Location: Sydney

Study options

Australian Students: Full-time on-campus in Sydney only

Overseas Students: Full-time on-campus in Sydney only

What is the international certification in beauty, spa and aromatherapy?

ANCB offers a range of international certification packages as an optional add on for students currently enrolled in the WRB50105 Diploma of Beauty Therapy course. This combination includes the CIDESCO Diploma of Beauty, ITEC Level 2 Diploma for Beauty Specialists, ITEC Level 3 Diploma in Aromatherapy, ITEC Level 3 Diploma in Microdermabrasion Treatments, ITEC Level 3 Diploma in Laser and IPL Treatments.

Course overview

This course is conducted as an optional add on for WRB50105 Diploma of Beauty Therapy students. It covers all the theoretical and practical knowledge required to successfully pass the various practical and theoretical examinations conducted by CIDESCO and ITEC.

Entry requirements

This course is available to students currently studying WRB50105 Diploma of Beauty Therapy full-time on-campus in Sydney.

BEAUTY THERAPIES

WRB20204 CERTIFICATE II IN MAKE-UP SERVICES



WRB20204 Certificate II in Make-up Services

Course Hours: 414 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Part-time by distance education

Course Duration: 52 weeks part-time

What is make-up services?

Make-up services covers the principles and practice of applying make-up for a wide range of occasions, as well as successfully selling beauty ranges.

Course overview and outcomes

This comprehensive make-up course teaches all the aspects of make-up technology required in order to work in the industry. Students will learn how to design and apply basic make-up, design and apply a photographic make-up including catwalk, bridal, fantasy, and character make-up. It will also cover camouflage make-up and special effect techniques. Also included in the course are basic skincare, manicure and pedicure.

The beauty therapy courses are delivered by ACNT's sister college - Australian National College of Beauty (ANCB). For more information on other courses offered by ANCB, please visit www.ancb.edu.au.

Entry requirements

This course is direct entry. If you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Distance education students will be required to attend on-campus workshops for final assessment purposes, and to purchase beauty kits containing products and/or equipment to learn skills at home.

Course structure

The WRB20204 Certificate II in Make-up services requires the successful completion of 15 units of competency. This includes 13 core units and 2 elective units. The 'course outline' provides an overview of the units of competency delivered within the WRB20204 Certificate II in Make-up Services.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Part-time distance education students will complete this course in one study period of 40 weeks duration. This will involve an average of 10 hours guided self study each week, plus attendance at on campus workshops.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ANCB Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
WRRER1B	Work effectively in a retail environment	Core	40
WRRM1B	Merchandise products	Core	30
WRBCS201B	Conduct financial transactions	Core	30
WRRLP1B	Apply safe working practices	Core	18
WRRM2B	Perform routine housekeeping duties	Core	18
WRBFS204B	Design and apply remedial camouflage	Core	30
WRBCS202A	Apply techniques to update beauty industry knowledge	Core	20
WRBCS203B	Provide service to clients	Core	30
WRBFS201B	Demonstrate retail skin care products	Core	25
WRRCS1B	Communicate in the workplace	Core	50
WRBFS203B	Design and apply make-up for photography	Core	30
WRRS1B	Sell products and services	Core	18
WRBBS201B	Provide manicure and pedicure services	Core	30
WRBBS203A	Apply acrylic nail enhancement	Elective	35
WRBCS204A	Apply knowledge of nail science to nail services	Elective	15
Total nominal hours			414

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

BEAUTY THERAPIES

WRB20104 CERTIFICATE II IN NAIL TECHNOLOGY



WRB20104 Certificate II in Nail Technology

Course Hours: 364 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Part-time by distance education

Course Duration: 42 weeks part-time

What is nail technology?

Nail technology involves temporary and semi-permanent artistry for nails and incorporates beautifying and corrective nail services. These services may range from a simple manicure to application of nail enhancements.

Nail professionals spend their day cleansing, filing, clipping and painting clients' nails and work in nail salons, spas or salons.

Course overview and outcomes

This qualification shapes you up to become a full-fledged Nail Technician. A hands-on course, it teaches you how to provide manicure and pedicure treatments, and apply gel treatments and nail art. It opens your eyes to equipment used in the nail trade, how to work in a retail environment, way to deal with clients and much more.

The beauty therapy courses are delivered by ACNT's sister college - Australian National College of Beauty (ANCB). For more information on other courses offered by ANCB, please visit www.ancb.edu.au.

Entry requirements

This course is direct entry. If you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Distance education students will be required to attend on-campus workshops for final assessment purposes, and to purchase beauty kits containing products and/or equipment to learn skills at home.

Course structure

The WRB20104 Certificate II in Nail Technology requires the successful completion of 13 units of competency. This includes 12 core units and 1 elective units. The 'course outline' provides an overview of the units of competency delivered within the WRB20104 Certificate II in Nail Technology.

The nominal duration for each unit of competency includes time in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Part-time distance education students will complete this course in one study period of 30 weeks duration. This will involve an average of 12 hours guided self study each week, plus attendance at on campus workshops.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ANCB Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
WRRER1B	Work effectively in a retail environment	Core	40
WRRM1B	Merchandise products	Core	30
WRBCS201B	Conduct financial transactions	Core	30
WRRLP1B	Apply safe working practices	Core	18
WRRM2B	Perform routine housekeeping duties	Core	18
WRBCS202A	Apply techniques to update beauty industry knowledge	Core	20
WRBCS203B	Provide service to clients	Core	30
WRRCS1B	Communicate in the workplace	Core	50
WRRS1B	Sell products and services	Core	18
WRBBS201B	Provide manicure and pedicure services	Core	30
WRBBS203A	Apply acrylic nail enhancement	Core	35
WRBCS204A	Apply knowledge of nail science to nail services	Core	15
WRBBS202A	Apply gel nail enhancement	Elective	30
Total nominal hours			364

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

BEAUTY THERAPIES

WRB30204 CERTIFICATE III IN NAIL TECHNOLOGY



WRB30204 Certificate III in Nail Technology

Course Hours: 684 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Part-time by distance education

Course Duration: 78 weeks part-time

What is nail technology?

It's about offering nail treatments to clients like manicure and pedicures, applying nail art and using electrical equipment for nails. Nail professionals spend their day cleansing, filing, clipping and painting clients' nails and work in nail salons, spas or salons.

Course overview and outcomes

This qualification shapes you up to become a Nail Technician. A hands-on course, it teaches you how to provide manicure and pedicure treatments, and apply gel enhancements. At the Certificate III level students will also learn how to apply creative nail art as well as how to set up and run their own business.

It opens your eyes to equipment used in the nail trade, how to work in a retail environment, way to deal with clients and much more.

The beauty therapy courses are delivered by ACNT's sister college - Australian National College of Beauty (ANCB). For more information on other courses offered by ANCB, please visit www.ancb.edu.au.

Entry requirements

This course is direct entry. If you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Distance education students will be required to attend on-campus workshops for final assessment purposes, and to purchase beauty kits containing products and/or equipment to learn skills at home.

Course structure

The WRB30204 Certificate III in Nail Technology requires the successful completion of 21 units of competency. This includes 15 core units and 6 elective units. The 'course outline' provides an overview of the units of competency delivered within the WRB30204 Certificate III in Nail Technology.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Part-time distance education students will complete this course in two study periods of 30 weeks duration. This will involve an average of 11 hours guided self study each week, plus attendance at on campus workshops.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ANCB Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
WRBBS204B	Apply nail art	Core	15
WRBCS204A	Apply knowledge of nail science to nail services	Core	15
WRRLP1B	Apply safe working practices	Core	18
WRRM2B	Perform routine housekeeping duties	Core	18
WRRS1B	Sell products and services	Core	18
WRBCS202A	Apply techniques to update beauty industry knowledge	Core	20
WRBBS305B	Use electrical equipment for nails	Core	25
WRBBS201B	Provide manicure and pedicure services	Core	30
WRBBS202A	Apply gel nail enhancement	Core	30
WRBCS201B	Conduct financial transactions	Core	30
WRBCS203B	Provide service to clients	Core	30
WRRM1B	Merchandise products	Core	30
WRBBS203A	Apply acrylic nail enhancement	Core	35
WRRER1B	Work effectively in a retail environment	Core	40
WRRCS1B	Communicate in the workplace	Core	50
BSBSMB301A	Investigate micro business opportunities	Elective	30
BSBRES401A	Analyse and present research information	Elective	40
BSBMKG507A	Interpret market trends and developments	Elective	50
BSBSMB403A	Market the small business	Elective	50
BSBSMB404A	Undertake small business planning	Elective	50
BSBSMB401A	Establish legal and risk management requirements of small business	Elective	60
Total nominal hours			684

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

BEAUTY THERAPIES

WRB40105 CERTIFICATE IV IN BEAUTY THERAPY



WRB40105 Certificate IV in Beauty Therapy

CRICOS Course Code: 061979B

Course Hours: 1044 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 44 weeks full-time or 88 weeks part-time

What is beauty therapy?

Beauty therapy uses healing powers and a holistic approach to boost individual health and wellbeing. If you're passionate about working in the beauty industry, this is the qualification for you.

Course overview

This entry-level course teaches you about basic beauty therapy treatments. The beauty therapy courses are delivered by ACNT's sister college - Australian National College of Beauty (ANCB). For more information on other courses offered by ANCB, please visit www.ancb.edu.au.

Entry requirements

This course is direct entry. If you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Distance education students will be required to attend on-campus workshops for final assessment purposes, and to purchase beauty kits containing products and/or equipment to learn skills at home.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The WRB40105 Certificate IV in Beauty Therapy requires the successful completion of 25 units of competency. This includes 21 core and 4 elective units. The 'course outline' provides an overview of the units of competency delivered within the WRB40105 Certificate IV in Beauty Therapy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 and 15 weeks duration each. This will involve an average of 29 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ANCB Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
WRBCS204A	Apply knowledge of nail science to nail services	Core	15
WRBCS305A	Apply knowledge of skin biology to beauty treatments	Core	15
WRBFS305B	Provide lash and brow treatments	Core	15
WRRLP1B	Apply safe working practices	Core	18
WRRS1B	Sell products and services	Core	18
WRBCS410A	Apply knowledge of electricity to beauty therapy treatments	Core	20
WRBCS411A	Apply knowledge of nutrition to beauty therapy treatments	Core	20
WRBBS201B	Provide manicure and pedicure services	Core	30
WRBCS201B	Conduct financial transactions	Core	30
WRBCS203B	Provide service to clients	Core	30
WRBCS306B	Advise on beauty services	Core	30
WRBCS407A	Develop a treatment plan for beauty therapy treatments	Core	30
WRBCS412A	Apply knowledge of cosmetic chemistry to beauty therapy treatments	Core	30
WRBFS202B	Design and apply make-up	Core	30
WRRER1B	Work effectively in a retail environment	Core	40
WRBCS409A	Apply knowledge of skin science to beauty therapy treatments	Core	50
WRRCS1B	Communicate in the workplace	Core	50
WRBCS408A	Apply knowledge of anatomy and physiology to beauty therapy treatments	Core	60
WRBSS302B	Provide temporary epilation and bleaching treatments	Core	95
WRBFS407B	Provide advanced facial treatments	Core	110
WRBFS406B	Provide facial treatments	Core	120
WRRM2B	Perform routine housekeeping duties	Elective	18
WRRM1B	Merchandise products	Elective	30
WRBBS408B	Provide aesthetic aromatic massage	Elective	40
WRBBS407B	Provide body treatments	Elective	100
Total nominal hours			1044

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

BEAUTY THERAPIES

WRB50105 DIPLOMA OF BEAUTY THERAPY



WRB50105 Diploma of Beauty Therapy

CRICOS Course Code: 061377F

Course Hours: 1356 hours

Location: Sydney and Brisbane

Distance Education: Available for Australian students

Study options

Australian Students: Full-time on-campus, part-time by distance education

Overseas Students: Full-time on-campus in Sydney only

Course Duration: 60 weeks full-time or 120 weeks part-time

What is beauty therapy?

Beauty therapy covers the world of beauty, spa and nail therapy. Beauty therapists assist their clients with a wide range of beauty and spa treatments. Beauty therapy techniques include facials, body electrical treatments, make-up, massage, lymphatic drainage. Spa treatments will include dry and wet treatments, hydrotherapy, stone therapy and others.

Course overview

This course teaches you the fundamentals of modern beauty therapy treatments. The beauty therapy courses are delivered by ACNT's sister college - Australian National College of Beauty (ANCB). For more information on other courses offered by ANCB, please visit www.ancb.edu.au.

Course outcome

As a graduate, you'll be groomed for an exciting career as a professional Beauty Therapist, providing advice and performing the common beauty therapy treatments. Studying this course is a step in the right direction towards higher-level qualifications such as the Diploma of Beauty Therapy.

Entry requirements

This course is direct entry. If you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Distance education students will be required to attend on-campus workshops for final assessment purposes, and to purchase beauty kits containing products and/or equipment to learn skills at home.

Additional information for overseas students

This course is available to overseas students studying full-time on-campus in Sydney. Part-time and distance education options are not available for overseas students.

Course structure

The WRB50105 Diploma of Beauty Therapy requires the successful completion of 33 units of competency. This includes 23 core and 10 elective units. The 'course outline' provides an overview of the units of competency delivered within the WRB50105 Diploma of Beauty Therapy.

The nominal duration for each unit of competency includes hours in lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Full-time students will complete this course in two study periods of 20 and 25 weeks duration. This will involve an average of 31 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each unit of competence. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you'll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ANCB Student Clinic or an approved clinic site for distance education students. See page 9 for more information about the clinical practice.

Course outline

Units of competency		Type	Hours
WRBCS204A	Apply knowledge of nail science to nail services	Core	15
WRBCS305A	Apply knowledge of skin biology to beauty treatments	Core	15
WRBFS305B	Provide lash and brow treatments	Core	15
WRRLP1B	Apply safe working practices	Core	18
WRRS1B	Sell products and services	Core	18
WRBCS410A	Apply knowledge of electricity to beauty therapy treatments	Core	20
WRBCS411A	Apply knowledge of nutrition to beauty therapy treatments	Core	20
WRBBS201B	Provide manicure and pedicure services	Core	30
WRBCS201B	Conduct financial transactions	Core	30
WRBCS203B	Provide service to clients	Core	30
WRBCS306B	Advise on beauty services	Core	30
WRBCS407A	Develop a treatment plan for beauty therapy treatments	Core	30
WRBCS412A	Apply knowledge of cosmetic chemistry to beauty therapy treatments	Core	30
WRBFS202B	Design and apply make-up	Core	30
WRRER1B	Work effectively in a retail environment	Core	40
WRBCS409A	Apply knowledge of skin science to beauty therapy treatments	Core	50
WRBCS513B	Investigate new products and services	Core	50
WRRCS1B	Communicate in the workplace	Core	50
WRBCS408A	Apply knowledge of anatomy and physiology to beauty therapy treatments	Core	60
WRBSS302B	Provide temporary epilation and bleaching treatments	Core	95
WRBBS407B	Provide body treatments	Core	100
WRBFS407B	Provide advanced facial treatments	Core	110
WRBFS406B	Provide facial treatments	Core	120
WRBBS511A	Apply aromatic plant oil chemistry to beauty treatments	Elective	20
WRBBS509A	Plan the spa program	Elective	25
WRBBS513A	Use reflexology relaxation techniques in beauty treatments	Elective	30
WRBFS203B	Design and apply make-up for photography	Elective	30
WRBFS204B	Design and apply remedial camouflage	Elective	30
WRBBS512A	Blend a range of aromatic plant oils for beauty treatments	Elective	35
WRBBS408B	Provide aesthetic aromatic massage	Elective	40
WRBBS514A	Provide superficial lymph drainage massage	Elective	40
WRBBS510A	Provide the spa program (2 units)	Elective	100
Total nominal hours			1356

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

BEAUTY THERAPIES

EMPLOYER FOCUS: STEINER LEISURE



Connected to industry

ACNT has built long standing relationships with key industry partners to provide our graduates with outstanding graduate outcomes. Our graduates are in demand and highly sought after by industry.

Steiner Leisure

US-based Steiner Leisure is a global organisation that operates one of the largest networks of spas in the world. Their portfolio includes spas in cities and resorts around the world as well as the largest network of spas on cruise liners in the world.

Founded in 1901 by Herman Steiner in London, Steiner Leisure operates spas under many different brands including Elemis Day Spas (in London, England, and Las Vegas, Connecticut and Florida in the USA) and Mandara Spas - an upmarket, luxury spa chain located mostly in major hotels in exotic locations such as Aruba, the Bahamas, Thailand, Fiji, Indonesia, Malaysia, Guam, Saipan, Tahiti, Moorea, Bora Bora and Hawaii.

Mandara Spas at Sea operate spas on the deluxe Silver Sea Cruises, Norwegian Cruise Lines and Orient Line.

Steiner is the world's largest operator of spas on cruise ships, running over 100 spas for around 19 of the world's best known cruise lines including Carnival Cruise Line, Celebrity Cruises, Cunard Cruise Line, Disney Cruise Line, Holland America Lines, Orient Cruises, Princess Cruises, Radisson Seven Seas, Royal Caribbean Cruise Line and Windstar Cruises.

In order to operate these spas Steiner Leisure requires a veritable army of massage and beauty therapists. Steiner chooses to source their therapists only from the world's best colleges, including Australasian College of Natural Therapies (ACNT).

ACNT graduates are hand-picked to attend Steiner's own training facility in London, England for rigorous training before being given their assignment, whether it be providing massage services in a land based spa in Bora Bora or providing beauty therapy services whilst sailing around the Caribbean.



Janine Leigh
Recruitment Manager
Australasia,
Steiner Leisure

What can ACNT graduates expect when starting work with Steiner?

Hard work! We put all our staff through an intensive three to six week training program in London, England prior to joining our five star spa teams. On joining a vessel staff can expect to work a five day week plus continuous training onboard. Our spas run at the highest possible standard and our staff can expect to be part of the finest spa teams whilst travelling the world and getting paid for it!

What is the quality of ACNT graduates?

ACNT graduates are of a high quality and work well within our five star environment.

Where can they work?

All over the world.

What are the career prospects for graduates?

We have an excellent management training program as well as many career opportunities such as operations, land based resort spas worldwide, trainers, sales etc.

Is there anything else that you would like to add?

Ensure you sign up today to become part of the best industry in the world!



"I will always be grateful to ACNT for being so professional and having such a comprehensive 'job finder' on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career and found such a wonderful journey to embark upon."

Natalie Lindenau
ACNT Graduate
Therapist, Steiner Leisure

HOW TO APPLY AND ADDITIONAL INFORMATION FOR AUSTRALIAN STUDENTS



Start your new career in health and wellness today

There's a huge amount of choice, so it's important to be clear about your aspirations and what you would like to achieve. This section provides a useful guide to getting started with ACNT for Australian and overseas students.

How do I apply?

Complete the application form and send it to us along with academic transcripts and any additional documentation (e.g. your high school results, resume and references if applicable). Once we receive your application, we will contact you.

Remember, if you have any questions, feel free to talk to a Course and Careers Advisor to make sure the chosen course is a right match for your career ambitions.

Entry requirements

Please refer to the individual course pages for entry requirements.

Key intake and term dates

ACNT key intakes, term dates and tuition fees are published in the ACNT Schedule of Fees and Dates. This is available from your Course and Careers Advisor or at www.acnt.edu.au.

Course credits

Recognition of related academic achievements and informal learning for course credit are available. Certified testamurs and transcripts are required from recognised institutions. Contact your Course and Careers Advisor or Agent for an application form and details on the process.

What additional information and application details apply to me?

Australian students

You are considered an Australian student if you are:

- An Australian citizen; or
- An Australian permanent resident; or
- A New Zealand citizen.

Overseas students

If none of the Australian student criteria above applies to you, then you are considered an overseas student. Please see details under 'additional information for overseas students' in the next section.

Additional information for Australian students

Study now and pay later

Eligible ACNT students now have access to the Australian Government's VET FEE-HELP loan scheme for ACNT's Diploma and Advanced Diploma Vocational Education qualifications listed below.

VET FEE-HELP can assist you in paying for all, or part of, your tuition fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$41,595 in 2008-09).

Australasian College of Natural Therapies, as a trading division of Think: Colleges Pty Ltd has the following qualifications enabled for VET FEE-HELP:

- HLT21407 Diploma of Aromatherapy
- HLT60907 Advanced Diploma of Aromatic Medicine
- SRS50206 Diploma of Fitness
- HLT60607 Advanced Diploma of Homoeopathy
- HLT51507 Diploma of Kinesiology
- HLT60507 Advanced Diploma of Naturopathy
- HLT61007 Advanced Diploma of Nutritional Medicine
- HLT50307 Diploma of Remedial Massage
- SRS50406 Diploma of Sport (Athlete support services)
- HLT60107 Advanced Diploma of Western Herbal Medicine

To find out more about VET FEE-HELP, visit <http://www.deewr.gov.au/skills/programs/vetfeehelp> call us on 1300 880 610 or visit <http://www.think.edu.au/vet-fee-help>.

ADDITIONAL INFORMATION FOR OVERSEAS STUDENTS

How do I apply?

Complete the application form and send it to us along with academic transcripts and any additional documentation (eg. your high school results, resume and references if applicable). Once we receive your application, we will contact you.

Quality and Australian regulations

Before entering a contract with ACNT, overseas students should be familiar with the ESOS framework. A simple explanation of the framework is the Easy Guide to ESOS available online at: www.aei.dest.gov.au/AEI/ESOS/EasyGuide_ESOS.htm.

The Department of Education, Employment and Workplace Relations regulates the education and training sector's involvement with overseas students studying in Australia on student visas. It does this through the Education Services for Overseas Students legislative framework. This protects Australia's reputation for delivering quality education services and the interests of overseas students, by setting minimum standards and providing tuition and financial assurance.

The legislation mandates a nationally consistent approach to registering education providers so that the quality of the tuition, and care of students, remains high. The professionalism and integrity of the industry is further strengthened by the ESOS legislation's interface with immigration law. This imposes visa related reporting requirements on both students and providers.

Japanese and Korean course advice

Course advice is available in both Japanese and Korean. For more information please contact: japan@acnt.edu.au
korea@acnt.edu.au
europa@acnt.edu.au



Toll free numbers

ACNT can be called toll free from some countries. Please note that course advisors are available during normal office hours in Australian Eastern Standard Time (AEST), Monday to Friday.

USA 1 866 257 3290

UK 0800 028 9931

New Zealand 0800 446 589

From other countries please call
+61 2 9218 8888 (call charges apply)
or email overseas@acnt.edu.au.

School-aged dependents

School-aged dependents accompanying you to Australia are required to pay full fees if they are enrolled in either a government or non-government school.

Overseas students under 18 guardianship and welfare

Overseas students under 18 years old studying in Australia must live with a home stay, parent, or relative. ACNT has established review and approval processes to help ensure accommodation arrangements are appropriate for overseas students.

ACNT arranges guardianship and welfare services with ISA for our overseas students under 18 years old who stay in home stays. ISA provides independent support for students to help them adjust to life in Australia and assist with resolving any challenges along the way.

ADDITIONAL INFORMATION FOR OVERSEAS STUDENTS



Living in Australia

Living in Sydney or Brisbane is very affordable when you compare it to many European or Asian cities. There are many bargains to be found in Sydney and Brisbane which help you stick to your budget.

We recommend that you set aside \$250 – \$300 per week for living expenses. For information on living in Australia, including indicative costs of living and accommodation options please visit www.acnt.edu.au/overseas-students.

Accommodation

There are many options for student accommodation in Sydney and Brisbane. These range from living with a family in homestay accommodation to student residences, shared apartments, or living on your own.

Homestay accommodation - Sydney

Homestay offer students the opportunity to live with an English speaking family. This is a great way for international students to practice their English language skills and learn more about local culture and customs.

For details on our approved homestay providers visit www.acnt.edu.au/overseas-students.

Apartment living

Many students share apartments or live on their own. It is recommended that students plan to be in Sydney or Brisbane early in order to visit apartments and meet potential flatmates before making a commitment. You may like to book into a hostel for your first few days and then look for share accommodation with others.

For details on permanent and temporary accommodation options please visit www.acnt.edu.au/overseas-students.

“There is such an international environment, and lecturers are very competent and highly qualified. It is extremely interesting for students to be in touch with therapists who not only share their knowledge and passion with us but also their daily experience as naturopaths and nutritionists.”

Rosaria Nithart
ACNT Graduate
Nutritional Medicine/Advanced Diploma

THINK: PARTNERS



APM COLLEGE OF
BUSINESS AND
COMMUNICATION



BILLY BLUE
COLLEGE OF DESIGN



WILLIAM BLUE
COLLEGE OF HOSPITALITY
MANAGEMENT



CATC DESIGN SCHOOL



AUSTRALASIAN
COLLEGE OF
NATURAL THERAPIES



JANSEN NEWMAN
INSTITUTE



Australian National
College of Beauty

THINK: EDUCATION GROUP

Think: Education Group is distinguished by its commitment to providing innovative, industry relevant degree and vocational courses at the highest levels. This not only provides students with a guarantee of quality but also a unique learning experience that sets them apart from other college and university graduates.

Australasian College of Natural Therapies is a trading name of Think: Colleges Pty Ltd, a private Higher Education Institution accredited by the New South Wales Department of Education and Training (DET) and a registered training organisation with national qualifications and courses accredited by the New South Wales Vocational Education and Training Accreditation Board (VETAB). The DET is the only accreditation authority in the State of New South Wales listed on the Australian Qualifications Framework Register, authorised via the New South Wales Higher Education Act (2001) to accredit private providers of higher education. VETAB is the only accreditation authority in the State of New South Wales authorised via the New South Wales Vocational Education and Training Act (2005) to accredit private providers of vocational education and training. All degrees, diplomas and advanced diplomas issued by the College are recognised within the Australian Qualifications Framework. The College is subject to periodic audits by the Australian Universities Quality Agency and the Vocational Education and Training Accreditation Board.

International certifications, examination, workshops, seminars, short courses and ITEC and IFA degrees offered by the College are not recognised within the Australian Qualifications Framework and they are not accredited by DET or VETAB. These are developed by the College in consultation with industry in order to meet industry needs.

Contact

If you would like more information on any of the material presented in this brochure, please visit our website or contact one of our Course and Careers Advisors.

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Information provided in this brochure is current at the date of publication, and may be subject to change.

